



Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
1		1	00:05:27	Richterich, Timo	1701		VfL Gladbeck 1921	1996	1	MSch14	03:38,0
2	W	1	00:05:28	Nocke, Sarah	1669		TLV Germania 1901 Essen-	1996	1	WSch14	03:38,6
3		2	00:05:35	Plöger, Johannes	1696		DJK Adler 07 Bottrop	1998	1	MSch12	03:43,3
4		3	00:05:40	Lewald, Marius	1654		DJK Adler 07 Bottrop	1999	1	MSch11	03:46,6
5		4	00:05:44	Hassenkamp, Hendrik	1543		SV Hullern 68	1997	1	MSch13	03:49,3
6		5	00:05:46	Orlowski, Sven	1679		SV Gladbeck 13	1999	2	MSch11	03:50,6
7		6	00:05:50	Philipps, Janik	1680		TSG Kirchhellen	1999	3	MSch11	03:53,3
8	W	2	00:06:00	Manka, Lea Marie	1664		DJK Adler 07 Bottrop	1998	1	WSch12	04:00,0
9		7	00:06:00	Herzog, Jonas	1757		DJK Adler 07 Bottrop	2000	1	MSch10	04:00,0
10		8	00:06:05	Jung, Noah	1639		Hammer SC 08	2001	1	MSch09	04:03,3
11		9	00:06:14	Morbach, David	1665		Gladbeck	2000	2	MSch10	04:09,3
12		10	00:06:18	Utrata, Marvin	1748		BV Rentfort	1999	4	MSch11	04:12,0
13	W	3	00:06:20	Unnebrink, Lea	1759		VfL Gladbeck	1999	1	WSch11	04:13,3
14		11	00:06:22	Vogler, Hendrik	1756		DJK Adler 07 Bottrop	1999	5	MSch11	04:14,6
15		12	00:06:23	Gera, Moritz	1541		VfL Gladbeck 1921	1999	6	MSch11	04:15,3
16		13	00:06:24	Meier, Jasper	1758		Bochum	2000	3	MSch10	04:16,0
17		14	00:06:26	Krügerke, Maximilian	1652		TV Gladbeck	1999	7	MSch11	04:17,3
18	W	4	00:06:28	Orlowski, Sophie	1678		SV Gladbeck 13	2001	1	WSch09	04:18,6
19	W	5	00:06:36	Joormann, Anna-Lena	1608		SV Gladbeck 13	2001	2	WSch09	04:24,0
20		15	00:06:45	Müller, Mike	1667		RammsteinRunner	1999	8	MSch11	04:30,0
21		16	00:06:58	Wirgs, Timo	1749		SV Gladbeck 13	2000	4	MSch10	04:38,6
22	W	6	00:06:58	Schmücker, Antonia	1725		TSG Kirchhellen	2001	3	WSch09	04:38,6
23	W	7	00:07:04	Richterich, Lea	1697		DJK Adler 07 Bottrop	2001	4	WSch09	04:42,6
24	W	8	00:07:06	Jung, Anna	1648		Hammer SC 08	1999	2	WSch11	04:44,0
25	W	9	00:07:13	Roehnert, Lea	1714		Dorsten	2001	5	WSch09	04:48,6
26		17	00:07:30	Bischof, Eric	1522		VfL Gladbeck 1921	2000	5	MSch10	05:00,0
27		18	00:07:43	Stucki, Tim	1726		Bottrop	2001	2	MSch09	05:08,6
28	W	10	00:08:04	Becker, Vanessa	1502		VfL Gladbeck 1921	2000	1	WSch10	05:22,6
29	W	11	00:08:13	Breit, Stefanie	1523		TSG Kirchhellen	1996	2	WSch14	05:28,6
30	W	12	00:09:43	Krausch, Lisa	1766		Hamm	2000	2	WSch10	06:28,6

Sparkassenlauf Gladbeck

5 km

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VFL Gladbeck



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Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
1		1	00:18:15	Cegla, Max	2736		RLC	1993	1	MJugB	03:39,0
2		2	00:18:53	Stegemann, Bernd	2717		SG Suderwich	1957	1	M50	03:46,6
3		3	00:19:19	Wendler, Arne	2756		Recklinghausen	1970	1	M40	03:51,8
4		4	00:19:32	Dzeja, Frank	2631		Dorsten	1964	1	M45	03:54,4
5		5	00:19:37	Frey, Michael	2734		Dortmund	1972	1	M35	03:55,4
6		6	00:19:51	Bos, Matthias	2614		TV Gladbeck	1985	1	MHK	03:58,2
7		7	00:19:52	Haesters, Danny	2649		VfL Bergheide	1981	2	MHK	03:58,4
8		8	00:19:55	Tomanek, Stefan	2722		Gladbeck	1965	2	M45	03:59,0
9		9	00:20:18	Hänsel, Rene	2745		Dorsten	1963	3	M45	04:03,6
10	W	1	00:20:20	Schoofs, Erika	2744		TSV Weeze	1966	1	W40	04:04,0
11		10	00:20:51	Häubl, Stephan	2651		TVE Lauffreunde Gladbeck	1968	2	M40	04:10,2
12		11	00:21:02	Nolde, Toni	2768		TVE Lauffreunde Gladbeck	1982	3	MHK	04:12,4
13		12	00:21:03	Scötteldreier, Friedhelm	2754		SG Suderwich	1950	1	M60	04:12,6
14	W	2	00:21:05	Kotte, Julia	2732		RLC	1993	1	WJugB	04:13,0
15		13	00:21:10	Richterich, Robin	2708		TV Gladbeck	1993	2	MJugB	04:14,0
16		14	00:21:13	Felsenberg, Thomas	2634		VfL Gladbeck FunRunner	1965	4	M45	04:14,6
17		15	00:21:24	Jakpby, Tyll	2773		FC Stoppenberg	1994	3	MJugB	04:16,8
18		16	00:21:26	Wilkin, Andreas	2753		Polsumer Knappe	1965	5	M45	04:17,2
19		17	00:21:35	Conzen, Jörg	2751		VfL Gladbeck	1959	2	M50	04:19,0
20		18	00:21:44	Oenings, Walter	2757		LN Nütterden	1953	1	M55	04:20,8
21		19	00:21:47	Dotzek, Lothar	2762		TG Scherlebeck 03	1951	2	M55	04:21,4
22		20	00:21:53	Rettschlag, Frank	2706		TV Einigkeit Gladbeck	1966	3	M40	04:22,6
23		21	00:22:10	Richterich, Martin	2707		Bottrop	1965	6	M45	04:26,0
24		22	00:22:12	Conzen, Fritz	2750		VfL Gladbeck	1996	4	MJugB	04:26,4
25	W	3	00:22:20	Branz, Stefanie	2616		Essen Ruhr	1971	1	W35	04:28,0
26		23	00:22:26	El-Hassan, Halies	2761		Gladbeck	1983	4	MHK	04:29,2
27	W	4	00:22:29	Nocke, Julia	2700		Tusem Essen	1993	2	WJugB	04:29,8
28		24	00:22:40	Jakpby, Thomas	2774		Team Essen	1967	4	M40	04:32,0
29		25	00:22:47	Adamek, Adam	2600		Gladbeck	1960	3	M50	04:33,4
30		26	00:22:53	Duleba, Andreas	2627		Gladbeck	1971	2	M35	04:34,6
31		27	00:23:27	Eifert, Oliver	2632		Aufbau Heringen	1980	1	M30	04:41,4
32		28	00:23:33	Beeker, Werner	2608		LC-Wuppertal	1932	1	M75	04:42,6
33	W	5	00:23:44	Häubl, Andrea	2652		TVE Lauffreunde Gladbeck	1971	2	W35	04:44,8
34		29	00:23:57	Ramacher, Jupp	2705		DJK Dellwig 1910	1947	2	M60	04:47,4
35		30	00:23:58	Kaiser, Björn	2663		SV Gladbeck 13	1976	2	M30	04:47,6
36		31	00:24:00	van den Mond, Uwe	2725		Hottes Fitnessclub	1978	3	M30	04:48,0
37	W	6	00:24:02	Marienberg, Anette	2688		Dortmund	1970	2	W40	04:48,4
38	W	7	00:24:19	Breit, Ann-Christin	2618		TSG Kirchhellen	1990	1	WHK	04:51,8
39	W	8	00:24:23	Külkens, Stephanie	2677		Geldern	1985	2	WHK	04:52,6
40		32	00:24:52	Kraus, Werner	2752		Botropp	1949	3	M60	04:58,4
41		33	00:24:53	Cetin, Aydin	2621		Oberhausen	1980	4	M30	04:58,6
42		34	00:25:06	Conzen, Carl	2748		VfL Gladbeck	1998	5	MJugB	05:01,2
43	W	9	00:25:11	Blumenstein, Martina	2000		Essen Ruhr	1961	1	W45	05:02,2
44		35	00:25:20	Cankaya, Sefa	2620		Aufbau Heringen	1990	5	MHK	05:04,0
45		36	00:25:26	Merzenich, Daniel	2693		Gelsenkirchen	1983	6	MHK	05:05,2
46	W	10	00:25:37	Kipar-Wirgs, Iris	2666		SV Gladbeck 13	1967	3	W40	05:07,4
47		37	00:25:38	de Nardo, Sebastian	2624		Gelsenkirchen	1983	7	MHK	05:07,6
48		38	00:25:40	Friedrich, Christian	2636		Polizei Essen	1989	8	MHK	05:08,0
49	W	11	00:25:43	Hauke, Clara	2653		Velbert	1991	1	WJugA	05:08,6
50		39	00:25:44	Weß, Martin	2730		Essen Ruhr	1966	5	M40	05:08,8
51		40	00:25:45	Danowski, Ulrich	2623		Gladbeck	1953	3	M55	05:09,0
52		41	00:25:47	Thome, Joachim	2743		Köln	1984	9	MHK	05:09,4
53		42	00:25:51	Wolf, Klaus	2763		TG Scherlebeck 03	1941	1	M65	05:10,2
54	W	12	00:25:58	Baldes, Christina	2760		TSV Galgo-Friends E. V.	1971	3	W35	05:11,6
55		43	00:26:10	Boehle, Gerd	2613		Turngemeinde Bochum	1940	1	M70	05:14,0
56		44	00:26:12	Hein, Werner	2657		VfL Gladbeck 1921	1946	4	M60	05:14,4
57		45	00:26:30	Dickmann, Volker	2625		Lauffreunde HADI Wesel	1966	6	M40	05:18,0
58	W	13	00:26:31	Le-Mainz, Phuong	2685		Düsseldorf	1975	4	W35	05:18,2
59		46	00:26:33	van Unen, Piet	2726		Gelsenkirchen	1994	6	MJugB	05:18,6

Sparkassenlauf Gladbeck

5 km

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VfL Gladbeck



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Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
60		47	00:26:33	Orlowski, Bernd	2701		SV Gladbeck 13	1957	4	M50	05:18,6
61		48	00:26:34	Hart, Florian	2650		Gelsenkirchen	1993	7	MJugB	05:18,8
62		49	00:26:50	Fischer, Udo	2635		Radiergummiliga	1956	5	M50	05:22,0
63		50	00:26:58	Kubitza, Markus	2674		Radiergummiliga	1966	7	M40	05:23,6
64	W	14	00:27:06	Schmidt, Kristin	2712		Bottrop	1989	3	WHK	05:25,2
65		51	00:27:13	Pälchen, Harald	2704		Gelsenkirchen	1963	7	M45	05:26,6
66		52	00:27:34	Erwig, Andreas	2769		Team Rodewald	1963	8	M45	05:30,8
67	W	15	00:28:17	Burucker, Susanne	2619		TVE-Lauffreunde	1967	4	W40	05:39,4
68		53	00:28:23	Spura, Peter	2714		VfL Gladbeck 1921	1988	10	MHK	05:40,6
69	W	16	00:28:31	Otta, Ilona	2765		TVE Lauffreunde Gladbeck	1959	1	W50	05:42,2
70	W	17	00:28:37	Adamski, Stefanie	2602		Gladbeck	1975	5	W35	05:43,4
71	W	18	00:28:42	Klöckers, Susanne	2667		Gladbeck	1965	2	W45	05:44,4
72	W	19	00:28:43	Gera, Beate	2640		VfL Gladbeck 1921	1969	5	W40	05:44,6
73	W	20	00:28:58	Overlack, Almut	2702		Bottrop	1971	6	W35	05:47,6
74		54	00:29:24	Hoffmann, Ralf	2659		TB Beckhausen	1964	9	M45	05:52,8
75	W	21	00:29:29	Stark, Silvia	2715		Bochum	1965	3	W45	05:53,8
76	W	22	00:29:33	Hübner, Christina	2661		VSG Duisburg	1956	2	W50	05:54,6
77		55	00:29:44	Kupilas, Wolfgang	2683		Gladbeck	1951	4	M55	05:56,8
78	W	23	00:29:46	Langer, Monika	2684		M & M	1988	4	WHK	05:57,2
79	W	24	00:29:48	Hein, Maike	2656		M & M	1988	5	WHK	05:57,6
80	W	25	00:30:06	Astor, Birgit	2604		VSG Duisburg	1958	3	W50	06:01,2
81	W	26	00:30:08	Terwellen, Annegret	2720		VfL Gladbeck 1921	1953	1	W55	06:01,6
82	W	27	00:30:20	Hoppen, Birgit	2660		Oberhausen	1971	7	W35	06:04,0
83	W	28	00:30:26	Stegner, Elvira	2718		TB Beckhausen	1964	4	W45	06:05,2
84	W	29	00:30:32	Möllers, Karina	2694		BSG Sparkasse Essen	1984	6	WHK	06:06,4
85	W	30	00:30:32	Beyer, Sabrina	2611		BSG Sparkasse Essen	1983	7	WHK	06:06,4
86	W	31	00:30:39	Tietze, Louisa	2721		Gladbeck	1993	3	WJugB	06:07,8
87	W	32	00:30:40	Weiß, Nina	2728		Oberhausen	1981	8	WHK	06:08,0
88	W	33	00:30:44	Duleba, Nicole	2629		Gladbeck	1971	8	W35	06:08,8
89	W	34	00:30:56	Kremer, Viola	2673		Fancy-Runner	1987	9	WHK	06:11,2
90		56	00:30:56	Mrugalla, Dennis	2695		Fancy-Runner	1976	5	M30	06:11,2
91		57	00:31:22	Graw, Herbert	2643		LG Bottrop	1959	6	M50	06:16,4
92		58	00:31:35	Schaak, Michael	2711		Bottrop	1968	8	M40	06:19,0
93	W	35	00:31:39	Keßler, Hannelore	2665		TB Beckhausen	1953	2	W55	06:19,8
94	W	36	00:31:52	Güler, Sabahat	2644		Gladbeck	1981	10	WHK	06:22,4
95	W	37	00:31:53	Colak, Hayriye	2622		Gladbeck	1969	6	W40	06:22,6
96	W	38	00:32:03	Koers, Mona	2668		TSG Kirchhellen	1990	11	WHK	06:24,6
97	W	39	00:32:11	Grabosch, Birgit	2642		Bottrop	1972	9	W35	06:26,2
98		59	00:32:11	Grabosch, Joerg	2767		Bottrop	1978	6	M30	06:26,2
99	W	40	00:32:12	Koers, Barbara	2669		TSG Kirchhellen	1962	5	W45	06:26,4
100	W	41	00:32:16	Hegemann, Bärbel	2655		VfL Gladbeck FunRunner	1956	4	W50	06:27,2
101		60	00:32:41	Fülling, Rolf-Peter	2639		Optik Rodewald	1947	5	M60	06:32,2
102		61	00:32:49	Winterhagen, Wolf-Rainer	2731		aktiv55plus	1948	6	M60	06:33,8
103	W	42	00:34:23	Becker, Karla	2606		Kreuztal	1964	6	W45	06:52,6
104	W	43	00:34:24	Hengstebeck, Nicole	2658		Kreuztal	1971	10	W35	06:52,8
105	W	44	00:35:27	Ruehrwiem, Christel	2709		TB Beckhausen Lauftreff	1950	1	W60	07:05,4
106	W	45	00:35:27	Weber, Ute	2727		TB Beckhausen	1958	5	W50	07:05,4
107	W	46	00:35:43	Mensing, Sabrina	2689		VfL Gladbeck FunRunner	1981	12	WHK	07:08,6
108	W	47	00:35:46	Kunze, Regina	2680		Fun Runner VfL Gladbeck	1961	7	W45	07:09,2
109	W	48	00:36:02	Kuhl, Sonja	2676		VSG Duisburg	1966	7	W40	07:12,4
110	W	49	00:36:03	Marga, Andrea	2687		Gladbeck	1970	8	W40	07:12,6

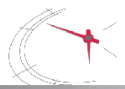


Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
1	W	1	00:32:26	Schröder, Edda	2069		Dorsten	1968	1	W40	06:29,2
2		1	00:33:47	Schattke, Markus	2073		BS Gelsenkirchen	1973	1	M35	06:45,4
3	W	2	00:38:26	Drost, Manuela	2010		Voerde	1954	1	W55	07:41,2
4		2	00:38:27	Brüssow, Werner	2001		Gladbeck	1950	1	M60	07:41,4
5		3	00:39:11	Przybylak, Dieter	2076		Bottrop	1941	1	M65	07:50,2
6		4	00:39:57	Schaumann, Rolf	2066		Gelsenkirchen	1944	2	M65	07:59,4
7	W	3	00:39:58	Strozyk, Monika	2075		TV Horst-Emscher	1949	1	W60	07:59,6
8	W	4	00:40:46	Beckmann, Tina	2607		VSG Duisburg	1960	1	W50	08:09,2
9	W	5	00:42:07	Strangfeld, Ursula	2074		TV Horst-Emscher	1945	1	W65	08:25,4
10	W	6	00:43:04	Hautmann, Elke	2017		VfL Gladbeck 1921	1951	2	W55	08:36,8
11	W	7	00:43:16	Schöler, Sabine	2068		Düsseldorf	1961	1	W45	08:39,2
12	W	8	00:43:39	Koopmann, Ulla	2054		SV Gkadebeck 13	1962	2	W45	08:43,8
13	W	9	00:43:50	Klatt-Seipelt, Bärbel	2044		VfL Gladbeck 1921	1953	3	W55	08:46,0
14	W	10	00:43:51	Kramer, Brigitte	2062		Bottrop	1950	2	W60	08:46,2
15		5	00:43:53	Kramer, Klaus	2061		Bottrop	1949	2	M60	08:46,6
16	W	11	00:43:59	Dieckmann, Petra	2006		SV Gladbeck 13	1961	3	W45	08:47,8
17	W	12	00:46:13	Roehnert, Petra	2065		Dorsten	1967	2	W40	09:14,6
18		6	00:46:16	Doeding, Horst	2009		VfL Gladbeck 1921	1944	3	M65	09:15,2
19		7	00:46:16	Inhoff, Heinz	2036		VfL Gladbeck 1921	1939	1	M70	09:15,2
20	W	13	00:47:22	Kucharski, Karin	2063		VfL Gladbeck 1921	1970	3	W40	09:28,4
21	W	14	00:47:23	Inhoff, Sandra	2023		VfL Gladbeck FunRunner	1970	4	W40	09:28,6
22	W	15	00:47:32	Inhoff, Erika	2030		VfL Gladbeck 1921	1940	1	W70	09:30,4
23	W	16	00:47:45	van de Sandt, Ilona	2071		VfL Gladbeck 1921	1961	4	W45	09:33,0
24	W	17	00:47:46	Doeding, Wilma	2007		VfL Gladbeck 1921	1945	2	W65	09:33,2
25	W	18	00:48:08	Duleba, Karin	2016		Gladbeck	1952	4	W55	09:37,6



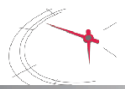
TEAMSOFT-SPORTZEIT.DE

Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
1		1	00:36:01	Orgzewalla, Felix	2361		SV Gladbeck	1987	1	MHK	03:36,1
2		2	00:36:43	Milch, Martin	2190		LC-Rapid Dortmund	1975	1	M35	03:40,3
3		3	00:36:58	Berg, Stephan	2347		Essen	1982	2	MHK	03:41,8
4	W	1	00:37:19	Maak, Petra	2411		TSV Bayer 04 Leverkusen	1964	1	W45	03:43,9
5		4	00:37:58	Albracht, Mark	2104		Voerde	1970	1	M40	03:47,8
6		5	00:38:14	Tüns, Michael	2350		LSF Werne	1962	1	M45	03:49,4
7		6	00:38:26	Lange, Tim	2172		Essen Ruhr	1976	1	M30	03:50,6
8		7	00:38:36	Dick, Nils	2365		BSG Springorum Bochum	1979	2	M30	03:51,6
9		8	00:39:53	Stange, Ingo	2287		LC Waltrop	1958	1	M50	03:59,3
10		9	00:40:09	Urbanowski, Frank	2418		Gelsenkirchen	1968	2	M40	04:00,9
11		10	00:40:16	Beutler, Sebastian	2382		Herten	1975	2	M35	04:01,6
12		11	00:40:18	Krause, Jürgen	2403		TUSEM Essen	1959	2	M50	04:01,8
13		12	00:40:23	Abllass, Marko	2101		Dinslaken	1979	3	M30	04:02,3
14		13	00:40:25	Gutschank, Jens	2132		Fokus Selm	1979	4	M30	04:02,5
15		14	00:40:56	Scheidle, Dirk	2227		TriTeam Selm	1968	3	M40	04:05,6
16		15	00:41:26	Dieckmann, Lothar	2415		Waltroper LC	1961	2	M45	04:08,6
17		16	00:41:31	Scheele, Michael	2225		RSV Blau-Gelb 1928 Oberh	1976	5	M30	04:09,1
18		17	00:41:46	Rüb, Marcel	2219		Team Erdinger Alkoholfrei	1986	3	MHK	04:10,6
19		18	00:41:56	Schmitz, Peter	2242		Erlar-Sportgemeinschaft	1959	3	M50	04:11,6
20		19	00:42:12	Hassenkamp, Ralf	2373		SV Hullern 68	1964	3	M45	04:13,2
21		20	00:42:14	Knoth, Günter	2161		Tusem Essen	1957	4	M50	04:13,4
22		21	00:42:34	Frede, Wilfried	2388		LC Rapid Dortmund	1944	1	M65	04:15,4
23		22	00:42:39	Scheier, Jörg	2228		Bottrop	1976	6	M30	04:15,9
24		23	00:42:42	Schuff, Philip	2267		SuS Oberaden	1990	4	MHK	04:16,2
25		24	00:42:52	Wehren, Stephan	2308		Adler-Langlauf Bottrop	1976	7	M30	04:17,2
26		25	00:42:53	Wiegeling, Jörg	2313		Erlar Sportgemeinschaft	1978	8	M30	04:17,3
27		26	00:42:54	Winkelhake, Heiner	2321		LDT Bochum	1956	5	M50	04:17,4
28		27	00:42:57	hilmer, reinhold	2148		tv-bövinghausen	1952	1	M55	04:17,7
29		28	00:42:59	Spahn, Stefan	2282		Castrop-Rauxel	1988	5	MHK	04:17,9
30		29	00:43:06	Knebelkamp, Jörg	2160		Münster	1960	6	M50	04:18,6
31		30	00:43:10	Breuer, Ludger	2394		Bochum	1961	4	M45	04:19,0
32		31	00:43:12	Ahland, Joachim	2102		Fokus Selm	1964	5	M45	04:19,2
33		32	00:43:19	Schroth, Kurt	2266		SG Suderwich	1951	2	M55	04:19,9
34		33	00:43:38	Gierse, Rainer	2385		SG Suderwich	1955	3	M55	04:21,8
35		34	00:43:50	Kuhlmann, Christian	2425		TVE Lauffreunde Gladbeck	1969	4	M40	04:23,0
36		35	00:44:21	Dombrowsky, Detlef	2121		DJk Tus Rotthausen	1959	7	M50	04:26,1
37		36	00:44:26	Gerigk, Patrik	2128		SV Gladbeck 13	1969	5	M40	04:26,6
38	W	2	00:44:29	Beulen, Silke	2112		Düsseldorf	1976	1	W30	04:26,9
39		37	00:44:32	Rademacher, Helge	2214		Lauffreunde HADI Wesel	1963	6	M45	04:27,2
40		38	00:44:40	Tomanek, Stefan	2299		Gladbeck	1965	7	M45	04:28,0
41		39	00:44:49	Bücher, Marco	2367		Erlar Sportgemeinschaft	1975	3	M35	04:28,9
42	W	3	00:44:53	Schöler, Anja	2243		VHS im Fokus Selm	1971	1	W35	04:29,3
43		40	00:44:54	Maus, Stefan	2188		Schermbeck	1964	8	M45	04:29,4
44		41	00:45:06	Schomburg, Michael	2248		Erlar Sportgemeinschaft	1960	8	M50	04:30,6
45		42	00:45:16	Prein, Carsten	2212		Münster	1969	6	M40	04:31,6
46		43	00:45:29	Damm, Gerhard	2355		VfL Gladbeck	1955	4	M55	04:32,9
47		44	00:45:31	Hartung, Mathias	2139		Rheinberg	1967	7	M40	04:33,1
48		45	00:45:37	Hypki, Alfred	2399		Aktion Canchanabory	1963	9	M45	04:33,7
49		46	00:45:50	Huttny, Dieter	2150		ELE Sport	1961	10	M45	04:35,0
50		47	00:46:22	Nolde, Toni	2426		TVE Lauffreunde Gladbeck	1982	6	MHK	04:38,2
51	W	4	00:46:44	Kruse, Daniela	2167		Gelsenkirchen	1977	2	W30	04:40,4
52		48	00:46:46	Michalik, Klaus	2189		OTV 1873	1970	8	M40	04:40,6
53		49	00:46:51	Müller, Peter	2193		SV Gladbeck 13	1960	9	M50	04:41,1
54		50	00:46:54	Hampel, Peter	2351		Dülmen	1957	10	M50	04:41,4
55		51	00:47:15	Gonschior, Jörg	2131		Hilden	1969	9	M40	04:43,5
56	W	5	00:47:21	Scharbatke, Veronika	2349		LC Wuppertal	1950	1	W60	04:44,1



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Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
57		52	00:47:27	Lehmann, Marcel	2173		DJK Brambauer	1984	7	MHK	04:44,7
58		53	00:47:28	Winter, Stefan	2323		TB Weiden	1975	4	M35	04:44,8
59		54	00:47:38	Sack, Jochen	2222		Yacht Club Wesel	1946	1	M60	04:45,8
60		55	00:47:41	Kyrion, Frank	2171		LLG St. Augustin	1966	10	M40	04:46,1
61		56	00:47:50	Schmidt, Jochen	2236		Aufbau Heringen	1965	11	M45	04:47,0
62		57	00:47:53	Wiegand, Axel	2366		Borbecker TC	1973	5	M35	04:47,3
63		58	00:48:00	Hanswille, Reinert	2138		Essen Ruhr	1953	5	M55	04:48,0
64		59	00:48:10	Maier, Jürgen	2182		SV Gladbeck 13	1949	2	M60	04:49,0
65		60	00:48:15	Dies, Jan-Gerd	2419		TV Borken	1966	11	M40	04:49,5
66		61	00:48:25	Kempkes, Carsten	2154		TC VFB Kirchhellen	1984	8	MHK	04:50,5
67		62	00:48:36	Hesse, Peter	2146		Herne	1963	12	M45	04:51,6
68		63	00:48:37	Bajohr, Harald	2107		Team Killaah	1965	13	M45	04:51,7
69		64	00:48:57	Schlender, Horst	2231		LG Hünxe	1964	14	M45	04:53,7
70		65	00:49:08	Peters, Rainer	2200		LT SUS Kalkar	1970	12	M40	04:54,8
71		66	00:49:19	Lischka, Ralf	2180		VfL Gladbeck FunRunner	1963	15	M45	04:55,9
72		67	00:49:25	Letzel, Michael	2174		VfL Gladbeck FunRunner	1959	11	M50	04:56,5
73	W	6	00:49:30	Maier, Conny	2185		SV Gladbeck 13	1953	1	W55	04:57,0
74	W	7	00:49:32	Schlender, Kai-Esther	2232		LG Hünxe	1972	2	W35	04:57,2
75		68	00:49:34	Priester, Jörg	2334		TV Einigkeit Gladbeck	1967	13	M40	04:57,4
76		69	00:49:47	Pauer, Udo	2196		Gladbeck	1952	6	M55	04:58,7
77		70	00:49:49	Lobert, Mario	2181		Gladbecker Geparden	1971	6	M35	04:58,9
78		71	00:49:51	Stucki, Günter	2293		Adler Langlauf Bottrop	1964	16	M45	04:59,1
79		72	00:50:11	Skowronek, Jürgen	2275		Adler Langlauf Bottrop	1945	2	M65	05:01,1
80		73	00:50:18	Schuster, Peter	2390		TV Altenvoerde	1983	9	MHK	05:01,8
81		74	00:50:22	Knieling, Rainer	2372		Erlar Sportgemeinschaft	1955	7	M55	05:02,2
82		75	00:50:40	Voit, Martin	2340		Gladbeck	1974	7	M35	05:04,0
83	W	8	00:50:55	Breit, Ann-Christin	2114		TSG Kirchhellen	1990	1	WHK	05:05,5
84	W	9	00:50:56	Jost, Stefanie	2153		Gladbeck	1970	1	W40	05:05,6
85		76	00:51:04	Peter, Ronald	2198		HLG 98 Wuppertal	1960	12	M50	05:06,4
86	W	10	00:51:17	Staubermann, Hermi	2288		Recklinghäuser LC	1940	1	W70	05:07,7
87	W	11	00:51:19	Geib, Lisa	2127		VfL Gladbeck FunRunner	1962	2	W45	05:07,9
88		77	00:51:24	Martens, Harald	2187		BSG Springorum Bochum	1943	3	M65	05:08,4
89		78	00:51:43	Klein, Michael	2158		Essen Ruhr	1953	8	M55	05:10,3
90		79	00:52:16	Harmeling, Reinhard	2379		LGH Stadtlohn	1965	17	M45	05:13,6
91		80	00:52:26	Kircherer, Hans Dieter	2156		Gelsenkirchen	1944	4	M65	05:14,6
92		81	00:52:35	Vierhaus, Detlev	2300		Team 4haus	1959	13	M50	05:15,5
93		82	00:52:44	Hallai, Jürgen	2136		Dorsten	1963	18	M45	05:16,4
94		83	00:52:51	Berger, Detlef	2406		TVE Lauffreunde Gladbeck	1964	19	M45	05:17,1
95	W	12	00:53:06	Rothert, Sylvie	2218		TSG Kirchhellen	1969	2	W40	05:18,6
96		84	00:53:08	Fahlbusch, Michael	2413		Hamm	1973	8	M35	05:18,8
97		85	00:53:11	Sulberg, Jürgen	2294		Gelsenkirchen	1963	20	M45	05:19,1
98	W	13	00:53:23	Stief, Elke	2290		Adler Langlauf Bottrop	1953	2	W55	05:20,3
99	W	14	00:53:24	Sobolewski, Sabine	2276		Adler-Langlauf Bottrop	1968	3	W40	05:20,4
100		86	00:53:24	Heil, Udo	2141		VfL Gladbeck FunRunner	1943	5	M65	05:20,4
101		87	00:53:25	Broda, Holger	2115		LT Wischlingen Dortmund	1963	21	M45	05:20,5
102		88	00:53:30	Otta, Wolfgang	2354		TV Einigkeit Gladbeck	1959	14	M50	05:21,0
103		89	00:53:30	Rother, Klaus	2345		TV Einigkeit Gladbeck	1958	15	M50	05:21,0
104		90	00:53:37	Keysberg, Reimund Junio	2155		Freiwillige Feuerwehr	1983	10	MHK	05:21,7
105		91	00:53:57	Harmeling, Karl-Heinz	2376		LGH Stadtlohn	1958	16	M50	05:23,7
106		92	00:54:16	Ziegeweidt, Michael	2328		Gladbeck	1971	9	M35	05:25,6
107	W	15	00:54:18	Möller, Barbara	2412		Gelsenkirchen	1964	3	W45	05:25,8
108		93	00:54:19	Giebler, Michael	2129		Gladbeck	1970	14	M40	05:25,9
109		94	00:54:21	Wachsmann, Georg	2306		Gladbeck	1965	22	M45	05:26,1
110	W	16	00:54:23	Wolnik, Isabella	2325		IFGA Gladbeck	1984	2	WHK	05:26,3
111	W	17	00:54:25	Liebing, Gritt	2175		Boston Scientific	1965	4	W45	05:26,5
112		95	00:54:28	Borgmann, Heinrich	2358		Aktion Canchanabory	1952	9	M55	05:26,8



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Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
113		96	00:54:29	Dickmann, Volker	2338		LF Hadi Wesel	1966	15	M40	05:26,9
114	W	18	00:54:31	Schwab, Birgit	2269		Bergkamen	1972	3	W35	05:27,1
115	W	19	00:55:22	Kleine-Harmeyer, Birgit	2395		Bochum	1962	5	W45	05:32,2
116		97	00:55:22	Nagorski, Ulrich	2194		Pintsch Barfuss	1960	17	M50	05:32,2
117		98	00:55:23	Krügerke, Karsten	2166		Gladbeck	1963	23	M45	05:32,3
118	W	20	00:55:23	Haak, Gisela	2133		Gelsenkirchen	1963	6	W45	05:32,3
119		99	00:55:34	Erwig, Frank	2125		Marl	1966	16	M40	05:33,4
120		100	00:55:37	Niermann, Adrian	2386		Marl	1969	17	M40	05:33,7
121	W	21	00:55:47	Halbe, Andrea	2135		LT Witten-Stockum	1968	4	W40	05:34,7
122		101	00:55:48	Wenda, Herbert	2427		TUSEM Essen	1948	3	M60	05:34,8
123		102	00:55:48	Amberg, Rainer	2105		Gladbeck	1953	10	M55	05:34,8
124		103	00:55:51	Knubben, Rainer	2162		Gladbeck	1957	18	M50	05:35,1
125	W	22	00:56:03	Witt, Nicole	2324		Erler Sportgemeinschaft	1970	5	W40	05:36,3
126		104	00:56:20	Skorupa, Herbert	2271		Running Tigers	1956	19	M50	05:38,0
127	W	23	00:56:22	Weihmann, Birgit	2309		Haltern am See	1970	6	W40	05:38,2
128		105	00:56:44	Kretzer, Christopher	2405		Gladbeck	1992	1	MJugA	05:40,4
129		106	00:56:49	Wenzig, Kurt	2312		Gladbeck	1938	1	M70	05:40,9
130		107	00:56:51	Schaffran, Heinz	2223		Gelsenkirchen	1966	18	M40	05:41,1
131	W	24	00:56:53	Kluge, Heidi	2159		Gladbecker Geparden	1973	4	W35	05:41,3
132		108	00:56:59	Haubs, Dirk	2140		Bottrop	1968	19	M40	05:41,9
133	W	25	00:57:20	Thor, Birgit	2297		Gladbeck	1970	7	W40	05:44,0
134		109	00:57:26	Buchwald, Chris	2119		MC Cappenberg	1965	24	M45	05:44,6
135		110	00:57:45	Ranzenberg, Maik	2337		Gladbeck	1978	9	M30	05:46,5
136	W	26	00:57:51	Heibold, Petra	2142		Heibold Beratung	1967	8	W40	05:47,1
137	W	27	00:57:57	Abllass, Sabrina	2100		Oberhausen	1984	3	WHK	05:47,7
138	W	28	00:58:12	Stier, Jana	2292		VfL Gladbeck 1921	1974	5	W35	05:49,2
139	W	29	00:58:12	Schumann, Johanna	2268		1. Tri Club Paderborn	1974	6	W35	05:49,2
140	W	30	00:58:19	Dreifke, Ricarda	2124		Bottrop	1974	7	W35	05:49,9
141		111	00:58:20	Bartikowski, Maik	2109		Gelsenkirchen	1993	1	MJugB	05:50,0
142		112	00:58:20	Bartikowski, Heiko	2110		Gelsenkirchen	1965	25	M45	05:50,0
143	W	31	00:58:20	Hollosi, Fenja-Mandy	2149		Gladbeck	1988	4	WHK	05:50,0
144		113	00:58:38	Meinert, Georg	2402		Gladbeck	1960	20	M50	05:51,8
145		114	00:58:59	Lindner, Thomas	2178		Röttis	1968	20	M40	05:53,9
146		115	00:59:06	Lingen, Pater Rolf Herma	2179		Dorsten	1967	21	M40	05:54,6
147	W	32	00:59:07	Mlynarczyk, Silke	2421		Lünen	1971	8	W35	05:54,7
148		116	00:59:08	Stahler, Frank	2420		Dortmund	1966	22	M40	05:54,8
149		117	00:59:09	Jäschke, Dominik	2333		Oberhausen	1985	11	MHK	05:54,9
150		118	00:59:17	Schwarz, Klaus	2401		Sparkasse Gladbeck	1953	11	M55	05:55,7
151	W	33	00:59:25	Roolant, Iris	2217		Gladbeck	1966	9	W40	05:56,5
152		119	00:59:42	Jolitz, Christopher	2152		Gelsenkirchen	1992	2	MJugA	05:58,2
153		120	01:00:22	Brunngraber, Uwe	2118		TV Einigkeit Gladbeck	1961	26	M45	06:02,2
154	W	34	01:00:24	Rother, Gabriele	2346		TV Einigkeit Gladbeck	1946	2	W60	06:02,4
155		121	01:00:25	Kürst, Christian	2170		Gladbeck	1974	10	M35	06:02,5
156	W	35	01:01:40	Winkelmann, Daniela	2409		Gelsenkirchen	1961	7	W45	06:10,0
157	W	36	01:02:04	Flueshoeh, Nicole	2126		Iserlohn	1973	9	W35	06:12,4
158	W	37	01:02:10	Tilly, Julia	2298		Gelsenkirchen	1986	5	WHK	06:13,0
159	W	38	01:02:12	Pietzuch, Julia	2206		Gladbeck	1992	1	WJugA	06:13,2
160		122	01:02:26	Kümmel, Rüdiger	2169		Gladbeck	1961	27	M45	06:14,6
161		123	01:02:36	Wilinski, Stefan	2315		Gladbeck	1972	11	M35	06:15,6
162		124	01:02:56	Habermüller, Michael	2134		Bottrop	1969	23	M40	06:17,6
163	W	39	01:03:24	Hambrecht, Iris	2137		Mettmann	1967	10	W40	06:20,4
164		125	01:03:25	Koritko, Thomas	2165		Gladbeck	1961	28	M45	06:20,5
165	W	40	01:03:44	Nickel, Christina	2195		VfL Gladbeck FunRunner	1958	1	W50	06:22,4
166		126	01:04:07	Dogan, Bayram	2120		Gelsenkirchen	1970	24	M40	06:24,7
167		127	01:04:08	Sollanek, Achim	2281		Gelsenkirchen	1966	25	M40	06:24,8
168	W	41	01:07:45	Göke-Fritsch, Christine	2130		Gladbeck	1960	2	W50	06:46,5

Sparkassenlauf Gladbeck



10 km
So., 15. Aug. 2010
VFL Gladbeck

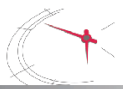
TEAMSOF-SPORTZEIT.DE

Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
169	W	42	01:08:46	Tenk, Christine	2296		Haltern am See	1979	3	W30	06:52,6
170		128	01:27:57	Gai, Robin	2422		Feuerwehr Gladbeck	1990	12	MHK	08:47,7
171		129	01:27:58	Gai, Axel	2423		Feuerwehr Gladbeck	1985	13	MHK	08:47,8



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Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
1		1	01:18:12	Straeling, Benedikt	3893		Adler-Langlauf Bottrop	1968	1	M40	03:42,3
2		2	01:19:16	Lössner, Ralph	3773		Duisburg	1972	1	M35	03:45,4
3		3	01:19:46	Ogrzewalla, Florian	3799		BSG Sparkase Essen	1980	1	M30	03:46,8
4		4	01:20:51	Claesges, Michael	4000		ASV LT Kemperdick	1964	1	M45	03:49,9
5		5	01:24:21	Hanke, Ingo	3675		Lünen	1974	2	M35	03:59,8
6		6	01:24:57	Reuling, Christoph	3862		LT BW Dingden	1968	2	M40	04:01,5
7		7	01:25:33	Kosche, Reiner	3757		SUS Oberaden	1965	2	M45	04:03,2
8		8	01:26:16	Delbrügge, Martin	3589		SUS Oberaden	1970	3	M40	04:05,3
9		9	01:26:18	Bleß, Thomas	3575		TSG Dülmen	1984	1	MHK	04:05,4
10	W	1	01:27:01	Arendsee, Dorothee	3509		SuS Oberaden	1984	1	WHK	04:07,4
11		10	01:27:14	Müller, Achim	3792		SV Gladbeck 13 Triathlon	1970	4	M40	04:08,0
12		11	01:27:21	Jungblut, Martin	3692		Dorsten	1975	3	M35	04:08,3
13		12	01:27:34	Strack, Sascha	3892		Marathon Dinslaken	1976	2	M30	04:09,0
14		13	01:27:46	Brune, Gilbert	3585		Gladbeck	1971	4	M35	04:09,5
15		14	01:28:58	Isfort, Hans	3688		Gladbeck	1962	3	M45	04:13,9
16		15	01:29:22	Kiedel, André	3695		Buer-Bülse	1973	5	M35	04:14,1
17		16	01:30:00	Pawellek, Karsten	3853		Bochum	1981	2	MHK	04:15,9
18		17	01:30:04	Haß, Ulrich	3676		Herne	1956	1	M50	04:16,1
19		18	01:30:29	Webera, Thomas	3961		BSG Sparkasse Essen	1966	5	M40	04:17,2
20		19	01:30:50	Holstein, Dirk	3683		LGO Bochum	1964	4	M45	04:18,2
21		20	01:30:57	Schwaeppe, Harald	3511		Bonner RG	1958	2	M50	04:18,6
22		21	01:31:08	Krebs, Werner	3760		DJK VFR Saarn	1962	5	M45	04:19,1
23		22	01:31:12	Soffers, Robbie	3885	NLD	Gladbeck	1965	6	M45	04:19,3
24		23	01:31:27	Pannek, Stephan	3851		Herdecke an der Ruhr	1965	7	M45	04:20,0
25	W	2	01:31:37	Mertens, Corinna	3783		LG Wuppertal	1970	1	W40	04:20,5
26		24	01:31:56	Kloßek, Dirk	3698		SUS Oberaden	1965	8	M45	04:21,4
27		25	01:32:01	Biehl, Karl	3570		LT Prosper-Haniel	1960	3	M50	04:21,6
28		26	01:32:04	Gaudschun, Alfred	3654		Tus 09 Erkenschwick	1956	4	M50	04:21,8
29		27	01:32:05	Kipar, Mirco	3697		SV Gladbeck 13	1972	6	M35	04:21,8
30		28	01:32:09	Witteler, Norbert	3964		LT Rhein Herne Kanal 1988	1953	1	M55	04:22,0
31	W	3	01:32:51	de Boer, Zerline	3588		TV Vreden	1967	2	W40	04:24,0
32	W	4	01:33:44	kordel, bernardina	3756		adler-langlauf bottrop	1958	1	W50	04:26,5
33		29	01:33:59	Thielsch, Christian	3952		SuS Oberaden	1961	9	M45	04:27,2
34	W	5	01:34:28	Ebelt, Melanie	3969		TV Borken	1977	1	W30	04:28,6
35		30	01:34:34	Lenga, Norbert	3768		SG Suderwich	1957	5	M50	04:28,9
36		31	01:34:48	Wienen, Herbert	3987		TV Borken	1954	2	M55	04:29,5
37		32	01:35:13	Fuhrig, Bodo	3653		Essen Ruhr	1957	6	M50	04:30,7
38		33	01:35:22	Gertz, Hubert	3514		Adler-Langlauf Bottrop	1956	7	M50	04:31,1
39		34	01:36:09	Vospohl, Carsten	3997		Rapid Ramirez	1970	6	M40	04:33,4
40		35	01:36:26	Stollfuss, Uwe	3891		LT Gruiten-Neandertal	1965	10	M45	04:34,2
41		36	01:36:31	Lutat, Andreas	3774		IFGA Gladbeck	1980	3	M30	04:34,4
42		37	01:36:41	Scharrenberg, Ulrich	3870		ASV-LT Kemperdick	1948	1	M60	04:34,9
43		38	01:37:05	Keimer, Felix	3693		bujn-gym@gmx.de	1972	7	M35	04:36,0
44		39	01:37:06	Vogler, Stephan	3960		DJK Adler 07 Bottrop	1969	7	M40	04:36,1
45	W	6	01:37:34	Bruns, Klaudia	3999		Borbecker Raketen	1961	1	W45	04:37,4
46		40	01:37:36	Niehaus, Ludger	3796		Laufteam Gescher	1964	11	M45	04:37,5
47		41	01:37:42	Arnold, Rüdiger	3558		LT Bittermark Dortmund	1950	2	M60	04:37,8
48		42	01:37:57	Herzog, Jörg	3681		DJK Adler 07 Bottrop	1968	8	M40	04:38,5
49		43	01:37:59	Meese, Markus	3778		Gelsenkirchen	1991	1	MJugA	04:38,6
50		44	01:38:16	Rohr, Michael	3865		Gelsenkirchen	1991	2	MJugA	04:39,4
51		45	01:38:17	Lange, Christof	3979		Heiligenhaus	1972	8	M35	04:39,4
52		46	01:38:28	Schulte-Terhusen, Andrea	3878		Bottrop	1959	8	M50	04:40,0
53		47	01:38:33	Schmidtman, Ralf	3981		Bochum	1960	9	M50	04:40,2
54		48	01:38:40	Trede, Volker	3955		Flughafenfeuerwehr Düssel	1962	12	M45	04:40,5
55		49	01:38:41	Bischoff, Thomas	3573		Düsseldorf	1978	4	M30	04:40,6
56		50	01:38:47	Hagelschur, Thomas	3673		Marathon Steinfurt	1977	5	M30	04:40,9

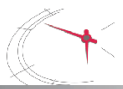


Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
57	W	7	01:38:51	Rautenberg, Irene	3860		SuS Oberaden	1961	2	W45	04:41,0
58		51	01:38:53	Niederholtmeyer, Daniel	3795		Gladbeck	1973	9	M35	04:41,1
59		52	01:38:53	Schlösser, Olaf	3873		Lauffreunde GE	1969	9	M40	04:41,1
60		53	01:38:58	Aldiek, Johannes	3556		LT Rhein Herne Kanal 1988	1953	3	M55	04:41,4
61		54	01:38:59	Segers, Roland	3881		SuS Schalke 96	1964	13	M45	04:41,4
62	W	8	01:39:06	Tank, Regina	3897		Dortmund	1959	2	W50	04:41,8
63		55	01:39:13	Herrmann, Markus	3679		Just 4 Fun	1979	6	M30	04:42,1
64		56	01:39:25	Seidel, Juergen	3977		SSK Gladbeck	1956	10	M50	04:42,7
65		57	01:39:33	Tank, Stefan	3898		Glory and Honor	1979	7	M30	04:43,0
66		58	01:39:42	Henrich, Peter	3677		Essen Ruhr	1961	14	M45	04:43,5
67		59	01:40:12	Gersch, Jürgen	3659		Moerser TV	1956	11	M50	04:44,9
68	W	9	01:40:25	Mazurek, Ulla	3985		Adler-Langlauf Bottrop	1960	3	W50	04:45,5
69	W	10	01:40:44	Kessels, Kathrin	3694		Bottrop	1987	2	WHK	04:46,4
70		60	01:40:45	Verfürth, Christian	3959		Düsseldorf	1968	10	M40	04:46,4
71		61	01:40:45	Borchers, Jens	3982		Bottrop	1981	3	MHK	04:46,4
72		62	01:40:46	Taubitz, Thorsten	3512		Bottrop	1976	8	M30	04:46,5
73		63	01:40:56	Langenbeck, Michael	3766		Bujin-Gym Essen	1967	11	M40	04:47,0
74		64	01:41:02	Nguyen, Felix	3793		Gladbeck	1989	4	MHK	04:47,2
75		65	01:41:15	zur Linden, Vincent	3968		Ski-Klub Düsseldorf	1994	1	MJugB	04:47,9
76		66	01:41:28	Schlatmann, Winand	3986		TSV Raesfeld	1960	12	M50	04:48,5
77		67	01:41:36	Geib, Joachim	3656		VfL Gladbeck FunRunner	1961	15	M45	04:48,9
78		68	01:41:55	Gossen, Roland	3664		Bottrop	1955	4	M55	04:49,8
79		69	01:42:00	Steinroetter, Hermann	3888		LG Feuerwehr Dorsten	1967	12	M40	04:50,0
80		70	01:42:30	Ahlert, Daniel	3554		TuRa Bergkamen	1973	10	M35	04:51,4
81		71	01:42:38	Kieslers, Dirk	3696		Gladbeck	1967	13	M40	04:51,8
82		72	01:42:42	de Visser, Martin	3515	NED	Middelburg	1964	16	M45	04:52,0
83		73	01:42:50	Dreischenkemper, Stefan	3592		Gladbecker Federball Club	1968	14	M40	04:52,4
84		74	01:42:51	Adamski, Andreas	3552		Leni & Marie	1974	11	M35	04:52,4
85		75	01:43:01	Max, Michael	3777		Gladbeck	1960	13	M50	04:52,9
86		76	01:43:02	Wellpoth, Andreas	3988		VfL Gladbeck	1970	15	M40	04:53,9
87		77	01:43:07	Richter, Michael	3863		BSG Sparkasse Essen	1962	17	M45	04:53,2
88		78	01:43:14	Gutmann, Stefan	3671		Hagen	1967	16	M40	04:53,5
89		79	01:43:17	Strugar, Waldemar	3973		Adler-Langlauf Bottrop	1960	14	M50	04:53,6
90		80	01:43:23	Feik, Matthias	3776		Team Rakete	1971	12	M35	04:54,9
91		81	01:43:38	Teigelkamp, Guido	3899		Adler-Langlauf Bottrop	1968	17	M40	04:54,6
92		82	01:43:44	Dröge, Ralf	3594		Gladbeck	1975	13	M35	04:55,9
93		83	01:43:45	Teigelkamp, Stefan	3900		Adler-Langlauf Bottrop	1976	9	M30	04:55,0
94		84	01:43:52	Spickermann, Bernd	3886		Schnaufgruppe	1952	5	M55	04:55,3
95		85	01:44:04	Senger, Michael	3883		TV Hasperbach	1958	15	M50	04:55,9
96		86	01:44:14	Abel, Ulrich	3551		LT Rhein Herne Kanal 1988	1959	16	M50	04:56,3
97		87	01:44:21	Berg, Jörg	3565		B 42-Team	1961	18	M45	04:56,7
98		88	01:44:21	gruetering, ludwig	3670		LT Lippehasen	1960	17	M50	04:56,7
99		89	01:44:34	Zuddas, Guisepe	3966		Gladbeck	1969	18	M40	04:57,3
100		90	01:44:46	Astrath, Dirk-Uwe	3559		Recklinghausen	1974	14	M35	04:57,9
101	W	11	01:44:47	Herriger, Annekatrin	3678		Meerbusch	1972	1	W35	04:57,9
102		91	01:44:50	Tölkes, Rudolf	3954		LT Ennert Bonn	1958	18	M50	04:58,1
103		92	01:45:16	Altrath, Michael	3557		Gevelsberg	1956	19	M50	04:59,3
104		93	01:45:33	Struwe, Burckhard	3895		BSG Springorum Bochum	1941	1	M65	05:00,1
105	W	12	01:45:35	Loncar, Nina	3983		Homberger TV	1991	1	WJugA	05:00,2
106		94	01:45:44	Doge, Jochen	3591		SV Gladbeck 13	1945	2	M65	05:00,6
107		95	01:45:59	Brock, Udo	3584		Gelsenkirchen	1960	20	M50	05:01,3
108		96	01:46:23	Sander, Björn	3868		Hosianna Runners	1974	15	M35	05:02,5
109	W	13	01:46:33	Janinhoff-Herber, Birgit	3690		TSG Kirchhellen	1971	2	W35	05:03,9
110		97	01:46:44	Upping, Erwin	3976		Velen	1945	3	M65	05:03,5
111		98	01:46:49	Ptassek, Rainer	3857		Sporting Mülheim	1962	19	M45	05:03,7
112		99	01:46:57	Muth, Karsten	3996		Recklinghausen	1966	19	M40	05:04,1



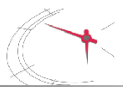
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Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
113		100	01:46:59	Gürtler, Hans	3513		SV Lembeck	1944	4	M65	05:04,2
114		101	01:46:59	Kohn, Wolfgang	3753		Düsseldorf	1982	5	MHK	05:04,2
115		102	01:47:03	Rindtorff, Ermbrecht	3864		SKW Roadrunners	1958	21	M50	05:04,4
116		103	01:47:10	Janning, Christof	3691		BSG Mhp - Hamm	1967	20	M40	05:04,7
117		104	01:47:12	Urbanietz, Dieter	3957		DJK Adler 07 Bottrop	1961	20	M45	05:04,8
118	W	14	01:47:19	Strauß, Petra	3894		Ski-Club Gladbeck	1968	3	W40	05:05,1
119		105	01:47:32	Schlepper, Dirk	3872		Essener Skiklub	1969	21	M40	05:05,7
120		106	01:47:39	Seip, Christian	3882		Bochum	1966	22	M40	05:06,1
121	W	15	01:47:47	Braun, Martina	3978		Regenbogenschule	1964	3	W45	05:06,4
122		107	01:47:52	Grabowski, Robert	3665		Gladbeck	1970	23	M40	05:06,7
123		108	01:47:56	Szczesny, Andreas	3896		Gladbeck	1965	21	M45	05:06,9
124		109	01:48:06	Köper, Michael	3755		Gladbeck	1989	6	MHK	05:07,3
125		110	01:48:08	Bloch, Volker	3576		LT Prosper-Haniel	1959	22	M50	05:07,4
126	W	16	01:48:10	Pfefferkorn, Paula	3854		E.ON Ruhrgas	1973	3	W35	05:07,5
127		111	01:48:18	Droll, Rene	3989		Gladbeck	1992	3	MJugA	05:07,9
128		112	01:48:23	Bischof, Dirk	3572		Gladbeck	1961	22	M45	05:08,1
129		113	01:48:37	Schmückert, Dieter	3874		TV Hasperbach	1955	6	M55	05:08,8
130		114	01:48:42	Jablonski, Thomas	3984		Gelsenkirchen	1972	16	M35	05:09,0
131	W	17	01:48:44	Lehmann, Margret	3992		Adler-Langlauf Bottrop	1954	1	W55	05:09,1
132		115	01:49:06	Moser, Lars	3789		Bochum	1970	24	M40	05:10,2
133		116	01:49:09	Knaup, Thomas	3700		Witten	1964	23	M45	05:10,3
134		117	01:49:20	Grabowski, Marc	3666		Herne	1985	7	MHK	05:10,9
135	W	18	01:49:22	Alava Pons, Angel	3555	ESP	Bewegtes Zentrum Duisbur	1967	4	W40	05:11,9
136		118	01:49:34	Schranz, Jörg	3876		Borbecker Raketen Essen	1965	24	M45	05:11,5
137		119	01:50:01	Faust, Andreas	3598		Gladbeck	1979	10	M30	05:12,8
138		120	01:50:05	Mertens, Joachim	3784		Wuppertal	1961	25	M45	05:13,0
139		121	01:50:16	Dillmann, Marc	3590		Gladbeck	1979	11	M30	05:13,5
140	W	19	01:50:23	Fleischer, Sylvia	3971		Adler-Langlauf Bottrop	1968	5	W40	05:13,8
141		122	01:50:25	Gerard, Klaus	3658		BSG Sparkasse Essen	1960	23	M50	05:14,9
142		123	01:50:25	Peters, Thomas	3508		Gladbeck	1964	26	M45	05:14,9
143		124	01:50:42	Becker, Reinhard	3564		Kreuztal	1960	24	M50	05:14,7
144		125	01:50:43	Zuddas, Guiseppa	3967		Gladbeck	1946	3	M60	05:14,8
145		126	01:51:13	Nickel, Lothar	3794		Herzebrock-Clarholz	1954	7	M55	05:16,2
146	W	20	01:51:24	Pries, Elke	3974		Erlar Sportgemeinschaft	1958	4	W50	05:16,7
147		127	01:51:36	Schwendner, Robert	3879		AES1	1974	17	M35	05:17,3
148		128	01:51:36	Lögters, Dirk	3771		AES1	1977	12	M30	05:17,3
149	W	21	01:51:38	Weinreich, Claudia	3962		Herdecke an der Ruhr	1966	6	W40	05:17,4
150		129	01:51:44	Schrader, Willi	3875		LG Theater Essen	1944	5	M65	05:17,7
151		130	01:51:47	Molsich, Jürgen	3788		Bochum	1967	25	M40	05:17,8
152		131	01:51:57	Ademes, Jochen	3553		Heiligenhaus bei Velbert	1969	26	M40	05:18,3
153		132	01:52:02	Wiecorek, Wolfgang	3507		Marl	1963	27	M45	05:18,5
154		133	01:52:15	Trippe, Wolfgang	3990		Dorsten	1957	25	M50	05:19,1
155		134	01:52:22	Grävenstein, Lutz	3667		LC Duisburg	1969	27	M40	05:19,5
156		135	01:52:26	Godesar, Achim	3662		Immeo Wohnen Running T	1964	28	M45	05:19,7
157		136	01:52:36	Rottler, Thomas	3866		Essen Ruhr	1973	18	M35	05:20,1
158		137	01:52:46	Rudolph, Dieter	3867		Mülheim an der Ruhr	1957	26	M50	05:20,6
159		138	01:53:03	Paulfeuerborn, Arnd	3852		SG Essen Heisingen 1887	1964	29	M45	05:21,4
160		139	01:53:27	Drewitz, Piet	3593		Essen Ruhr	1948	4	M60	05:22,6
161	W	22	01:53:36	Hild, Regina	3993		Adler-Langlauf Bottrop	1956	5	W50	05:23,0
162	W	23	01:53:36	Theis-Dorigi, A.	3972		Adler-Langlauf Bottrop	1952	2	W55	05:23,0
163		140	01:53:39	Kroffke, Robert	3761		TV Datteln 09	1958	27	M50	05:23,1
164		141	01:53:44	Möller, Jürgen	3786		Team Erdinger Alkoholfrei	1965	30	M45	05:23,4
165		142	01:53:46	Haasler, Detlef	3672		Recklinghausen	1957	28	M50	05:23,5
166		143	01:53:51	Schal, Manfred	3510		TVE Bad Münstereifel	1946	5	M60	05:23,7
167		144	01:53:51	Halfmeier, Thomas	3674		TV 1884 Lauffreunde	1966	28	M40	05:23,7
168		145	01:54:10	Meithner, Stephan	3782		Herne	1984	8	MHK	05:24,6



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Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
169		146	01:54:19	Krause, Joachim	3759		Team Rakete	1966	29	M40	05:25,0
170	W	24	01:54:19	Krause, Martina	3758		Team Rakete	1967	7	W40	05:25,0
171	W	25	01:54:35	Priester, Sandra	3856		VfL Gladbeck FunRunner	1972	4	W35	05:25,8
172		147	01:54:37	Bahr, Peter	3561		VfL Gladbeck FunRunner	1964	31	M45	05:25,9
173		148	01:54:55	Jakobus, Klaus	3689		VfL Gladbeck FunRunner	1966	30	M40	05:26,7
174		149	01:54:56	Aust, Volker	3560		Bottrop	1962	32	M45	05:26,8
175		150	01:55:07	Betka, Andreas	3568		VfL Gladbeck FunRunner	1961	33	M45	05:27,3
176		151	01:55:08	Thormann, Dominik	3953		Herne	1982	9	MHK	05:27,3
177		152	01:55:13	Telle, Norbert	3951		Oberhausen	1954	8	M55	05:27,6
178	W	26	01:55:14	Mügge-Bartolovic, Vera	3790		Düsseldorf	1976	2	W30	05:27,6
179		153	01:55:19	Beoff, Peter	3522		VfL Gladbeck	1952	9	M55	05:27,9
180		154	01:55:31	Gehrke, Wolfgang	3655		Dortmund	1958	29	M50	05:28,4
181		155	01:55:34	Bankowski, Friedrich	3521		Erlar Sportgemeinschaft	1957	30	M50	05:28,6
182		156	01:55:38	Breling, Tom	3582		Fun Runner VfL Gladbeck	1967	31	M40	05:28,8
183	W	27	01:55:47	Oeynhaus, Sabine	3798		TV Horst-Emscher	1950	1	W60	05:29,2
184		157	01:56:00	Egeling, Stefan	3596		Gladbeck	1976	13	M30	05:29,8
185		158	01:56:26	Fengler, Rüdiger	3599		Adler Langlauf Bottrop	1951	10	M55	05:31,0
186		159	01:56:41	Reclik, Volker	3861		Gladbeck	1970	32	M40	05:31,8
187		160	01:56:41	Koch, Thomas	3751		Gladbeck	1963	34	M45	05:31,8
188		161	01:56:42	Breßer-Barnebeck, Peter	3583		Fun Runner VfL Gladbeck	1958	31	M50	05:31,8
189	W	28	01:56:52	Stockebrandt, Elke	3889		Erlar-Sportgemeinschaft	1958	6	W50	05:32,3
190		162	01:57:02	Ullrich, Michael	3956		GFC Gladbeck	1970	33	M40	05:32,7
191	W	29	01:57:13	Dusza, Birgit	3595		Fun Runner VfL Gladbeck	1966	8	W40	05:33,3
192	W	30	01:57:22	Kramer, Sabine	3998		LT Guido Alt-Marl	1969	9	W40	05:33,7
193		163	01:57:23	Pretz, Günter	3503		LT Guido Alt-Marl	1971	19	M35	05:33,7
194		164	01:57:30	Müller, Frank	3791		RammsteinRunner	1961	35	M45	05:34,1
195		165	01:57:37	Schacht, Björn	3869		Gladbeck	1974	20	M35	05:34,4
196		166	01:57:38	Brauneisser, Uwe	3526			1957	32	M50	05:34,5
197		167	01:57:38	Spitzer, Jürgen	3887		Frührentner	1955	11	M55	05:34,5
198		168	01:57:50	Möller, Michael	3787		Gelsenkirchen	1964	36	M45	05:35,0
199	W	31	01:58:00	Kummer, Jeannette	3763		SuS Schalke 96	1978	3	W30	05:35,5
200		169	01:58:12	Scherff, Rainer	3871		Tönisvorst	1957	33	M50	05:36,1
201		170	01:58:18	Bärenwald, Horst	3562		Essen Ruhr	1954	12	M55	05:36,3
202	W	32	01:58:28	Mack, Dunja	3775		Bottrop	1973	5	W35	05:36,8
203	W	33	01:59:09	Winterhagen, Roswitha	3963		aktiv55plus	1950	2	W60	05:38,8
204		171	01:59:13	Pinkawa, Adrian	3855		Bottrop	1977	14	M30	05:39,0
205	W	34	01:59:14	Knoppe, Eva	3520		Rhader Raketen	1970	10	W40	05:39,0
206	W	35	01:59:19	Bertram, Maria	3567		LT-Alsdorf Ost	1946	3	W60	05:39,2
207		172	01:59:21	Bertram, Rolf	3566		LT-Alsdorf Ost	1947	6	M60	05:39,3
208		173	01:59:26	Lorse, Udo	3772		Adler Langlauf Bottrop	1954	13	M55	05:39,6
209	W	36	01:59:44	Fritz, Sandra	3651		TV Walsum-Aldenrade	1972	6	W35	05:40,4
210	W	37	02:00:00	Caesar, Monika	3587		Waltroper LC	1964	4	W45	05:41,2
211	W	38	02:00:10	Senger, Claudia	3884		TV Hasperbach	1964	5	W45	05:41,7
212		174	02:00:10	Böcker, Frank	3578		TV Hasperbach	1961	37	M45	05:41,7
213		175	02:00:20	Borchert, Norbert	3517		Erlar Sportgemeinschaft	1960	34	M50	05:42,1
214		176	02:00:39	Püllmann, Hans-Günter	3859		Gelsenkirchen	1961	38	M45	05:43,0
215		177	02:01:39	Hohenberg, Achim	3682		LT Rhein Herne Kanal 1988	1958	35	M50	05:45,9
216		178	02:01:39	Holtkamp, Peter	3684		Bottrop	1960	36	M50	05:45,9
217		179	02:02:42	Kühn, Achim	3762		LT Rhein Herne Kanal 1988	1954	14	M55	05:48,9
218		180	02:02:56	Hudspeth, Tony	3975		Simmerath	1963	39	M45	05:49,5
219		181	02:02:59	Meithner, Christian	3781		Herne	1979	15	M30	05:49,7
220		182	02:04:24	Koch, Jürgen	3980		LC Waltrop	1939	1	M70	05:53,7
221	W	39	02:04:39	Letzel, Beate	3769		VfL Gladbeck FunRunner	1962	6	W45	05:54,4
222		183	02:04:53	Egerland, Stefan	3597		Wattenscheid	1963	40	M45	05:55,1
223		184	02:05:32	Kollakowski, Christian	3754		Mönchengladbach	1985	10	MHK	05:56,9
224		185	02:06:24	Blasey, Jürgen	3574		Dorsten	1965	41	M45	05:59,4



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Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
225	W	40	02:06:33	Borchert, Karin	3516		Erler Sportgemeinschaft	1961	7	W45	05:59,8
226		186	02:07:35	Iken, Jens	3687		LG IGC Dortmund	1968	34	M40	06:02,7
227		187	02:08:16	Wichmann, Andreas	3525		VFL Gla	1964	42	M45	06:04,7
228		188	02:08:31	Wurm, Wolfgang	3970		Marathongruppe Rinteln	1936	2	M70	06:05,4
229	W	41	02:09:20	Middelhoff, Alexandra	3785		Dorsten	1971	7	W35	06:07,7
230		189	02:09:55	Bille, Dirk	3571		Hagen	1970	35	M40	06:09,4
231	W	42	02:10:03	Ortmann, Monika	3995		VfL Gladbeck	1963	8	W45	06:09,8
232		190	02:10:48	Brechmann, Arnd	3581		BSG Sparkasse Essen	1964	43	M45	06:11,9
233	W	43	02:11:24	Schwendner, Denise	3880		AES1	1975	8	W35	06:13,6
234	W	44	02:12:24	Grawe, Heike	3669		BSG Barmenia Versicherun	1961	9	W45	06:16,4
235		191	02:12:38	Nowak, Adolf	3994		LF Buer	1939	3	M70	06:17,1
236		192	02:12:56	Schüller, Markus	3877		BSG Barmenia Wuppertal	1967	36	M40	06:18,0
237	W	45	02:13:57	Osthoff, Gudrun	3800		TV Hasperbach	1959	7	W50	06:20,9
238	W	46	02:14:17	Zilla, Christiane	3965		Gladbeck	1956	8	W50	06:21,8
239	W	47	02:17:21	van Wickern, Barbara	3991		Hamburg	1959	9	W50	06:30,5
240	W	48	02:18:49	Biehl, Regina	3569		LT Prosper-Haniel	1962	10	W45	06:34,7
241		193	02:18:57	Browning, Laurence	3518		Rhader Raketen	1946	7	M60	06:35,1
242		194	02:19:08	Grawe, Walter	3668		BSG Barmenia Versicherun	1950	8	M60	06:35,6
243		195	02:20:46	Gemmel, Michael	3657		Gladbeck	1981	11	MHK	06:40,2
244	W	49	02:20:56	Börger, Annegret	3579		TV Walsum-Aldenrade	1955	3	W55	06:40,7
245	W	50	02:21:41	Bloch, Bernarde	3577		LT Prosper-Haniel	1962	11	W45	06:42,8
246	W	51	02:21:43	Görge, Ulrike	3663		TV Hasperbach	1962	12	W45	06:43,9



Platz	StNr	Staffel	Zeit	Min/Km
1	1977	Handwekskollektiv Martin Bolin, Peter Bollin, Fabio La Pillo, Jo Carsten Trier	01:40:10.1	04:44,8
1	1980	Rehasportverein mein persönliches Come back Sabine Kinter, Hagen Seeger, Susanne Selmikat, Melitta Wolf	02:07:02.6	06:01,2