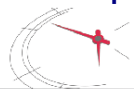




Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
1		01:19:05	1142	Saadani, Abdellah		ESV Münster	1967	1	M35	03:44,8
2		01:20:11	1201	Gritzan, Guido		LT Marathon Reken	1965	1	M40	03:48,0
3		01:20:15	1212	Claeges, Michael		TSV Hochdahl	1964	2	M40	03:48,1
4		01:20:30	1003	Baudek, Gerald		SG Suderwich	1966	3	M40	03:48,9
5		01:20:42	1056	Häubl, Stephan		VfL Gladbeck	1968	2	M35	03:49,4
6		01:20:55	1263	Cam, Sefai		TUSEM Essen	1973	1	M30	03:50,0
7		01:21:39	1222	Vennebusch, Mario		SC Westfalia 04 Herne	1977	1	MHK	03:52,1
8		01:24:12	1250	Dörner, Dr. Udo		Haltern	1969	3	M35	03:59,4
9		01:24:25	1166	Stadie, Rene		TuS 09 Erkenschwick	1981	2	MHK	04:00,0
10		01:24:37	1251	Veldscholten, Dieter		Triathlon-Team-Witten	1954	1	M50	04:00,6
11		01:25:58	1086	Knappe, Jörg		DJK VFR Saarn	1966	4	M40	04:04,4
12		01:26:13	1124	Peter, Detlev		LC Duisburg	1965	5	M40	04:05,1
13		01:26:13	1230	Jungbluth, Martin		Dorsten	1975	2	M30	04:05,1
14		01:26:28	1083	Klamrowski, Mieczyslaw		LG-Deiringsen	1958	1	M45	04:05,8
15		01:26:39	1075	Josten, Olaf		LG Mülheim	1961	2	M45	04:06,3
16		01:27:35	1274	Louis, Hartmut		Wuppertal	1960	3	M45	04:09,0
17		01:28:37	1080	Karst, Michael		FC Schalke 04	1962	6	M40	04:12,9
18		01:28:58	1068	Holstein, Dirk		LGO Bochum	1964	7	M40	04:13,9
19		01:29:23	1004	Beckmann, Markus		Adler Langlauf Bottrop	1965	8	M40	04:14,1
20		01:29:34	1050	Haberzeth, Udo		VfL Gladbeck	1961	4	M45	04:14,6
21		01:29:46	1136	Rieger, Werner		VfL Gladbeck Fun Runner	1954	2	M50	04:15,2
22		01:29:57	1002	Bader, Dirk		VfL Gladbeck	1968	4	M35	04:15,7
23		01:30:35	1045	Göktas, Nihat	TÜR	Gelsenkirchen	1976	3	M30	04:17,5
24		01:30:56	1209	Scharrenberg, Ulrich		TSV Hochdahl	1948	1	M55	04:18,5
25		01:31:08	1074	Jordan, Jürgen		SV Gladbeck 13	1953	3	M50	04:19,1
26		01:31:16	1253	Wronna, Holger		SuS Schalke 96	1971	5	M35	04:19,5
27		01:31:20	1094	Kübler, Wolfgang		Adler Langlauf Bottrop	1949	2	M55	04:19,7
28		01:31:24	1214	Binder, Michael		Essen	1980	3	MHK	04:19,9
29		01:32:10	1194	Witteler, Norbert		LT Rheine Kanal 1988	1953	4	M50	04:22,0
30		01:32:35	1204	Igelbusch, Arnd		Adler Langlauf Bottrop	1968	6	M35	04:23,2
31		01:32:59	1105	Maaß, Andre		DJK Elmar Kohlscheid	1967	7	M35	04:24,4
32		01:33:16	1150	Schmidtmann, Ralf		Bochum	1960	5	M45	04:25,2
33		01:33:24	1161	Seidel, Jürgen		Sparkasse Gladbeck	1956	5	M50	04:25,5
34		01:33:28	1030	Felsenberg, Thomas		VfL Gladbeck	1965	9	M40	04:25,7
35		01:33:30	1176	Teigelkamp, Stefan		Adler Langlauf Bottrop	1972	4	M30	04:25,8
36		01:33:40	1211	Krautmacher, Rolf		Hilden	1961	6	M45	04:26,3
37		01:33:45	1027	Ehresmann, Christoph		TV Voerde 1920	1964	10	M40	04:26,5
38		01:33:58	1223	Burkowski, Peter		SG Suderwich	1958	7	M45	04:27,2
39		01:34:09	1260	Kulot, Holger		WWW.Hertener-Duathlon.d	1968	8	M35	04:27,7
40		01:34:12	1109	Meier, Michael		Gladbeck	1969	9	M35	04:27,8
1	W	01:34:32	1008	Bischoff, Bettina		Adler Langlauf Bottrop	1966	1	W40	04:28,8
41		01:34:37	1236	Roller, Helmut		Lauftreff Recklinghausen	1955	6	M50	04:29,0
42		01:35:06	1168	Stammkötter, Klaus-Pe		Waltrop	1958	8	M45	04:30,4
43		01:35:09	1012	Bork, Thorsten		VfL Gladbeck	1968	10	M35	04:30,5
44		01:35:44	1156	Schulte-Terhusen, Andr		ohne	1959	9	M45	04:32,2
45		01:35:46	1023	Doge, Jochen		SV Gladbeck 13	1945	1	M60	04:32,3
46		01:35:53	1054	Hartleib, Michael		VfL Gladbeck Fun Runner	1962	11	M40	04:32,6
47		01:35:55	1131	Radek, Rolf		FC Schalke 04	1961	10	M45	04:32,7
48		01:35:56	1229	Duits, Wilhelm		Gladbeck	1986	4	MHK	04:32,7
49		01:35:59	1249	Becker, Rainer		Haltern	1986	5	MHK	04:32,9
50		01:36:10	1177	Tenhumberg, Johannes		Gladbeck	1949	3	M55	04:33,4
51		01:36:30	1070	Jägers, Hans-Gerd		VfL Gladbeck	1961	11	M45	04:34,4
52		01:36:37	1188	Webera, Thomas		BSG Sparkasse Essen	1966	12	M40	04:34,7
53		01:36:41	1077	Just, Roland		Gladbeck	1964	13	M40	04:34,9
54		01:37:17	1227	Beyer, Rüdiger		ASC Düsseldorf	1964	14	M40	04:36,6
55		01:37:18	1034	Flanz, Paul		ohne	1961	12	M45	04:36,6
2	W	01:37:21	1088	Kordel, Bernardina	ITA	Adler Langlauf Bottrop	1958	1	W45	04:36,8
56		01:37:22	1258	Sontag, Thomas		SuS Bertlich	1961	13	M45	04:36,8



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Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
57		01:37:24	1254	Dannowski, Dirk		SuS Schalke 96	1963	15	M40	04:36,9
58		01:37:25	1180	Ulbrich, Christoph		Bundeswehr / Coesfeld	1986	6	MHK	04:37,0
59		01:37:30	1134	Richter, Michael		GHH Radsatz	1962	16	M40	04:37,2
60		01:37:30	1020	Demant, Andreas		N8Jogger	1973	5	M30	04:37,2
61		01:37:45	1198	Zilla, Jörg		VfL Gladbeck	1965	17	M40	04:37,9
62		01:37:57	1202	Mayer, Reiner		Heiligenhaus	1964	18	M40	04:38,5
63		01:37:59	1264	Kuhn, Christopher		Gladbeck	1986	7	MHK	04:38,6
64		01:38:03	1042	Geib, Joachim		DJK Germania Gladbeck	1961	14	M45	04:38,8
65		01:38:05	1001	Abel, Uli		LT Rheine Kanal 1988	1959	15	M45	04:38,9
66		01:38:07	1220	Fechtrup, Christian		Active Münster	1961	16	M45	04:39,0
67		01:38:17	1224	Osadnik, Klaus		Bochum	1960	17	M45	04:39,4
68		01:38:49	1090	Koßmann, Reinhard		Bochum	1962	19	M40	04:41,9
69		01:38:50	1133	Rensinghoff, Dieter		Viermärker Dortmund	1954	7	M50	04:41,0
70		01:38:53	1007	Bergermann, Ludger		VfL Gladbeck Fun Runner	1956	8	M50	04:41,1
71		01:39:01	1046	Gossen, Roland		Todo-Team-Bottrop	1955	9	M50	04:41,5
72		01:39:01	1273	Elsner, Gerhard		TV Werne 03	1955	10	M50	04:41,5
73		01:39:04	1252	Altrath, Michael		Gevelsberg	1956	11	M50	04:41,7
74		01:39:12	1242	Michel, Rainer		TV Hasslinghausen	1960	18	M45	04:42,0
75		01:39:21	1186	Waltz, Ulysses		Düsseldorf	1975	6	M30	04:42,5
76		01:39:43	1116	Musielak, Jürgen		Gladbeck	1960	19	M45	04:43,5
77		01:39:49	1009	Blotenberg, Carsten		Essen-Freisenbruch	1970	11	M35	04:43,8
78		01:39:49	1065	Hoch, Norbert		LT-Union	1955	12	M50	04:43,8
79		01:40:02	1141	Rudolph, Dieter		Mülheim-Ruhr	1957	20	M45	04:44,4
80		01:40:06	1026	Dronia, Jörg		VfL Gladbeck	1969	12	M35	04:44,6
81		01:41:09	1115	Müller, Jörg		Sparkasse Bottrop	1966	20	M40	04:47,6
82		01:41:19	1095	Kuckhermann, Friedrich		Adler Langlauf Bottrop	1945	2	M60	04:48,1
83		01:41:25	1084	Kliche, Udo		Laufen-in-Lüdo.de	1968	13	M35	04:48,3
84		01:41:29	1128	Polster, Thomas		SuS Bertlich	1964	21	M40	04:48,5
85		01:41:43	1011	Böhm, Hans-Peter		Marl	1961	21	M45	04:49,2
3	W	01:42:01	1207	Gevers, Petra		Adler Langlauf Bottrop	1968	1	W35	04:50,0
86		01:42:08	1073	Jendral, Holger		SuS Bertlich	1962	22	M40	04:50,4
87		01:42:19	1184	Wagner, Kai		Oberhausen	1965	23	M40	04:50,9
88		01:42:25	1033	Fischer, Jürgen		City-Runners-Brauck	1957	22	M45	04:51,2
89		01:42:33	1232	Herzog, Jörg		DJK Adler 07 Bottrop	1968	14	M35	04:51,6
90		01:42:38	1085	Kloß, Lothar		LT-Union	1957	23	M45	04:51,8
4	W	01:42:48	1140	Routaboul de Brüchert-	ARG	PV Triathlon Witten	1975	1	W30	04:52,3
91		01:42:56	1139	Rosberger, Dirk		Gelsenkirchen	1966	24	M40	04:52,7
92		01:43:22	1270	Gerard, Klaus		BSG Sparkasse Essen	1960	24	M45	04:53,9
93		01:43:25	1221	Strugar, Waldemar		Bottrop	1960	25	M45	04:54,0
94		01:43:36	1102	Liebich-Eisele, Georg		Gladbeck	1959	26	M45	04:54,5
95		01:43:51	1157	Schulz, Michael		FC Gladbeck	1965	25	M40	04:55,3
5	W	01:43:53	1126	Pfefferkorn, Paula		SV FS Rossendorf	1973	2	W30	04:55,4
96		01:44:02	1096	Kuhlmann, Gregor		Oberhausen	1961	27	M45	04:55,8
97		01:44:04	1248	Przypadzo, Jan		Essen	1959	28	M45	04:55,9
98		01:44:06	1037	Flume, Karl-Heinz		Viermärker Dortmund	1947	4	M55	04:56,0
6	W	01:44:18	1106	Magerkurth, Sarah		Kemnade Lake Runners	1965	2	W40	04:56,5
99		01:44:42	1063	Hermanowski, Ulrich		Sparkasse Gladbeck	1957	29	M45	04:57,7
100		01:44:50	1066	Hoffmann, Peter		Adler Langlauf Bottrop	1956	13	M50	04:58,1
101		01:44:57	1060	Henkel, Thomas		Gladbeck	1966	26	M40	04:58,4
102		01:45:05	1082	Kieslers, Dirk		Gladbeck	1967	15	M35	04:58,8
103		01:45:14	1276	Raith, Matthias		Gladbeck	1950	5	M55	04:59,2
104		01:45:50	1192	Wichmann, Andreas		VfL Gladbeck	1964	27	M40	05:00,9
105		01:45:51	1122	Paulukat, Ralf		Lauftreff Pewe	1964	28	M40	05:01,9
106		01:46:01	1174	Surmund, Christian		LG Mülheim	1967	16	M35	05:01,4
107		01:46:06	1016	Brunngraber, Uwe		Gladbeck	1961	30	M45	05:01,7
108		01:46:09	1081	Kiedel, André		Buer-Bülse	1973	7	M30	05:01,8
109		01:46:14	1215	Tack, Peter		BSG Sparkasse Essen	1962	29	M40	05:02,0
110		01:46:16	1266	Bankoski, Friedrich		Gelsenkirchen	1957	31	M45	05:02,1



Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
111		01:46:16	1268	Rueter, Reinhard		Gelsenkirchen	1955	14	M50	05:02,1
112		01:46:22	1151	Schneider, Frank		VfL Gladbeck Fun Runner	1963	30	M40	05:02,4
113		01:46:23	1210	Kruck, Leo		TUSEM Essen	1950	6	M55	05:02,5
114		01:46:28	1169	Standfuß, Andreas		Recklinghausen	1962	31	M40	05:02,7
115		01:46:30	1228	Kellerhaus, Hans-Jürgen		Lauffaul Bottrop	1963	32	M40	05:02,8
116		01:46:32	1005	Behrens, Joachim		Power Sports Münster	1961	32	M45	05:02,9
117		01:46:35	1213	Mattelé, Klaus		Bochum	1961	33	M45	05:03,0
118		01:46:36	1097	Kühn, Achim		LT Rheine Kanal 1988	1954	15	M50	05:03,1
119		01:46:38	1135	Rickert, Ronald		VfL Gladbeck Fun Runner	1970	17	M35	05:03,2
120		01:47:06	1148	Schlepper, Dirk		Essener Skiklub	1969	18	M35	05:04,5
121		01:47:09	1013	Breling, Tom		BP Running Team GE	1967	19	M35	05:04,6
122		01:47:10	1018	Czerwonka, Udo		LT-Union	1954	16	M50	05:04,7
123		01:47:10	1154	Schröder, Martin		Gelsenkirchen	1967	20	M35	05:04,7
124		01:47:18	1196	Ziemann, Marcus		Kemnade Lake Runners	1972	8	M30	05:05,1
125		01:47:25	1117	Nagorski, Ulrich		Herne	1960	34	M45	05:05,4
126		01:47:29	1015	Brößkamp, Dr. Marcus		Münster	1961	35	M45	05:05,6
127		01:47:50	1147	Schiller, Markus		Lauffreunde Buer	1977	8	MHK	05:06,6
128		01:47:59	1205	Seifritz, Steffen		Gladbeck	1970	21	M35	05:07,0
129		01:48:05	1051	Hadem, Uwe		Marathon Mülheim	1954	17	M50	05:07,3
130		01:48:35	1162	Selke, Ernst		Bottrop	1964	33	M40	05:08,7
131		01:48:56	1039	Frank, Marcus		LT Rheine Kanal 1988	1968	22	M35	05:09,7
132		01:49:13	1152	Schrader, Willi		LG Theater Essen	1944	3	M60	05:10,5
133		01:49:27	1271	Albracht, Markus		VfL Gladbeck Fun Runner	1969	23	M35	05:11,2
134		01:49:29	1072	Jakobus, Klaus		VfL Gladbeck Fun Runner	1966	34	M40	05:11,3
135		01:49:31	1087	Koch, Thomas		Gladbeck	1963	35	M40	05:11,4
136		01:50:40	1041	Garczarek, Andreas		Gladbeck	1971	24	M35	05:14,6
7	W	01:50:43	1206	Fleischer, Sylvia		Adler Langlauf Bottrop	1968	2	W35	05:14,8
137		01:50:51	1125	Peters, Thomas		VfL Gladbeck	1964	36	M40	05:15,2
138		01:51:05	1111	Modrow, Harald		Oer-Erkenschwick	1955	18	M50	05:15,8
139		01:51:21	1067	Hohenberg, Achim		LT Rheine Kanal 1988	1958	36	M45	05:16,6
8	W	01:51:21	1153	Schramm, Alexandra		Marketing Runners	1969	3	W35	05:16,6
140		01:51:24	1218	Harms, Philipp		Wuppertal	1977	9	MHK	05:16,7
141		01:51:24	1053	Harms, Florian		Wuppertal	1979	10	MHK	05:16,7
142		01:51:32	1120	Parlisi, Miguel Carlos		BP Running Team GE	1961	37	M45	05:17,1
9	W	01:51:36	1029	Ewens, Susanne		LT Insoy Dorsten	1968	4	W35	05:17,3
143		01:51:37	1110	Meistererst, Ralf		Kemnade Lake Runners	1961	38	M45	05:17,3
144		01:52:10	1048	Gotzian, Peter		Lauftreff Kaltehardt	1964	37	M40	05:18,9
145		01:52:10	1130	Poth, Hartmut		Kirchenlauftreff Kaltehardt	1965	38	M40	05:18,9
146		01:52:45	1040	Gaida, Norbert		Dinslaken	1972	9	M30	05:20,6
147		01:52:50	1265	Hamm, Peter		Gelsenkirchen	1952	19	M50	05:20,8
148		01:52:51	1243	Pick, Fabian		LT Injoy Dorsten	1985	11	MHK	05:20,9
149		01:52:52	1159	Schwöbken, Sven		Gelsenkirchen	1990	1	MJugB	05:20,9
150		01:53:04	1165	Sollanek, Achim		Gelsenkirchen	1966	39	M40	05:21,5
151		01:53:29	1259	Beisenbusch, Johannes		Dorstener TC	1959	39	M45	05:22,7
152		01:53:30	1017	Cremer, Wolfram		TC Rechen Bochum	1963	40	M40	05:22,7
153		01:53:33	1025	Drolc, Berni		VfL Gladbeck Fun Runner	1951	7	M55	05:22,8
154		01:53:37	1104	Löffler, Bernd		Der Einsame Wolf	1956	20	M50	05:23,0
155		01:53:42	1119	Olszewski, Dieter		Dorsten	1951	8	M55	05:23,3
156		01:53:49	1112	Mols, Andreas		Bottrop	1963	41	M40	05:23,6
10	W	01:53:53	1277	Reimann, Sigrid		TuS Hattingen	1963	3	W40	05:23,8
157		01:54:12	1108	Max, Michael		Event Sailing	1960	40	M45	05:24,7
158		01:54:34	1155	Schulteis, Thomas		Gladbeck	1975	10	M30	05:25,7
159		01:54:38	1062	Hermann, Michael		Bottrop	1966	42	M40	05:26,9
160		01:54:42	1217	Wurm, Wolfgang		Marathongruppe Rinteln	1936	1	M70	05:26,1
11	W	01:54:44	1173	Strauss, Petra		Ski-Club Gladbeck	1968	5	W35	05:26,2
161		01:54:48	1123	Peter, Ronald		HLG 98 Wuppertal	1960	41	M45	05:26,4
162		01:54:57	1178	Trippe, Dr. Wolfgang		Dorsten	1957	42	M45	05:26,8
163		01:55:09	1069	Ingendorfn, Andreas		Gladbeck	1986	12	MHK	05:27,4



Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
164		01:56:00	1079	Kaniewski, Markus		Pieper-Freizeit.de	1963	43	M40	05:29,8
165		01:56:13	1238	Huttny, Peter		Gladbeck	1976	11	M30	05:30,4
166		01:56:21	1057	Heid, Harald		Laufgemeinschaft Theater I	1959	43	M45	05:30,8
167		01:56:22	1058	Hein, Werner		VfL Gladbeck	1946	4	M60	05:30,9
12	W	01:56:28	1132	Reichmann, Birgit		Gladbeck	1962	4	W40	05:31,1
13	W	01:56:31	1189	Weist, Bettina		VfL Gladbeck	1968	6	W35	05:31,3
168		01:56:37	1167	Stahlhut, Rüdiger		Sparkasse Gladbeck	1956	21	M50	05:31,6
169		01:56:39	1100	Laacks, Georg		Joschkas Erben	1953	22	M50	05:31,7
170		01:56:41	1226	Pikorz, Klaus		Gladbeck	1936	2	M70	05:31,8
171		01:57:08	1144	Scharfenberg, Siegfried		Essen	1961	44	M45	05:33,0
172		01:57:11	1200	Wittsieker, Ralf		Essen	1961	45	M45	05:33,2
14	W	01:57:34	1113	Mols, Martina		Bottrop	1971	7	W35	05:34,3
173		01:57:35	1163	Siefert, Manfred		SGBR Bocholt	1956	23	M50	05:34,3
15	W	01:57:54	1247	Hermann, Anne		VfL Gladbeck	1968	8	W35	05:35,2
174		01:57:58	1269	Meis, Bernd		Gladbeck	1955	24	M50	05:35,4
175		01:58:00	1098	Kulpa, Dieter		Bottrop	1956	25	M50	05:35,5
176		01:58:56	1175	Sußmann, Carsten		Gelsenkirchen	1969	25	M35	05:38,1
177		01:59:11	1275	Baumeister, Uwe		Gladbeck	1957	46	M45	05:38,9
16	W	01:59:14	1019	Czerwonka, Gabriele		LT-Union	1957	2	W45	05:39,0
178		01:59:17	1239	Stein, Wolfgang		Spiridon Haltern	1961	47	M45	05:39,1
179		01:59:30	1055	Hartung, Klaus		VfL Gladbeck	1952	26	M50	05:39,8
17	W	01:59:42	1244	Hiltrop, Silvia		Haltern	1968	9	W35	05:40,3
18	W	02:00:06	1043	Gerhards, Anne		LT Issum Turboschnecken	1961	3	W45	05:41,5
19	W	02:00:06	1059	Helmes, Karin		LT Issum Turboschnecken	1958	4	W45	05:41,5
180		02:00:51	1024	Drewitz, Piet		Essen	1948	9	M55	05:43,6
181		02:01:05	1255	Lauff, Peter		Dortmund	1968	26	M35	05:44,3
182		02:01:12	1044	Germeroth, Ludger		Bottrop	1964	44	M40	05:44,6
183		02:01:13	1006	Berger, Detlef		Gladbeck	1964	45	M40	05:44,6
184		02:01:19	1127	Placzek, Peter		Gladbeck	1958	48	M45	05:45,9
185		02:01:31	1014	Brenner, Marco		Bottrop	1969	27	M35	05:45,5
20	W	02:01:34	1193	Wiethoff, Petra		Spiridon Haltern	1966	5	W40	05:45,6
186		02:01:45	1076	Jung, Klaus		VfL Gladbeck Fun Runner	1952	27	M50	05:46,2
187		02:02:50	1010	Böhle, Gerd		TG 1884 Bochum	1940	1	M65	05:49,2
188		02:03:07	1233	Hartmann, Hans-Jürgen		Bottrop	1961	49	M45	05:50,0
21	W	02:03:31	1245	Löbbert, Bärbel		DJK Lavesum	1971	10	W35	05:51,2
189		02:03:47	1267	Spanel, Willi		Gelsenkirchen	1986	13	MHK	05:52,9
190		02:03:53	1240	Paske, Günther		Lauftreff TuS Haltern	1986	14	MHK	05:52,2
22	W	02:03:53	1241	Paske, Magdalene		Lauftreff TuS Haltern	1956	1	W50	05:52,2
23	W	02:04:40	1064	Heuer, Heike		Hagen	1967	11	W35	05:54,5
191		02:04:42	1199	Zurawski, Peter		Gelsenkirchen	1956	28	M50	05:54,5
192		02:04:59	1022	Doeing, Winfried		DJK Olympia Bottrop	1957	50	M45	05:55,4
193		02:05:15	1190	Wenzing, Kurt		Gladbeck	1938	2	M65	05:56,1
194		02:05:26	1049	Graw, Udo		SV Langendreer 04	1964	46	M40	05:56,6
195		02:05:47	1032	Fielitz, Hans-Udo		Mülheim	1961	51	M45	05:57,6
196		02:05:50	1256	Buchwald, Christoph		Herten	1965	47	M40	05:57,8
197		02:06:00	1145	Scharnowski, Werner		Lauftreff Schillerwiese Esse	1962	48	M40	05:58,2
24	W	02:06:05	1237	Gembiak, Gudrun		Gelsenkirchen	1968	12	W35	05:58,5
198		02:06:25	1246	Hohenhorst, Klaus		NRW.BANK	1958	52	M45	05:59,4
199		02:06:57	1138	Ropertz, Andreas		Dortmund	1967	28	M35	06:01,9
200		02:06:58	1093	Krüger, Ludger		Herne	1965	49	M40	06:01,0
201		02:07:27	1038	Fockenberg, Egon		Sparkasse Bottrop	1949	10	M55	06:02,4
202		02:07:50	1225	Ferner, Martin		Essen	1967	29	M35	06:03,5
203		02:08:11	1235	Woettke, Gerd		Hamburg	1954	29	M50	06:04,5
25	W	02:08:54	1170	Starx, Silvia		Bochum	1965	6	W40	06:06,5
204		02:08:54	1272	Fuelling, Rolf-Peter		VfL Gladbeck	1947	11	M55	06:06,5
205		02:10:07	1071	Jägers, Julian		VfL Gladbeck	1989	2	MJugB	06:10,0
26	W	02:11:02	1182	Vadder, Anke		Blau Weiss Barkenberg	1966	7	W40	06:12,6
206		02:11:04	1203	Browning, Laurence		Dorsten-Rhade	1946	5	M60	06:12,7

Gladbecker Sparkassenlauf



21.1 KM
Sonntag, 20. Aug. 2006
VfL Gladbeck

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Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
207		02:11:12	1103	Löbbecke, Martin		Gladbeck	1963	50	M40	06:13,0
27	W	02:11:22	1021	Detampel, Heike		Gladbeck	1960	5	W45	06:13,5
208		02:11:38	1099	Kupilas, Wolfgang		AWG-Wiesenstraße	1951	12	M55	06:14,3
28	W	02:12:06	1143	Saba, Helga		Gelsenkirchen	1954	2	W50	06:15,6
29	W	02:12:36	1216	Tack, Elfriede		BSG Sparkasse Essen	1961	6	W45	06:17,0
30	W	02:15:28	1191	Wichmann, Christa		VfL Gladbeck	1958	7	W45	06:25,2
31	W	02:15:29	1035	Fleiß, Heike		VfL Gladbeck	1971	13	W35	06:25,2
32	W	02:15:29	1261	Reichel, Kerstin		Marl	1970	14	W35	06:25,2
209		02:15:29	1262	Reichel, Michael		Marl	1966	51	M40	06:25,2
210		02:15:48	1047	Gottlieb, Peter		Gladbeck	1958	53	M45	06:26,1
33	W	02:16:26	1121	Pasdzior, Edeltraud		Gelsenkirchen	1959	8	W45	06:27,9
211		02:17:01	1036	Floss, Peter		Gelsenkirchen	1955	30	M50	06:29,6
212		02:17:01	1137	Rönne, Jürgen		Gelsenkirchen	1965	52	M40	06:29,6
34	W	02:17:25	1197	Zilla, Christiane		Adler Langlauf Bottrop	1956	3	W50	06:30,7
35	W	02:18:08	1149	Schlütter, Marie-Luise		TV Bocholt	1960	9	W45	06:32,7
36	W	02:21:13	1078	Just, Angelika		Gladbeck	1970	15	W35	06:41,5
213		02:25:37	1231	van der Walle, Thomas		Bocholt	1979	15	MHK	06:54,0



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Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
1		00:36:26	1465	Kott, Georg		TuS Scharnhorst	1961	1	M45	03:38,6
2		00:36:31	1557	Böde, Klaus		Triathlon Team Witten	1968	1	M35	03:39,1
3		00:37:14	1589	Ablass, Marko		Oberhausen	1979	1	MHK	03:43,4
4		00:37:31	1598	Warszawski, Henryk		Gelsenkirchen	1955	1	M50	03:45,1
5		00:38:19	1405	Becher, Johannes		Adler Langlauf Bottrop	1968	2	M35	03:49,9
6		00:38:21	1479	Mecking, Karlheinz		SV Lembeck	1962	1	M40	03:50,1
7		00:38:52	1549	Wulbrand, Hanno		VfL Gladbeck	1982	2	MHK	03:53,2
8		00:38:54	1429	Funck, Rolf		LT TUS Mondorf	1958	2	M45	03:53,4
9		00:38:55	1571	Plaschke, Gerhard		LG Deiringsen	1952	2	M50	03:53,5
10		00:38:58	1280	Papenfuß, Jürgen		SV Gladbeck 13	1963	2	M40	03:53,8
1	W	00:39:35	1486	Möllensiep, Sybille		SuS Schalke 96	1962	1	W40	03:57,5
11		00:39:49	1568	Kuhnke, Lothar		TUSEM Essen	1955	3	M50	03:58,9
2	W	00:39:54	1461	Klostermann, Waltraud		SuS Schalke 96	1960	1	W45	03:59,4
12		00:40:07	1565	Perna, Angelo		Adler Langlauf Bottrop	1969	3	M35	04:00,7
13		00:40:10	1525	Seifert, Michael		TVK 1877 Essen	1972	1	M30	04:01,0
14		00:41:00	1585	Lewe, Christopher		Oer-Erkenschwick	1990	1	MJugB	04:06,0
15		00:41:14	1599	Lochthowe, Michael		Haltern	1971	4	M35	04:07,4
3	W	00:41:48	1488	Musielak, Heike		Gladbeck	1967	1	W35	04:10,8
16		00:41:52	1564	Zimmnau, Werner		Essener LV	1951	1	M55	04:11,2
17		00:42:17	1454	Karst, Fabian		FC Schalke 04	1991	2	MJugB	04:13,7
18		00:42:24	1412	Borowski, Claus		Gelsenkirchen	1969	5	M35	04:14,4
19		00:42:51	1413	Borrasch, Michael		SuS Schalke 96	1958	3	M45	04:17,1
20		00:42:55	1499	Praske, Klaus-Dieter		SuS Schalke 96	1952	4	M50	04:17,5
21		00:43:15	1286	Helmer, Ralf		Herten	1963	3	M40	04:19,5
22		00:43:22	1287	Helmer, Lars		Herne	1966	4	M40	04:20,2
23		00:43:24	1562	Gwozdz, Michael		Hamminkeln	1965	5	M40	04:20,4
24		00:43:45	1478	Maultzsch, Stefan		Schnelle Hinterschinken	1969	6	M35	04:22,5
25		00:43:49	1439	Grundmann, Jan		ohne	1989	3	MJugB	04:22,9
26		00:43:52	1406	Beecker, Werner		LC-Wuppertal	1932	1	M70	04:23,2
27		00:44:29	1567	Volmer, Stefan		Recklinghausen	1967	7	M35	04:26,9
28		00:44:34	1438	Grundmann, Harald		Adler Langlauf Bottrop	1953	5	M50	04:27,4
29		00:45:01	1278	Even, Robin		Schützenverein Rentfort	1988	1	MJugA	04:30,1
30		00:45:31	1535	Szczensky, Andy		Gladbeck	1965	6	M40	04:33,1
31		00:45:37	1526	Steinbach, Benedikt		TV Gladbeck	1990	4	MJugB	04:33,7
32		00:45:43	1477	Matena, Christian		Kemnade Lake Runners	1976	2	M30	04:34,3
33		00:45:44	1581	Bruch, Martin		Eon Kraftwerk Scholven	1966	7	M40	04:34,4
34		00:45:49	1530	Stucki, Ing. Guenter		Adler Langlauf Bottrop	1964	8	M40	04:34,9
4	W	00:45:56	1514	Schmitt, Katharina		Bochum	1986	1	WHK	04:35,6
35		00:45:57	1279	Soboll, Theo		Adler Langlauf Bottrop	1936	2	M70	04:35,7
36		00:45:59	1527	Steinle, Günter		Adler Langlauf Bottrop	1944	1	M60	04:35,9
37		00:46:02	1440	Haase, Michael		Eon Kraftwerk Scholven	1964	9	M40	04:36,2
5	W	00:46:09	1490	Neubauer, Karen		SuS Schalke 96	1964	2	W40	04:36,9
38		00:46:10	1410	Böhle, Martin		SuS Schalke 96	1961	4	M45	04:37,0
6	W	00:46:18	1595	Preuss, Marianne		BSG Springorum Bochum	1956	1	W50	04:37,8
39		00:46:19	1593	Lehmkuhl, Ludger		LC Duisburg	1955	6	M50	04:37,9
40		00:46:26	1579	Bräuer, Michael		EFG Wetter-Kaiserstr.	1960	5	M45	04:38,6
41		00:46:27	1529	Strunk, Martin		Mülheim an der Ruhr	1967	8	M35	04:38,7
42		00:46:30	1288	Langenberg, Dr. Rüdige		Moers	1975	3	M30	04:39,0
43		00:46:49	1547	Wilfinger, Peter		Ski-Club Gladbeck	1963	10	M40	04:40,9
7	W	00:46:56	1411	Böhle, Sabine		SuS Schalke 96	1961	2	W45	04:41,6
44		00:47:12	1466	Kowalzik, Reiner		Gladbeck	1964	11	M40	04:43,2
45		00:47:14	1468	Krebs, Dr. Werner		Mülheim	1962	12	M40	04:43,4
46		00:47:22	1586	Ewertz, Dirk		Laufen-Aktuell.de	1964	13	M40	04:44,2
47		00:47:24	1519	Schulz, Sören		VfL Gladbeck	1961	6	M45	04:44,4
48		00:47:45	1512	Schmidt, Jochen		Bottrop	1965	14	M40	04:46,5
49		00:47:58	1591	Stremmer, Jörg		Bottrop	1968	9	M35	04:47,8
50		00:48:22	1457	Klein, Siegfried		VfB Hüls	1938	1	M65	04:50,2
51		00:48:26	1548	Wirgs, Gregor		SV Gladbeck 13	1966	15	M40	04:50,6



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Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
52		00:48:43	1482	Meinberg, Pascal		FC Horst 1959	1994	5	MJugB	04:52,3
53		00:49:14	1424	Dieckmann, Jörn		Eon Kraftwerk Scholven	1971	10	M35	04:55,4
54		00:49:20	1570	Telljohann, Hendrik		Gelsenkirchen	1991	6	MJugB	04:56,0
55		00:49:21	1446	Horstmann, Stefan		Gladbeck	1965	16	M40	04:56,1
56		00:49:23	1572	Braun, Kevin		Bottrop-Kirchhellen	1991	7	MJugB	04:56,3
57		00:49:33	1431	Geib, Marvin		DJK Germania Gladbeck	1992	8	MJugB	04:57,3
58		00:49:33	1582	Huge, Jens		Erlar-Sportgemeinschaft	1970	11	M35	04:57,3
59		00:49:37	1475	Lükewille, Peter		Gladbeck	1970	12	M35	04:57,7
60		00:49:40	1574	Rienass, Frank		Gladbeck	1965	17	M40	04:58,0
61		00:49:50	1554	Olberg, Jürgen		Langlauf Adler Bottrop	1954	7	M50	04:59,0
62		00:49:54	1441	Hartwiger, Ralf		Eon Kraftwerk Scholven	1957	7	M45	04:59,4
63		00:50:21	1560	Möllmann, Uwe		Running Pinguin 04	1961	8	M45	05:02,1
64		00:50:36	1283	Ciaglewicz, Kai		Schützenverein Rentfort	1990	9	MJugB	05:03,6
65		00:50:48	1517	Schulz, Alfred		SC Bottrop	1953	8	M50	05:04,8
8	W	00:50:49	1503	Rick, Prabha		Adler Langlauf Bottrop	1964	3	W40	05:04,9
66		00:50:52	1473	Lobe, Horst		Feuerwehr Velbert	1946	2	M60	05:05,2
67		00:50:55	1558	Hinz, Manfred		Marathon Steinfurt	1951	2	M55	05:05,5
68		00:51:09	1536	Thiele-Salih, Volker		Markuskirche	1953	9	M50	05:06,9
69		00:51:17	1597	Müther, Christian		Bochum	1975	4	M30	05:07,7
70		00:51:21	1480	Meier, Stefan		Dorsten	1972	5	M30	05:08,1
71		00:51:21	1455	Kismacher, Dirk		Gladbeck	1967	13	M35	05:08,1
72		00:51:33	1448	Hottelmann, Lukas		LG Fries Kamp	1993	10	MJugB	05:09,3
73		00:51:38	1447	Hottelmann, Claus		LG Fries Kamp	1964	18	M40	05:09,8
74		00:51:45	1596	Ludorf, Detlev		Herten	1958	9	M45	05:10,5
75		00:51:45	1507	Salewski, Bernhard		Gelsenkirchen	1963	19	M40	05:10,5
76		00:51:55	1493	Nickel, Lothar		Herzebrock-Clarholz	1954	10	M50	05:11,5
77		00:51:55	1513	Schmidt, Michael		Sparkasse Bottrop	1977	3	MHK	05:11,5
78		00:51:56	1417	Brylak, Berthold		Sparkasse Gladbeck	1963	20	M40	05:11,6
79		00:52:06	1545	Wiechers, Christoph		Sparkasse Gladbeck	1985	4	MHK	05:12,6
9	W	00:52:09	1556	Heimhardt, Ingrid		TG Voerde	1945	1	W60	05:12,9
10	W	00:52:12	1538	Topka, Kornelia		Gladbeck	1968	2	W35	05:13,2
80		00:52:13	1537	Tomanek, Stefan		Gladbeck	1965	21	M40	05:13,3
81		00:52:17	1426	Droste, Eckard		Gladbeck	1938	2	M65	05:13,7
11	W	00:52:25	1414	Braun, Martina		Markuskirche Gladbeck	1964	4	W40	05:14,5
82		00:52:25	1434	Gerigk, Klaus		VfL Gladbeck	1940	3	M65	05:14,5
83		00:52:40	1289	Grebing, Holger		Gelsenkirchen	1973	6	M30	05:16,0
84		00:52:49	1281	Schlüter, Florian		Schützenverein Rentfort	1988	2	MJugA	05:16,9
85		00:52:56	1509	Schaffran, Heinz		Sparkasse Gladbeck	1966	22	M40	05:17,6
86		00:53:09	1436	Godhart, Kij		Gecksheide 6	1959	10	M45	05:18,9
87		00:53:10	1463	Kolligs, Carsten		Bottrop	1969	14	M35	05:19,0
88		00:53:16	1456	Kiss, Tibor		Gelsenkirchen	1962	23	M40	05:19,6
89		00:53:27	1415	Bresgott, Michael		ohne	1960	11	M45	05:20,7
90		00:53:32	1580	Maaske, Kurt		Waltrop	1939	4	M65	05:21,2
91		00:53:33	1559	Maidhof, Claron		Gelsenkirchen	1973	7	M30	05:21,3
92		00:53:36	1506	Rocholz, Bodo		Turnerbund Beckhausen	1972	8	M30	05:21,6
93		00:53:50	1451	Jägers, Manuel		VfL Gladbeck	1994	11	MJugB	05:23,0
94		00:53:51	1422	Danowski, Ulrich		Gladbeck	1953	11	M50	05:23,1
95		00:53:53	1544	Wendler, Arne		Recklinghausen	1970	15	M35	05:23,3
12	W	00:53:55	1501	Priester, Sandra		Gladbeck	1972	1	W30	05:23,5
96		00:53:55	1566	Seipelt, Hans-Dieter		VfL Gladbeck	1940	5	M65	05:23,5
97		00:53:56	1555	Petrak, Wolfgang		Herne	1960	12	M45	05:23,6
98		00:54:00	1403	Backensfeld, Andreas		Coesfeld	1964	24	M40	05:24,0
13	W	00:54:09	1534	Sybrecht, Frieda		Gelsenkirchen	1975	2	W30	05:24,9
99		00:54:12	1524	Seegers, Sven		Recklinghausen	1973	9	M30	05:25,2
100		00:54:17	1539	Trantow, Harald		ohne	1939	6	M65	05:25,7
101		00:54:22	1592	Thoelking, Dirk		Münster	1974	10	M30	05:26,2
102		00:54:30	1435	Geuting, Marco		Bottrop	1982	5	MHK	05:27,0
14	W	00:54:37	1583	Driessen, Daniela		Erlar-Sportgemeinschaft	1975	3	W30	05:27,7



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Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
103		00:54:48	1402	Amberg, Rainer		Gladbeck	1953	12	M50	05:28,8
104		00:55:03	1540	Tusche, Prof. Dr. Micha		Stadtwerke Lünen	1985	6	MHK	05:30,3
105		00:55:10	1474	Löpenhaus, Robert		Bottrop	1964	25	M40	05:31,0
106		00:55:15	1546	Wiedmann, Ralf		Gelsenkirchen	1967	16	M35	05:31,5
15	W	00:55:15	1432	Geib, Vanessa		SG Preußen Gladbeck	1989	1	WJugB	05:31,5
16	W	00:55:25	1561	Sprafke, Silke		Hamminkeln	1965	5	W40	05:32,5
107		00:55:31	1452	Jähnke, Christian		Eon Kraftwerk Scholven	1971	17	M35	05:33,1
17	W	00:55:48	1531	Sucheck, Sonja		Eon Kraftwerk Scholven	1976	4	W30	05:34,8
18	W	00:55:53	1437	Grosse Gellermann, Ma		Spiridon Haltern	1961	3	W45	05:35,3
108		00:56:00	1471	Lischka, Dominik		Gladbeck	1992	12	MJugB	05:36,0
109		00:56:01	1472	Lischka, Ralf		Gladbeck	1963	26	M40	05:36,1
110		00:56:12	1498	Polan, Martin		Gladbeck	1962	27	M40	05:37,2
19	W	00:56:16	1528	Stremmer, Christine		Bottrop	1967	3	W35	05:37,6
20	W	00:56:22	1518	Schulz, Rita		SC Bottrop	1958	4	W45	05:38,2
21	W	00:56:26	1496	Pierscianek, Daniela		Essen	1985	2	WHK	05:38,6
111		00:56:40	1408	Berger, Michael		SG Preußen Gladbeck	1967	18	M35	05:40,0
112		00:56:52	1588	Szymkowiak, Leo		Bocholt	1937	7	M65	05:41,2
22	W	00:57:03	1453	Kallwitz, Dorothea		VfL Gladbeck	1953	2	W50	05:42,3
113		00:57:13	1552	Heise, Volker		Fitnesspark Bochum	1965	28	M40	05:43,3
114		00:57:21	1284	Schwan, Julian		Schützenverein Rentfort	1988	3	MJugA	05:44,1
115		00:57:23	1551	Priester, Jörg		Gladbeck	1967	19	M35	05:44,3
116		00:57:45	1487	Moser, Ralf		LG Rheinbaben	1962	29	M40	05:46,5
117		00:58:21	1458	Kleinschnittger, Dr. Ing		Markuskirche	1958	13	M45	05:50,1
23	W	00:58:30	1590	Terwellen, Annegret		Gladbeck	1953	3	W50	05:51,0
118		00:58:37	1587	Kotkowski, Thomas		Bottrop	1967	20	M35	05:51,7
24	W	00:58:41	1433	Geib, Elisabeth		Gladbeck	1962	6	W40	05:52,1
25	W	00:58:47	1469	Landmesser, Eva-Maria		Gladbeck	1990	2	WJugB	05:52,7
119		00:58:48	1470	Landmesser, Robert		Gladbeck	1983	7	MHK	05:52,8
26	W	00:58:52	1505	Roch, Svenja		Eon Kraftwerk Scholven	1974	5	W30	05:53,2
120		00:58:53	1462	Kocyan, Peter		Eon Kraftwerk Scholven	1969	21	M35	05:53,3
121		00:58:59	1600	Sadlowski, Volker		Gelsenkirchen	1968	22	M35	05:53,9
27	W	00:59:05	1401	Adler, Anja		TV Einigkeit Gladbeck	1968	4	W35	05:54,5
28	W	00:59:09	1459	Klicker, Frauke		Recklinghausen	1965	7	W40	05:54,9
122		00:59:26	1423	Demond, Wolfgang		LG Heidbruch	1960	14	M45	05:56,6
123		00:59:28	1489	Nagel, Carsten		Eon Kraftwerk Scholven	1977	8	MHK	05:56,8
124		00:59:34	1563	Varnhold, Udo		TC Haus Wittringen	1956	13	M50	05:57,4
125		00:59:40	1442	Hilse, Frank		Gladbeck	1967	23	M35	05:58,0
29	W	00:59:48	1428	Friebe, Nicola		VfL Gladbeck	1967	5	W35	05:58,8
126		00:59:50	1481	Meinberg, Ralph		Gladbeck	1962	30	M40	05:59,0
127		00:59:54	1511	Schidlowski, Markus		Gladbeck	1969	24	M35	05:59,4
128		01:00:18	1460	Klingen, Dieter		Bottrop	1945	3	M60	06:01,8
129		01:00:26	1495	Petersen, Achim		Gladbeck	1970	25	M35	06:02,6
130		01:00:28	1575	Schmiehoff, Jens		Herten	1966	31	M40	06:02,8
131		01:00:40	1553	Friese, Markus		Gladbeck	1964	32	M40	06:04,0
30	W	01:00:46	1569	Goike, Susanne		VfL Gladbeck	1968	6	W35	06:04,6
132		01:00:52	1576	Malchus, Heiner		Herten	1966	33	M40	06:05,2
133		01:01:02	1578	Zaizek, Ralf		Avendi Team	1962	34	M40	06:06,2
134		01:01:11	1491	Neumann, Thilo		Sparkasse Gladbeck	1961	15	M45	06:07,1
31	W	01:01:24	1407	Berger, Annette		Gladbeck	1966	8	W40	06:08,4
32	W	01:01:28	1445	Horstmann, Claudia		Gladbeck	1969	7	W35	06:08,8
33	W	01:01:31	1532	Sußmann, Jane		Gelsenkirchen	1969	8	W35	06:09,1
135		01:02:02	1427	Forster, Peter		Nordhorn	1948	3	M55	06:12,2
34	W	01:02:17	1416	Bröß, Elisabeth		VfL Gladbeck Fun Runner	1958	5	W45	06:13,7
35	W	01:02:18	1492	Nickel, Christa		VfL Gladbeck Fun Runner	1958	6	W45	06:13,8
136		01:02:34	1425	Döweling, Andreas		SV Gladbeck 13	1966	35	M40	06:15,4
137		01:02:45	1476	Martin, Dirk		Duisburg	1967	26	M35	06:16,5
36	W	01:03:05	1420	Coert, Monika		Essen	1965	9	W40	06:18,5
37	W	01:03:18	1484	Mergehenn, Christina		Sparkasse Bottrop	1982	3	WHK	06:19,8



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Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
38	W	01:03:18	1467	Kozlowski, Agnes		Sparkasse Bottrop	1982	4	WHK	06:19,8
39	W	01:03:41	1464	Koschewitz, Mandy		Gladbeck	1964	10	W40	06:22,1
40	W	01:03:43	1573	Rienass, Martina		Gladbeck	1965	11	W40	06:22,3
41	W	01:03:52	1520	Schüssler, Heidi		TV Einigkeit Gladbeck	1960	7	W45	06:23,2
42	W	01:04:13	1508	Satzinger, Sabine		Oberhausen	1967	9	W35	06:25,3
138		01:04:31	1533	Sußmann, Carsten		Gelsenkirchen	1969	27	M35	06:27,1
139		01:04:31	1504	Rickert, Uli		Gladbeck	1989	13	MJugB	06:27,1
140		01:04:39	1430	Gaida, Norbert		Dinslaken	1972	11	M30	06:27,9
43	W	01:04:40	1494	Niedzwiedzki, Birgit		Heiligenhaus	1966	12	W40	06:28,0
44	W	01:06:07	1584	Grond, Wilma		Spass Im Sport	1971	10	W35	06:36,7
141		01:06:34	1450	Hundeshagen, Andreas		VfL Gladbeck	1966	36	M40	06:39,4
142		01:07:10	1516	Schröer, Rainer		Gladbeck	1954	14	M50	06:43,0
45	W	01:07:31	1418	Budich, Kirstin		VfL Gladbeck	1961	8	W45	06:45,1
46	W	01:07:51	1550	Zimmermann, Vera		Gladbeck	1971	11	W35	06:47,1
47	W	01:08:21	1409	Blömeke, Britta		Gladbeck	1972	6	W30	06:50,1
48	W	01:08:32	1510	Schidlowski, Angelika		Gladbeck	1968	12	W35	06:51,2
49	W	01:09:08	1497	Petrass, Tatjana		Gladbeck	1975	7	W30	06:54,8
50	W	01:09:25	1485	Minkus, Doris		Pintsch Barfuss	1960	9	W45	06:56,5
51	W	01:09:25	1290	Steinhoff, Hildegard		Dinslaken	1950	1	W55	06:56,5
52	W	01:09:35	1577	Zaizek, Angelika		Gundersheim	1965	13	W40	06:57,5
143		01:09:41	1449	Hottkowitz, Andreas		Gladbeck	1972	12	M30	06:58,1
53	W	01:10:08	1594	Moser, Birgit		LG Rheinbaben	1963	14	W40	07:00,8
144		01:10:32	1515	Schmitz, Rolf Otto		TG 1884 Bochum	1932	3	M70	07:03,2
54	W	01:10:53	1521	Schwarz, Silke		Gladbeck	1964	15	W40	07:05,3
55	W	01:11:14	1483	Menger, Tanja		Gladbeck	1975	8	W30	07:07,4
145		01:12:33	1282	Schwan, Daniel		Schützenverein Rentfort	1986	9	MHK	07:15,3
146		01:12:34	1285	Ulbrich-Gebauer, Danie		Schützenverein Rentfort	1974	13	M30	07:15,4
56	W	01:15:16	1444	Horstmann, Karin		Gladbeck	1945	2	W60	07:31,6



Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
1		00:17:24	1636	Handschuh, Stephan		Gladbeck	1982	1	MHK	03:28,8
2		00:17:43	1739	Ogrzewalla, Felix		SV Gladbeck 13	1987	1	MJugA	03:32,6
3		00:17:53	1741	Duebbbert, Ulrich		GWR Düsseldorf	1954	1	M50	03:34,6
4		00:18:04	1622	Ehmsen, Wolfgang		Versatel-Dortmund	1960	1	M45	03:36,8
5		00:19:24	1732	Kirsch, Alfred		VfR Unterbruch LG	1960	2	M45	03:52,8
6		00:19:57	1685	Pieper, Alfred		Spiridon Haltern	1965	1	M40	03:59,4
1	W	00:20:26	1742	Gringel, Maria		GWR Düsseldorf	1963	1	W40	04:05,2
7		00:20:55	1611	Boese, Kai		TV Gladbeck	1992	1	MJugB	04:11,0
2	W	00:21:31	1731	Maurer, Anne-Mieke		LC Recklinghausen	1980	1	WHK	04:18,2
3	W	00:21:58	1734	Ernst, Ronja		S.V. Blau Weiß Bochum	1991	1	WJugB	04:23,6
8		00:22:00	1618	Dombrowski, Jan		SV Gladbeck 13	1993	2	MJugB	04:24,0
9		00:22:06	1646	Heuschen, Michael		Gladbeck	1960	3	M45	04:25,2
10		00:22:10	1745	Beecker, Werner		LC Wupperetal	1932	1	M70	04:26,0
11		00:22:22	1737	Kohlmann, Karsten		Gladbeck	1975	1	M30	04:28,4
4	W	00:22:28	1656	Kaiser, Katharina		TV Galdbeck	1992	2	WJugB	04:29,6
12		00:22:51	1640	Heil, Udo		VfL Gladbeck	1943	1	M60	04:34,2
13		00:22:57	1730	Nowak, Detlev Paul		BP Running Team GE	1961	4	M45	04:35,4
14		00:23:18	1661	Klein, Markus		Bottrop	1968	1	M35	04:39,6
15		00:23:26	1605	Bender, Steffen		Jugendrat Gladbeck	1984	2	MHK	04:41,2
16		00:23:30	1655	Jung, Stephan		VfL Gladbeck	1993	3	MJugB	04:42,0
17		00:23:35	1693	Salih, Lukas		Markuskirche	1995	4	MJugB	04:43,0
18		00:23:45	1291	Wagner, Fred		Gelsenkirchen	1962	2	M40	04:45,0
5	W	00:23:54	1663	Klomfaß, Yvonne		SV Gladbeck 13	1994	3	WJugB	04:46,8
19		00:24:04	1716	Wittenbrink, Michael		SV Gladbeck 13	1995	5	MJugB	04:48,8
20		00:24:35	1675	Maretzek, Julian		Gladbeck	1995	6	MJugB	04:55,0
21		00:25:00	1670	Lischka, Daniel		Jugendrat Gladbeck	1990	7	MJugB	05:00,0
22		00:25:01	1651	Janik, Jan		SV Gladbeck 13	1993	8	MJugB	05:00,2
6	W	00:25:02	1736	Brecklinghaus, Brigitte		Adler Langlauf Bottrop	1960	1	W45	05:00,4
23		00:25:06	1631	Grimm, Colin		Markuskirche	1995	9	MJugB	05:01,2
24		00:25:08	1688	Powierski, Ralf		Bottroper BG	1963	3	M40	05:01,6
25		00:25:11	1740	Tidau, Andreas		Markuskirche	1964	4	M40	05:02,2
26		00:25:40	1738	Hildebrandt, Simon		Gladbeck	1987	2	MJugA	05:08,0
7	W	00:25:54	1658	Kipar-Wirgs, Iris		SV Gladbeck 13	1967	1	W35	05:10,8
27		00:25:56	1662	Kleinschnittger, Fabian		Jugendrat Gladbeck	1989	10	MJugB	05:11,2
28		00:26:04	1617	Büker, Jonathan		Jugendrat Gladbeck	1991	11	MJugB	05:12,8
29		00:26:05	1698	Schmidt, Tobias		Bottrop	1993	12	MJugB	05:13,0
30		00:26:25	1620	Döweling, Niklas		SV Gladbeck 13	1995	13	MJugB	05:17,0
31		00:26:26	1643	Hermeler, Lukas		SV Gladbeck 13	1994	14	MJugB	05:17,2
8	W	00:26:29	1659	Kiss, Nora		Gelsenkirchen	1996	4	WJugB	05:17,8
32		00:26:34	1743	Fliss, Jörg		Gladbeck	1973	2	M30	05:18,8
33		00:26:42	1735	Broetz, Felix		Gelsenkirchen	1966	5	M40	05:20,4
9	W	00:26:49	1727	Seidel, Inga		Sparkasse Gladbeck	1988	1	WJugA	05:21,8
34		00:27:11	1711	Thiele-Salih, Volker		Markuskirche	1953	2	M50	05:26,2
10	W	00:27:17	1728	Buddenborg, Birgit		Gladbeck	1969	2	W35	05:27,4
35		00:27:20	1684	Pälchen, Harald		Gelsenkirchen	1963	6	M40	05:28,0
36		00:27:33	1729	Horn, Roland		Gladbeck	1962	7	M40	05:30,6
37		00:27:37	1715	Wicht, Hermann		TV Horst Emscher	1936	2	M70	05:31,4
38		00:27:54	1682	Ötting, Philipp		Markuskirche	1994	15	MJugB	05:34,8
39		00:27:57	1744	Krieger, Harry		SC Gladbeck	1943	2	M60	05:35,4
11	W	00:28:27	1707	Seidel, Ute		Sparkasse Gladbeck	1958	2	W45	05:41,4
40		00:28:59	1699	Schneider, Günter		Sparkasse Gladbeck	1953	3	M50	05:47,8
12	W	00:29:13	1641	Hein, Maike		VfL Gladbeck	1988	2	WJugA	05:50,6
13	W	00:29:14	1668	Langer, Monika		VfL Gladbeck	1988	3	WJugA	05:50,8
14	W	00:29:32	1666	Kretschmer, Claudia		Sparkasse Gladbeck	1976	1	W30	05:54,4
41		00:29:41	1293	Rogalla, Rouven		Gladbeck	1984	3	MHK	05:56,2
15	W	00:29:41	1292	Wagner, Mandy		Gelsenkirchen	1987	4	WJugA	05:56,2
16	W	00:29:59	1610	Bloch, Kirsten		Wesel	1965	2	W40	05:59,8
17	W	00:29:59	1660	Klein, Simone		Bottrop	1968	3	W35	05:59,8

Gladbecker Sparkassenlauf

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VfL Gladbeck

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Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
42		00:30:34	1653	Jenke, Philipp		Gladbeck	1995	16	MJugB	06:06,8
43		00:30:36	1612	Bösherz, Marlon		Jugendrat Gladbeck	1992	17	MJugB	06:07,2
18	W	00:30:51	1710	Terschek, Sabine		ohne	1969	4	W35	06:10,2
19	W	00:31:00	1681	Ötting, Ramona		Markuskirche	1994	5	WJugB	06:12,0
44		00:31:12	1683	Ötting, Rainer		Markuskirche	1961	5	M45	06:14,4
20	W	00:31:22	1632	Grimm, Karin		Markuskirche	1959	3	W45	06:16,4
45		00:31:23	1630	Grimm, Martin		Markuskirche	1957	6	M45	06:16,6
21	W	00:31:46	1624	Feldpausch-Jägers, Sab		VfL Gladbeck	1961	4	W45	06:21,2
46		00:31:57	1634	Günthör, Thorsten		Gladbeck	1971	2	M35	06:23,4
22	W	00:32:40	1700	Schneider, Dagmar		Sparkasse Gladbeck	1965	3	W40	06:32,0
47		00:32:59	1733	Stockhaus, Michael		Gladbeck	1970	3	M35	06:35,8
23	W	00:33:18	1635	Günthör, Christiane		Gladbeck	1967	5	W35	06:39,6
48		00:33:57	1673	Loskill, Kay		Sparkasse Gladbeck	1972	3	M30	06:47,4
24	W	00:33:58	1691	Rzeha, Laura		Gladbeck	1983	2	WHK	06:47,6
25	W	00:33:58	1694	Sallatzkat, Gisela		Gladbeck	1942	1	W60	06:47,6
26	W	00:33:59	1614	Bräuninger, Rosi		Bottrop	1951	1	W55	06:47,8
27	W	00:34:00	1671	Löbbecke, Marianne		Gladbeck	1948	2	W55	06:48,0
28	W	00:35:04	1690	Rzeha, Ursula		Gladbeck	1958	5	W45	07:00,8

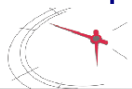


Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	Min/KM
1		00:32:24	1689	Rüter, Georg		Kemnade Lake Runners/www.laufe	1962	06:28,8
1	W	00:32:44	1702	Schroeder, Edda		Dorsten	1968	06:32,8
2	W	00:32:54	1629	Gomoll, Angela		VfL Gladbeck	1967	06:34,8
2		00:33:19	1649	Jamin, Markus		VfL Gladbeck	1964	06:39,8
3	W	00:35:37	1674	Mack, Ulrike		Gladbeck	1955	07:07,4
3		00:37:01	1712	Urbanowitz, Horst		SV Gladbeck 13	1938	07:24,2
4	W	00:37:11	1638	Hartleib, Daniela		Gladbeck	1965	07:26,2
4		00:38:13	987	Przybylak, Dieter		Bottrop	1941	07:38,6
5	W	00:38:33	1687	Platzkoester, Konstanze		ohne	1957	07:42,6
5		00:38:33	1686	Platzkoester, Alfons		Bottrop	1954	07:42,6
6	W	00:38:35	1722	Helpa, Sonja		Gladbeck	1973	07:43,0
7	W	00:39:00	1695	Schacht, Renate		VfL Gladbeck Fun Runner	1950	07:48,0
6		00:39:02	1601	Albers, Dirk		Gelsenkirchen	1970	07:48,4
8	W	00:39:09	1637	Harelik, Monika		Bottrop	1956	07:49,8
9	W	00:39:27	1626	Freitag, Ruth		Gladbeck	1949	07:53,4
10	W	00:41:06	1705	Seeberg, Judith		Bottrop	1989	08:13,2
11	W	00:41:07	1706	Seeberg, Petra		Bottrop	1957	08:13,4
12	W	00:41:14	1708	Stange, Martina		VfL Gladbeck	1966	08:14,8
13	W	00:41:20	1713	Urbanowitz, Christa		Gladbeck	1938	08:16,0
14	W	00:41:21	1625	Fieger, Angelika		Gladbeck	1953	08:16,2
15	W	00:42:33	1721	Zühlke, Melanie		Gladbeck	1973	08:30,6
16	W	00:42:33	1657	Keiluweit, Brigitte		Gladbeck	1955	08:30,6
17	W	00:42:35	1633	Großmann, Renate		TV Einigkeit Gladbeck	1945	08:31,0
18	W	00:42:35	1709	Te Dorsthorst, Ursula		TV Einigkeit Gladbeck	1947	08:31,0
19	W	00:43:01	1644	Herz, Nadine		Gladbeck	1982	08:36,2
20	W	00:43:03	1720	Zilla, Melanie		Gladbeck	1971	08:36,6
21	W	00:43:17	1615	Breuer, Heidemarie		Ski Club	1943	08:39,4
22	W	00:44:01	1719	Zientz, Manuela		Gelsenkirchen	1966	08:48,2
7		00:44:07	1650	Jamin, Joachim		Gladbeck	1961	08:49,4
23	W	00:44:31	1621	Döweling, Maike		Bottrop	1993	08:54,2
24	W	00:44:32	1676	Merten, Ramona		Gelsenkirchen	1969	08:54,4
25	W	00:44:32	1619	Dombrowski, Anja		Gladbeck	1968	08:54,4
26	W	00:45:09	1602	Albers, Patty		Gelsenkirchen	1970	09:01,8
27	W	00:45:16	1645	Herz, Petra		Gladbeck	1957	09:03,2
28	W	00:46:13	1692	Salewski, Monika		TV Einigkeit Gladbeck	1945	09:14,6
29	W	00:46:13	1604	Bader, Monika		TV Einigkeit Gladbeck	1947	09:14,6
30	W	00:46:15	1672	Löffler, Lydia		Essen	1955	09:15,0
31	W	00:46:18	1606	Berger, Sigrid		VfL Gladbeck	1944	09:15,6
32	W	00:46:18	1724	Volmer, Simone		VfL Gladbeck	1971	09:15,6
33	W	00:46:22	1647	Hoeing, Birgit		PSV Gladbeck	1961	09:16,4
8		00:46:24	1717	Wolter, Klaus		Gladbeck	1954	09:16,8
34	W	00:46:28	1677	Monka, Martina		Gladbeck	1971	09:17,6
35	W	00:47:56	1704	Schüssler, Hilde		TV Einigkeit Gladbeck	1939	09:35,2
36	W	00:47:56	1603	Apfel, Renate		TV Einigkeit Gladbeck	1939	09:35,2
37	W	00:48:03	1703	Schulte im Hofe, Juliane		Lebenshilfe Gladbeck-Bottrop	1953	09:36,6
38	W	00:48:04	1616	Bröhl, Katrin		Lebenshilfe Gladbeck-Bottrop	1978	09:36,8
39	W	00:56:30	1718	Zelic, Silvia		TV Einigkeit Gladbeck	1953	11:18,0



Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
1		00:05:07	970	Seidel, Moritz		Sparkasse Gladbeck	1991	1	MSchü15	03:24,6
2		00:05:08	934	Boese, Kai		ohne	1992	1	MSchü14	03:25,3
3		00:05:14	997	Podlech, Michael		BV Teutonia Lanstrop	1991	2	MSchü15	03:29,3
4		00:05:24	986	Kneuper, Simon		LG Ahlen	1991	3	MSchü15	03:36,0
5		00:05:25	996	Seling, Nico		BV Teutonia Lanstrop	1992	2	MSchü14	03:36,6
6		00:05:31	940	Grasedieck, Jan		VfL Gladbeck	1994	1	MSchü12	03:40,6
7		00:05:47	962	Neuber, Marcel		VfL Gladbeck	1993	1	MSchü13	03:51,3
1	W	00:05:53	977	Uhlendorf, Kim		TV Gladbeck	1997	1	WSchü09	03:55,3
8		00:05:59	979	Webera, Sebastian		TUSEM Essen	1995	1	MSchü11	03:59,3
9		00:06:04	984	Jung, Stephan		VfL Gladbeck	1993	2	MSchü13	04:02,6
10		00:06:05	982	Lutterbeck, Antonius		Sassenberg	1996	1	MSchü10	04:03,3
2	W	00:06:06	948	Jansen, Regina		TSG Kirchhellen	1995	1	WSchü11	04:04,0
11		00:06:08	944	Henkel, Jannis		TV Gladbeck	1998	1	MSchü08	04:05,3
3	W	00:06:10	952	Klasen, Moureen		Sterkrade-Nord	1996	1	WSchü10	04:06,6
4	W	00:06:12	953	Klein, Michelle		DJK Adler 07 Bottrop	1995	2	WSchü11	04:08,0
12		00:06:14	935	Böhmer, Niklas		TV Gladbeck	1997	1	MSchü09	04:09,3
13		00:06:16	965	Salih, Lukas		Markuskirche	1995	2	MSchü11	04:10,6
14		00:06:18	963	Neuber, Lars		VfL Gladbeck	1996	2	MSchü10	04:12,0
5	W	00:06:19	945	Henning, Laura		LAV Oberhausen	1997	2	WSchü09	04:12,6
6	W	00:06:26	939	Friebe, Nina		TV Gladbeck	1996	2	WSchü10	04:17,3
7	W	00:06:26	949	Jansen, Carola		TSG Kirchhellen	1997	3	WSchü09	04:17,3
15		00:06:30	985	Mörstedt, Timm Fabian		VfL Gladbeck	1994	2	MSchü12	04:20,0
16		00:06:31	959	Mastiaux, Béla		Gladbeck	1996	3	MSchü10	04:20,6
8	W	00:06:33	936	Bussmann, Franziska		TV Gladbeck	1994	1	WSchü12	04:22,0
17		00:06:39	968	Schulz, Daniel Michael		Wacker Gladbeck	1994	3	MSchü12	04:26,0
9	W	00:06:47	961	Mülleneisen, Linda		TV Gladbeck	1997	4	WSchü09	04:31,3
10	W	00:06:49	981	Winkler, Pauline		Joschkas Erben	1996	3	WSchü10	04:32,6
18		00:06:54	971	Sender, Tim		Adler Ellinghorst	1996	4	MSchü10	04:36,0
19		00:07:00	966	Samen, Christoph		Wacker Gladbeck	1996	5	MSchü10	04:40,0
11	W	00:07:02	983	Lutterbeck, Anna-Lena		Sassenberg	1993	1	WSchü13	04:41,3
12	W	00:07:07	967	Schmidt, Nina		LG Fries Kamp	1997	5	WSchü09	04:44,6
20		00:07:07	951	Kirstein, Philipp		TV Gladbeck	1997	2	MSchü09	04:44,6
13	W	00:07:08	955	Lausmann, Julia		TV Gladbeck	1997	6	WSchü09	04:45,3
21		00:07:20	960	Misia, Jonas		TV Gladbeck	1997	3	MSchü09	04:53,3
14	W	00:07:28	957	Masanek, Pia		TV Gladbeck	1998	1	WSchü08	04:58,6
22		00:07:28	989	Pelikan, Nikolai		VfL Gladbeck	1997	4	MSchü09	04:58,6
23		00:07:29	954	Klomfaß, Jean-Paul		SV Gladbeck 13	1998	2	MSchü08	04:59,3
24		00:07:30	990	Rickert, Maximilian		TV Gladbeck	1996	6	MSchü10	05:00,0
15	W	00:07:32	969	Schulz, Julia Isabelle		Gladbeck	1996	4	WSchü10	05:01,3
25		00:07:39	991	Sönnichsen, Marvin		Gladbeck	1995	3	MSchü11	05:06,0
16	W	00:07:40	933	Barkowski, Lorina		Gladbeck	1997	7	WSchü09	05:06,6
26		00:07:48	937	Dinkluge, Pascal		BV Rentfort	1997	5	MSchü09	05:12,0
17	W	00:07:49	992	Sönnichsen, Lucienne		Gladbeck	1995	3	WSchü11	05:12,6
18	W	00:07:50	993	Senkel, Elena		Gladbeck	1996	5	WSchü10	05:13,3
19	W	00:07:53	947	Hottelmann, Inga		LG Fries Kamp	1996	6	WSchü10	05:15,3
20	W	00:07:57	994	Senkel, Pia		Gladbeck	1997	8	WSchü09	05:18,0
21	W	00:07:58	938	Döding, Saskia		TV Gladbeck	1997	9	WSchü09	05:18,6
22	W	00:08:00	980	Wilfinger, Franziska		TV Gladbeck	1999	2	WSchü08	05:20,0
23	W	00:08:02	972	Surma, Ina		TV Gladbeck	1997	10	WSchü09	05:21,3
24	W	00:08:03	956	Limmroth, Lisa		TV Gladbeck	1998	3	WSchü08	05:22,0
25	W	00:08:06	950	Janz, Michelle		TV Gladbeck	1998	4	WSchü08	05:24,0
26	W	00:08:12	974	Terschek, Luisa		ohne	1997	11	WSchü09	05:28,0
27	W	00:08:43	988	Gebhard, Janine		VfL Gladbeck	1997	12	WSchü09	05:48,6
27		00:08:45	995	Hofmann, Lukas		VfL Gladbeck	1998	3	MSchü08	05:50,0
28	W	00:08:46	964	Nikolay, Lisa		VfL Gladbeck	1999	5	WSchü08	05:50,6
28		00:09:02	942	Günthör, Christoph		Gladbeck	1999	4	MSchü08	06:01,3
29	W	00:09:10	973	Terschek, Anna		ohne	1999	6	WSchü08	06:06,6
30	W	00:09:28	958	Mastiaux, Anna		Gladbeck	1998	7	WSchü08	06:18,6

Gladbecker Sparkassenlauf



1.5 KM
Sonntag, 20. Aug. 2006
VfL Gladbeck

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Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
29		00:09:28	943	Günthör, Marc Oliver		Gladbeck	1999	5	MSchü08	06:18,6
31	W	00:09:41	941	Grundzinski, Jöelle		Herne	1997	13	WSchü09	06:27,3