



Rund um Schloss Wittringen 21.1 KM
Sonntag, 11. Sept. 2005
VfL Gladbeck

TEAMSOFT-SPORTZEIT.DE

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
1		01:17:36	226	Fleige, Holger		Coesfeld	1967	1	M35	03:40,6	00:00:00
2		01:17:39	248	Oesterwind, Dirk		Triathlon Team Witten	1965	1	M40	03:40,8	00:00:03
3		01:17:55	253	Böde, Klaus		Triathlon Team Witten	1968	2	M35	03:41,5	00:00:19
4		01:20:30	167	Schübbe, Rainer		LG Deiringsen	1951	1	M50	03:48,9	00:02:54
5		01:21:19	258	Häubl, Stephan		VfL Gladbeck	1968	3	M35	03:51,2	00:03:43
6		01:23:30	194	Ohlmeyer, Herbert		SuS Bertlich	1961	2	M40	03:57,4	00:05:54
7		01:24:35	187	Binder, Frank		VfL Ahaus	1968	4	M35	04:00,5	00:06:59
8		01:24:47	207	Jungblut, Martin		Dorsten	1975	1	M30	04:01,0	00:07:11
9		01:25:07	215	Uhlenkotte, Dieter		TUSEM Essen	1965	3	M40	04:02,0	00:07:31
10		01:25:46	252	Bochholt, Peter		Tri Team Blau Weiß Re	1966	5	M35	04:03,8	00:08:10
11		01:26:03	77	Günther, Peter		VfR Unterbruch	1960	1	M45	04:04,6	00:08:27
12		01:26:38	157	Knappe, Jörg		DJK VFR Saarn	1966	6	M35	04:06,3	00:09:02
13		01:27:43	251	Noffke, Bert		Tri Team Blau Weiß Re	1963	4	M40	04:09,4	00:10:07
14		01:27:45	224	Wenning, Hermanr		LG Coesfeld	1964	5	M40	04:09,5	00:10:09
15		01:28:09	234	Platthofer, Ralf		LF Buer	1966	7	M35	04:10,6	00:10:33
16		01:28:45	244	Perna, Angelo		Adler Bottrop	1969	8	M35	04:12,3	00:11:09
17		01:29:09	17	Bader, Dirk		VfL Gladbeck Fun Runn	1968	9	M35	04:13,5	00:11:33
18		01:29:23	147	Zilla, Jörg		Gladbeck	1965	6	M40	04:14,1	00:11:47
19		01:30:03	64	Witteler, Norbert		LT Rhein Herne Kanal	1953	2	M50	04:16,0	00:12:27
20		01:30:08	43	Kaminski, Martin		Lünen	1961	7	M40	04:16,3	00:12:32
1	W	01:30:17	166	Saalbach, Elke		LG Deiringsen	1962	1	W40	04:16,7	00:00:00
21		01:30:33	222	Weber, Carsten		Triathlon Team Witten	1970	10	M35	04:17,4	00:12:57
22		01:30:43	216	Sanders, Joachim		Eon Runners SG	1949	1	M55	04:17,9	00:13:07
23		01:30:47	142	Bloch, Markus		LT Starlight Team Esse	1977	1	MHK	04:18,1	00:13:11
24		01:31:23	240	Balke, Hans-Jürger		Adler Bottrop	1958	2	M45	04:19,8	00:13:47
25		01:31:35	225	Schwaag, Martin		Billerbeck	1960	3	M45	04:20,4	00:13:59
26		01:31:56	97	Wald, Christian		TC BW Bochum-Harper	1968	11	M35	04:21,4	00:14:20
27		01:31:57	123	Maull, Mirko		TC BW Bochum-Harper	1970	12	M35	04:21,4	00:14:21
28		01:31:57	91	Lipsky, Manfred		Essen	1970	13	M35	04:21,4	00:14:21
29		01:31:57	233	Koehnemann, Mari		Marathon Club Menden	1971	2	M30	04:21,4	00:14:21
30		01:32:19	153	Rieger, Werner		Gladbeck	1954	3	M50	04:22,5	00:14:43
31		01:32:23	218	Hoge, Werner		TV Hohne	1950	2	M55	04:22,7	00:14:47
32		01:33:24	193	Teigelkamp, Stefar		Adler Bottrop	1972	3	M30	04:25,5	00:15:48
33		01:33:37	15	Jordan, Jürgen		SV Gladbeck 13	1953	4	M50	04:26,2	00:16:01
34		01:34:31	169	Richter, Michael		GHH Radsatz	1962	8	M40	04:28,7	00:16:55
35		01:34:46	149	Hartleib, Michael		Federballclub Gladbeck	1962	9	M40	04:29,4	00:17:10
36		01:36:24	113	Meier, Michael		SC Buer Hassel Basket	1969	14	M35	04:34,1	00:18:48
37		01:36:27	131	Schniedermann, A		Gladbeck	1964	10	M40	04:34,2	00:18:51
38		01:36:34	202	Wrohna, Holger		Gelsenkirchen	1971	4	M30	04:34,5	00:18:58
39		01:36:41	184	Szepan, Markus		LT Heisse Sohle	1969	15	M35	04:34,9	00:19:05
40		01:36:53	236	Rau, Thomas		TV Herne 03	1962	11	M40	04:35,4	00:19:17
41		01:37:10	98	Abel, Ulrich		LT Rhein Herne Kanal	1959	4	M45	04:36,3	00:19:34
42		01:37:15	96	Roling, Marco		BP GE-Running Team	1974	5	M30	04:36,5	00:19:39
43		01:37:20	59	Moysich, Gustav		LT Rhein Herne Kanal	1954	5	M50	04:36,7	00:19:44
44		01:37:41	108	Seifritz, Steffen		Gladbeck	1970	16	M35	04:37,7	00:20:05
45		01:37:48	21	Lönz, Peter		SuS Bertlich	1958	5	M45	04:38,1	00:20:12
46		01:37:53	80	Fischer, Andreas		Düsseldorf	1962	12	M40	04:38,3	00:20:17
47		01:37:53	254	Tenhumberg, Joha		BV Bentfort	1949	3	M55	04:38,3	00:20:17
48		01:38:09	20	Wißler, Werner		Gladbeck	1951	6	M50	04:39,0	00:20:33
49		01:38:23	158	Treis, Adrian		Essen	1969	17	M35	04:39,7	00:20:47
50		01:38:55	66	Püttbach, Jörg		Solingen	1965	13	M40	04:41,2	00:21:19
51		01:39:00	92	Lutz, Rüdiger		Oberhausen	1960	6	M45	04:41,5	00:21:24
52		01:39:09	145	Just, Roland		Gladbeck	1964	14	M40	04:41,9	00:21:33
53		01:39:16	170	Bergermann, Ludg		Gladbeck	1956	7	M45	04:42,2	00:21:40
54		01:39:16	205	Bahls, Wolfgang		SG Ruhrgas	1950	4	M55	04:42,2	00:21:40
55		01:39:17	209	Kröll, Michael		Adler Bottrop	1975	6	M30	04:42,3	00:21:41
56		01:39:24	57	Jägers, Hans-Gerd		VfL Gladbeck	1961	15	M40	04:42,6	00:21:48
57		01:39:29	101	Dudek, Dieter		Wuppertal	1958	8	M45	04:42,8	00:21:53



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Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
58		01:39:38	90	Besler, Karl-Heinz		TUS Breckerfeld	1950	5	M55	04:43,3	00:22:02
59		01:39:57	192	Steudel, Stefan		Düsseldorf	1976	2	MHK	04:44,2	00:22:21
60		01:40:01	211	Gütte, Peter		Moerser TV	1960	9	M45	04:44,4	00:22:25
61		01:40:22	204	Hagner, Wilfried		LG Herne	1943	1	M60	04:45,4	00:22:46
62		01:40:36	28	Grochicki, Dieter		Marl	1963	16	M40	04:46,0	00:23:00
63		01:40:36	231	Zuzicha, Andre		EC Peiting	1972	7	M30	04:46,0	00:23:00
64		01:41:38	235	Grassl, Wolfgang		Markuskirche	1962	17	M40	04:49,0	00:24:02
65		01:42:09	160	Holstein, Dirk		LG Opelaner Bochum	1964	18	M40	04:50,4	00:24:33
66		01:42:17	250	Thomsen, Martin		Lokomotive Fley	1962	19	M40	04:50,8	00:24:41
67		01:42:34	228	Reichling, Marc		Tus 09 Erkenschwick T	1974	8	M30	04:51,6	00:24:58
68		01:42:41	168	Dronia, Jörg		VfL Gladbeck Fun Runn	1969	18	M35	04:52,9	00:25:05
69		01:42:42	110	Fischer, Jürgen		City-Runners-Brauck	1957	10	M45	04:52,0	00:25:06
70		01:42:43	58	Wilfinger, Peter		Ski-Club Gladbeck	1963	20	M40	04:52,0	00:25:07
71		01:42:59	100	Schmitz, Norbert		TB Osterfeld	1965	21	M40	04:52,8	00:25:23
72		01:43:05	105	Lohmüller, Peter		Polizei NRW	1956	11	M45	04:53,1	00:25:29
73		01:43:17	239	Kreft, Elmar		Herne	1970	19	M35	04:53,6	00:25:41
74		01:43:23	164	Bastian, Christian		Running Team BP	1966	20	M35	04:54,9	00:25:47
75		01:43:34	174	Freundlieb, Jörn		Gladbeck	1975	9	M30	04:54,5	00:25:58
76		01:43:35	178	Westerfeld, Jörg		Münster	1973	10	M30	04:54,5	00:25:59
77		01:43:39	156	Lohmeyer, Frank		Gelsenkirchen	1968	21	M35	04:54,7	00:26:03
78		01:43:56	114	Gruhlke, Gero		Gladbeck	1964	22	M40	04:55,5	00:26:20
79		01:43:58	23	Blum, Gerd		SV Gladbeck 13	1940	1	M65	04:55,6	00:26:22
80		01:43:58	212	Cermak, Peter		Moerser TV	1956	12	M45	04:55,6	00:26:22
81		01:44:06	26	Gerhard, Klaus		BSG Sparkasse Essen	1960	13	M45	04:56,0	00:26:30
82		01:44:09	63	Kühn, Achim		LT Rhein Herne Kanal	1954	7	M50	04:56,1	00:26:33
83		01:44:14	55	Springer, Kai-Uwe		SG HSH Nordbank	1969	22	M35	04:56,3	00:26:38
84		01:44:14	87	Springer, Karsten		SG HSH Nordbank	1969	23	M35	04:56,3	00:26:38
85		01:44:36	214	Rudolph, Dieter		Mülheim-Ruhr	1957	14	M45	04:57,4	00:27:00
86		01:44:48	32	Koller, Thorsten		SV Gladbeck 13	1970	24	M35	04:58,0	00:27:12
87		01:44:52	183	Müller, Peter		SV Gladbeck 13	1960	15	M45	04:58,1	00:27:16
88		01:45:00	210	Schneider, Stepha		Essen	1956	16	M45	04:58,5	00:27:24
89		01:45:19	185	Wachtmeister, Wilf		SV Gladbeck 13	1953	8	M50	04:59,4	00:27:43
90		01:45:22	140	Geib, Joachim		DJK Germania Gladbec	1961	23	M40	04:59,6	00:27:46
91		01:45:42	82	Maultzsch, Stefan		TV Gladbeck	1969	25	M35	05:00,5	00:28:06
92		01:46:09	8	Gawlytta, Jürgen		Markuskirche	1958	17	M45	05:01,8	00:28:33
93		01:46:13	129	Pörschke, Ralf		Gladbeck	1965	24	M40	05:02,0	00:28:37
94		01:46:52	25	Menke, Dirk		Gladbeck	1968	26	M35	05:03,8	00:29:16
95		01:46:56	150	Kieslers, Dirk		Gladbeck	1967	27	M35	05:04,0	00:29:20
96		01:47:43	121	Ulbrich-Gebauer, C		Event Sailing	1974	11	M30	05:06,3	00:30:07
97		01:47:50	243	Albracht, Markus		VfL Gladbeck	1969	28	M35	05:06,6	00:30:14
98		01:48:10	159	Koopmann, Ludger		Gladbeck	1960	18	M45	05:07,5	00:30:34
99		01:48:31	119	Schlücking, Torste		SV Neptun Gelsenkirch	1969	29	M35	05:08,5	00:30:55
100		01:48:43	127	Schulz, Uwe Rainel		schully.de	1959	19	M45	05:09,1	00:31:07
101		01:48:48	115	Steinle, Günter		Adler-Langlauf Bottrop	1944	2	M60	05:09,3	00:31:12
102		01:48:55	29	Winning, Andreas		Markuskirche	1984	3	MHK	05:09,7	00:31:19
2	W	01:48:59	255	Schuette, Marion		Viermärker Dortmund	1967	1	W35	05:09,9	00:18:42
103		01:49:11	241	Kunigo, Hayato		FC Schalke 04	1978	4	MHK	05:10,4	00:31:35
104		01:49:14	138	Liebich-Eisele, Geo		Gladbeck	1959	20	M45	05:10,6	00:31:38
105		01:49:28	208	Katzer, Wolfgang		TV Gladbeck	1956	21	M45	05:11,2	00:31:52
106		01:49:31	112	Odrozek, Christian		Borken	1974	12	M30	05:11,4	00:31:55
107		01:49:32	99	Jaspers, Volker		Herne	1959	22	M45	05:11,4	00:31:56
108		01:49:33	238	Langos, Andreas		Herten	1958	23	M45	05:11,5	00:31:57
109		01:49:55	151	Topheide, Markus		Gelsenkirchen	1969	30	M35	05:12,5	00:32:19
110		01:50:21	30	Hermann, Michael		Bottrop	1966	31	M35	05:13,7	00:32:45
111		01:50:29	242	Ehrlein, Torsten		TVK	1965	25	M40	05:14,1	00:32:53
112		01:50:32	163	Bos, Michael		City-Runners-Brauck	1959	24	M45	05:14,3	00:32:56
113		01:50:32	22	Genske, Frank		Gladbeck	1964	26	M40	05:14,3	00:32:56
114		01:50:39	44	Lenz, Jürgen		Bochum	1969	32	M35	05:14,6	00:33:03



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115		01:50:44	186	Brelina, Tom		BP Running Team	1967	33	M35	05:14,8	00:33:08
3	W	01:50:56	203	Luerweg, Sylvia		Adler Langlauf Bottrop	1968	2	W35	05:15,4	00:20:39
116		01:51:45	45	Schmitz, Michael		Datteln	1964	27	M40	05:17,7	00:34:09
117		01:51:57	116	Kuckhermann, Frie		Adler-Langlauf Bottrop	1945	3	M60	05:18,3	00:34:21
4	W	01:52:18	69	Strauss, Petra		Ski-Club Gladbeck	1968	3	W35	05:19,3	00:22:01
118		01:52:25	256	Kleinefeld, Theo		Adler Bottrop	1952	9	M50	05:19,6	00:34:49
119		01:52:35	190	Loeffler, Bernd		Essen	1956	25	M45	05:20,1	00:34:59
5	W	01:52:46	65	Jost, Stefanie		Gladbeck	1970	4	W35	05:20,6	00:22:29
120		01:53:18	188	Brunngraber, Uwe		Gladbeck	1961	28	M40	05:22,1	00:35:42
121		01:53:19	237	Thiel, Joachim		Herten	1958	26	M45	05:22,2	00:35:43
122		01:53:28	83	Schildberg, Ulrich		CT Wanne	1956	27	M45	05:22,6	00:35:52
123		01:53:47	38	Bader, Johannes		VfL Gladbeck Fun Runn	1946	6	M55	05:23,5	00:36:11
124		01:53:57	175	Gerigk, Patrik		Gladbeck	1969	34	M35	05:24,0	00:36:21
125		01:54:01	162	Ulbrich, Christoph		Gladbeck	1986	1	MJugA	05:24,2	00:36:25
6	W	01:54:15	217	Sanders, Ursula		Essen	1951	1	W50	05:24,8	00:23:58
126		01:54:18	247	Corzillius, Markus		Oer-Erkenschwick	1973	13	M30	05:25,0	00:36:42
127		01:54:22	95	Wurm, Wolfgang		Marathongruppe Rintel	1936	2	M65	05:25,2	00:36:46
7	W	01:54:23	146	Winterfeld, Silke		Gladbeck	1986	1	WJugA	05:25,2	00:24:06
128		01:54:47	118	Thienel, Rüdiger		Gladbeck	1958	28	M45	05:26,3	00:37:11
129		01:54:53	73	Petrak, Wolfgang		Herne	1960	29	M45	05:26,6	00:37:17
130		01:54:57	124	Waschkewitz, Joer		Adler Ellinghorst	1957	30	M45	05:26,8	00:37:21
131		01:55:02	195	Röttger, Günter		Witten	1961	29	M40	05:27,1	00:37:26
132		01:55:23	5	Peter, Ronald		HLG 98 Wuppertal	1960	31	M45	05:28,1	00:37:47
133		01:55:36	54	Gairing, Gerhard		LT Rhein Herne Kanal	1948	7	M55	05:28,7	00:38:00
8	W	01:55:41	213	Cermak, Brigitte		Moerser TV	1957	1	W45	05:28,9	00:25:24
134		01:55:56	117	Bürger, Johannes		LT Rhein Herne Kanal	1956	32	M45	05:29,6	00:38:20
135		01:56:16	53	Nickel, Lothar		Herzebrock-Clarholz	1954	10	M50	05:30,6	00:38:40
136		01:57:03	16	Bozoglu, Metin		Dorsten	1969	35	M35	05:32,8	00:39:27
137		01:57:09	13	Störmer, Alexande		Duisburg	1971	14	M30	05:33,1	00:39:33
138		01:57:14	72	Hahn, Horst		Bottrop	1960	33	M45	05:33,3	00:39:38
9	W	01:57:25	49	Fiedler, Ilona		Solingen	1969	5	W35	05:33,8	00:27:08
139		01:58:00	56	Garczarch, Andrea		Gladbeck	1971	15	M30	05:35,5	00:40:24
140		01:58:01	40	Siefert, Manfred		SGBR Bocholt	1956	34	M45	05:35,5	00:40:25
141		01:58:01	179	Rojik, Volker		Gladbeck	1960	35	M45	05:35,5	00:40:25
142		01:58:09	120	Max, Michael		Event Sailing	1960	36	M45	05:36,9	00:40:33
143		01:58:10	230	Pietsch, Heinz		EC Peiting	1951	11	M50	05:36,0	00:40:34
144		01:58:26	223	Voelkner, Rainer		Iserlohner Triathlon Te	1958	37	M45	05:36,7	00:40:50
145		01:58:29	132	Zachcial, Andreas		Duisburg	1973	16	M30	05:36,9	00:40:53
146		01:58:29	249	Staats, Ulrich		Duisburg	1970	36	M35	05:36,9	00:40:53
147		01:58:30	27	Jentsch, Bernhard		Gladbeck	1958	38	M45	05:36,9	00:40:54
148		01:58:31	1	Geriger, Klaus		VfL Gladbeck	1940	3	M65	05:37,0	00:40:55
149		01:58:41	88	Scherer, Thorsten		Oberhausen	1967	37	M35	05:37,4	00:41:05
150		01:58:42	68	Abbenhaus, Rainer		Oberhausen	1969	38	M35	05:37,5	00:41:06
151		01:58:43	122	Placzek, Peter		Germania Gladbeck	1958	39	M45	05:37,5	00:41:07
152		01:58:44	219	Flormann, Karl-Die		Lauf Team Unna	1945	4	M60	05:37,6	00:41:08
153		01:59:17	152	Eisele, Georg		Aachen	1962	30	M40	05:39,1	00:41:41
154		01:59:55	143	Mahl, Dirk		Bottrop	1975	17	M30	05:41,9	00:42:19
155		02:00:01	136	Mahl, André		Bottrop	1964	31	M40	05:41,2	00:42:25
156		02:00:13	125	Grewe-Franze, Chr		Gladbeck	1957	40	M45	05:41,8	00:42:37
157		02:00:22	144	Reimann, Michael		Gladbeck	1986	2	MJugA	05:42,2	00:42:46
158		02:00:23	11	Wobser, Dirk		Gelsenkirchen	1964	32	M40	05:42,3	00:42:47
10	W	02:00:25	48	Katafiasz, Gabriele		TV Einigkeit Gladbeck	1959	2	W45	05:42,4	00:30:08
159		02:00:53	171	Temma, Andreas		VfL Gladbeck	1958	41	M45	05:43,7	00:43:17
160		02:00:53	10	Stanek, Bernd		Gladbeck	1951	12	M50	05:43,7	00:43:17
161		02:01:09	35	Strassburger, Holg			1961	33	M40	05:44,5	00:43:33
11	W	02:01:29	137	Beckfeld, Simone		Bottrop	1965	2	W40	05:45,4	00:31:12
12	W	02:02:47	126	Diesner, Marion		Essen	1961	3	W40	05:49,1	00:32:30
13	W	02:03:38	70	Podbreger, Jutta		Bottrop	1967	6	W35	05:51,5	00:33:21



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162		02:03:39	79	Podbreger, Jörg		Bottrop	1965	34	M40	05:51,6	00:46:03
14	W	02:03:49	52	Priester, Sandra		Gladbeck	1972	1	W30	05:52,0	00:33:32
163		02:03:59	31	Louwen, Christian			1961	35	M40	05:52,5	00:46:23
164		02:04:58	148	Kaniewski, Markus		Pieper-Freizeit	1963	36	M40	05:55,3	00:47:22
15	W	02:05:54	135	Franze, Birgit		Gladbeck	1960	3	W45	05:58,0	00:35:37
165		02:05:54	107	Zobel, Helge		Bochum	1958	42	M45	05:58,0	00:48:18
166		02:07:26	173	Gudasch, Karsten		Gladbeck	1977	5	MHK	06:02,3	00:49:50
167		02:07:31	19	Bresgott, Michael		Gladbeck	1960	43	M45	06:02,6	00:49:55
16	W	02:07:53	4	Kallwitz, Dorothea		VfL Gladbeck	1953	2	W50	06:03,6	00:37:36
17	W	02:08:14	74	Koschorek, Gabi		Essen	1962	4	W40	06:04,6	00:37:57
168		02:08:20	103	Hartmann, Jürgen		Bottrop	1961	37	M40	06:04,9	00:50:44
18	W	02:09:06	106	Meyer, Martina		Essen	1962	5	W40	06:07,1	00:38:49
19	W	02:09:24	200	Guttman-Asbeck,		Bochum	1958	4	W45	06:07,9	00:39:07
169		02:09:25	201	Asbeck, Jörg		Bochum	1963	38	M40	06:08,0	00:51:49
20	W	02:09:53	165	Detampel, Heike		Gladbeck	1960	5	W45	06:09,3	00:39:36
170		02:10:28	39	Wenzig, Kurt		Gladbeck	1938	4	M65	06:11,9	00:52:52
171		02:10:38	6	Knura, Norbert		SV Gladbeck 13	1944	5	M60	06:11,4	00:53:02
172		02:10:44	245	Schiffer, Klaus		Gladbeck	1957	44	M45	06:11,7	00:53:08
173		02:11:08	61	Rogosenski, Dirk		Gladbeck	1969	39	M35	06:12,8	00:53:32
174		02:11:17	227	Ingendorff, Andrea		Gladbeck	1986	3	MJugA	06:13,3	00:53:41
21	W	02:11:41	75	Dusza, Birgit		Gladbeck	1966	7	W35	06:14,4	00:41:24
175		02:11:42	78	Danowski, Ulrich		Gladbeck	1953	13	M50	06:14,5	00:54:06
22	W	02:11:43	155	Adler, Anja		TV Einigkeit Gladbeck	1968	8	W35	06:14,5	00:41:26
23	W	02:11:48	36	Oeynhaus, Sabir		TV Horst-Emscher	1950	1	W55	06:14,7	00:41:31
24	W	02:12:35	84	Schildberg, Britta		Gladbeck	1981	1	WHK	06:17,0	00:42:18
25	W	02:12:47	24	Rathcke, Julia		Bottrop	1988	1	WJugB	06:17,5	00:42:30
26	W	02:13:41	141	Kneip, Birgit		Oer-Erkenschwick	1975	2	W30	06:20,1	00:43:24
176		02:13:43	51	Stefan, Reinhard		Gladbeck	1952	14	M50	06:20,2	00:56:07
177		02:13:54	229	Eickhoff, Klaus		Bochum	1970	40	M35	06:20,7	00:56:18
27	W	02:13:54	196	Kueper, Anja		TTW	1965	6	W40	06:20,7	00:43:37
178		02:14:25	199	Helle, Bernhard		BSG WAZ Essen	1953	15	M50	06:22,2	00:56:49
179		02:15:40	189	Heise, Volker		Fitnesspark Bochum	1965	39	M40	06:25,7	00:58:04
28	W	02:15:40	86	Taschner, Julia		Dortmund	1971	3	W30	06:25,7	00:45:23
180		02:16:18	130	Muffler, Thomas		Gladbeck	1964	40	M40	06:27,5	00:58:42
181		02:16:47	128	Floss, Peter		Gelsenkirchen	1955	16	M50	06:28,9	00:59:11
182		02:16:47	154	Roenne, Jürgen		Gelsenkirchen	1965	41	M40	06:28,9	00:59:11
183		02:17:02	139	Klöppel, Klaus		Gladbeck	1955	17	M50	06:29,6	00:59:26
184		02:17:11	60	Priester, Jörg		Gladbeck	1967	41	M35	06:30,0	00:59:35
29	W	02:17:16	172	Radomski, Heidi		Gladbeck	1949	2	W55	06:30,3	00:46:59
185		02:17:35	181	Dittmer, Klaus		Dorsten	1964	42	M40	06:31,2	00:59:59
186		02:17:36	180	Huttny, Peter		Gladbeck	1976	6	MHK	06:31,2	01:00:00
187		02:18:01	111	Heck, Jochen		Gladbeck	1965	43	M40	06:32,4	01:00:25
30	W	02:18:01	109	Heck, Gabi		Gladbeck	1967	9	W35	06:32,4	00:47:44
31	W	02:18:31	198	Neuloh, Katharina		TTW	1984	2	WHK	06:33,8	00:48:14
32	W	02:21:15	197	Jescke, Simone		TTW	1971	4	W30	06:41,6	00:50:58
188		02:21:50	191	Ferner, Martin		Essen	1967	42	M35	06:43,3	01:04:14
189		02:22:08	41	Wischnewski, Step		Gladbeck	1975	18	M30	06:44,1	01:04:32
190		02:22:09	42	Wiesner, Patrick		Gladbeck	1971	19	M30	06:44,2	01:04:33
33	W	02:22:12	816	Bruckhoff, Vera		Triathlon Team Witten	1960	6	W45	06:44,3	00:51:55
191		02:22:32	176	Schwarz, Klaus		Wacker Gladbeck	1953	18	M50	06:45,3	01:04:56
34	W	02:23:49	47	Berg, Elke		Triathlon-Team-Witten	1956	7	W45	06:48,9	00:53:32
35	W	02:23:49	246	Neumann, Susann		VfL Gladbeck	1963	7	W40	06:48,9	00:53:32
36	W	02:23:50	62	Kreutz, Elisabeth		Castrop-Rauxel	1958	8	W45	06:49,0	00:53:33
192		02:23:50	12	Baumeister, Uwe		Gladbeck	1957	45	M45	06:49,0	01:06:14
193		02:26:42	18	Laarmann, Peter		Deutscher Karate Verb	1964	44	M40	06:57,1	01:09:06
194		02:33:04	220	Weis, Christian		Bottrop	1981	7	MHK	07:15,2	01:15:28
195		02:35:29	257	Dönmez, Erol		Düsseldorf	1964	45	M40	07:22,1	01:17:53
196		02:37:21	221	Paulsen, Matthias		Bottrop	1982	8	MHK	07:27,4	01:19:45



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Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
1		00:35:11	894	Ogrzevalla, Felix		SV Gladbeck 1913	1987	1	MJugA	03:31,1	00:00:00
2		00:36:09	840	Cam, Sefai		Essen	1973	1	M30	03:36,9	00:00:58
3		00:36:25	853	Prang, Heribert		Essen	1952	1	M50	03:38,5	00:01:14
4		00:36:39	893	Jeusfeld, Dirk		Gerscheder SV	1965	1	M40	03:39,9	00:01:28
5		00:37:37	511	Abllass, Marko		Oberhausen	1979	1	MHK	03:45,7	00:02:26
6		00:37:38	899	Warszawski, Henry		Gelsenkirchen	1955	2	M50	03:45,8	00:02:27
7		00:38:36	868	Küperkoch, Ludger		PV Triathlon Witten	1968	1	M35	03:51,6	00:03:25
8		00:39:00	440	Wiedernhöfer, Frar		SV Gladbeck 13	1966	2	M35	03:54,0	00:03:49
9		00:39:16	888	Papenfuß, Jürgen		SV Gladbeck 1913	1963	2	M40	03:55,6	00:04:05
10		00:40:34	518	Geisler, Michèl		Gelsenkirchen	1977	2	MHK	04:03,4	00:05:23
11		00:40:36	531	Stefan, Oliver		LG Feuerwehr Gladbec	1975	2	M30	04:03,6	00:05:25
1	W	00:40:55	508	Ortega Sawal, Tan		Essen	1968	1	W35	04:05,5	00:00:00
12		00:41:03	561	Fischer, Ulrich		VfL Gladbeck Fun Runr	1957	1	M45	04:06,3	00:05:52
13		00:41:32	864	Lorek, Marcel		Team Erdinger Gladbei	1978	3	MHK	04:09,2	00:06:21
14		00:41:34	458	Möllers, Martin		TuS Stadtlohn	1967	3	M35	04:09,4	00:06:23
15		00:42:00	852	Reichwein, Klaus		Gladbeck	1958	2	M45	04:12,0	00:06:49
2	W	00:42:17	886	Thiel, Barbara		USC Bochum	1966	2	W35	04:13,7	00:01:22
16		00:42:18	862	Kipar, Mirco		SV Gladbeck 1913	1972	3	M30	04:13,8	00:07:07
3	W	00:42:21	878	Jansen, Gabriele		TSG Kirchhellen	1970	3	W35	04:14,1	00:01:26
4	W	00:42:22	860	Waldenburg, Corin		Team Erdinger Gladbei	1979	1	WHK	04:14,2	00:01:27
17		00:42:45	850	Seidel, Jürgen		TV Gladbeck	1956	3	M45	04:16,5	00:07:34
18		00:43:02	487	Apelmeier, Markus		Wirkungstrinker	1969	4	M35	04:18,2	00:07:51
19		00:43:44	555	Bungert, Frank		Dinslaken	1957	4	M45	04:22,4	00:08:33
20		00:44:18	858	Damm, Gerhard		Parksauna Damm Glac	1955	3	M50	04:25,8	00:09:07
21		00:44:28	490	Zabka, Stephan		Buio Omega Speed Ge	1969	5	M35	04:26,8	00:09:17
22		00:44:49	892	Küper, Simeon		MTV Rheinwacht Dinsla	1988	1	MJugB	04:28,9	00:09:38
23		00:44:59	857	Wickermann, Lothar		Gelsenkirchen	1958	5	M45	04:29,9	00:09:48
24		00:45:25	859	Stammkötter, Klau		Waltrop	1958	6	M45	04:32,5	00:10:14
25		00:45:35	871	Kolecki, Ralf		Gelsenkirchen	1962	3	M40	04:33,5	00:10:24
5	W	00:45:55	867	Wiegand, Birgit		PV Triathlon Witten	1966	4	W35	04:35,5	00:05:00
26		00:46:26	468	Blißenbach, Martin		Gladbeck	1968	6	M35	04:38,6	00:11:15
27		00:46:27	467	Fröbus, Swen		Gladbeck	1961	4	M40	04:38,7	00:11:16
28		00:46:39	472	Weiß, Uwe		Kemnade Lake Runner	1964	5	M40	04:39,9	00:11:28
29		00:46:39	504	Schulz, Michael		FC Gladbeck	1965	6	M40	04:39,9	00:11:28
30		00:47:05	492	Huttny, Dieter		Hobbyläufer	1961	7	M40	04:42,5	00:11:54
31		00:47:09	539	Szczesny, Andreas		Gladbeck	1965	8	M40	04:42,9	00:11:58
32		00:47:16	489	de Cruppe, Uwe		Gladbeck	1961	9	M40	04:43,6	00:12:05
33		00:47:19	524	Langner, Jürgen		Dorsten	1956	7	M45	04:43,9	00:12:08
34		00:47:23	549	Duits, Wilhelm		Gladbeck	1983	4	MHK	04:44,3	00:12:12
35		00:47:24	674	Opper, Christoph		Bottrop	1977	5	MHK	04:44,4	00:12:13
36		00:47:25	526	Schmidt, Stefan		Team Junge Union	1979	6	MHK	04:44,5	00:12:14
37		00:47:29	856	Lehmann, Reinholc		SV Lembeck	1947	1	M55	04:44,9	00:12:18
38		00:47:42	690	Berger, Lukas		Gladbeck	1983	7	MHK	04:46,2	00:12:31
39		00:47:56	851	Mikolajek, Gerd		Gelsenkirchen	1959	8	M45	04:47,6	00:12:45
40		00:48:05	486	Sobottka, Martin		Gladbeck	1967	7	M35	04:48,5	00:12:54
41		00:48:10	891	Huvers, Ferdinand		DJK Adler 07 Bottrop	1956	9	M45	04:49,0	00:12:59
42		00:48:18	908	Ofiera, Roman		Fun Runners Gladbeck	1961	10	M40	04:49,8	00:13:07
43		00:48:21	872	Dötsch, Wolfgang		Gelsenkirchen	1962	11	M40	04:50,1	00:13:10
44		00:48:33	844	Rienass, Frank		Gladbeck	1965	12	M40	04:51,3	00:13:22
45		00:48:43	882	Godau, Michael		Gelsenkirchen	1965	13	M40	04:52,3	00:13:32
46		00:48:45	484	Peters, Thomas		VfL Gladbeck	1964	14	M40	04:52,5	00:13:34
47		00:48:46	876	Voss, Peter		Dorsten	1960	10	M45	04:52,6	00:13:35
48		00:48:48	471	Becker, Lothar		Dorsten	1950	2	M55	04:52,8	00:13:37
49		00:49:12	542	Nienz, Stefan		Gladbeck	1982	8	MHK	04:55,2	00:14:01
50		00:49:19	896	Schlitzkus, Jürgen		FC Stoppenberg	1940	1	M65	04:55,9	00:14:08
51		00:49:28	838	Stamm, Michael		Gelsenkirchen	1961	15	M40	04:56,8	00:14:17
52		00:49:30	890	Kaczmarek, Hans		VfL Hüls	1963	16	M40	04:57,0	00:14:19
53		00:49:48	863	Heidtmann, Walter		Gladbeck	1953	4	M50	04:58,8	00:14:37



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Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
54		00:49:50	545	Sehrbrock, Johann		Gelsenkirchen	1964	17	M40	04:59,0	00:14:39
55		00:50:04	881	Angeneter, Gerd		Herten	1957	11	M45	05:00,4	00:14:53
6	W	00:50:18	443	Baldes, Christina		SV Gladbeck 13	1971	1	W30	05:01,8	00:09:23
7	W	00:50:44	550	Bieber, Heike		Herten	1963	1	W40	05:04,4	00:09:49
56		00:50:44	505	Hohenberg, Achim		LT Rhein Herne Kanal	1958	12	M45	05:04,4	00:15:33
57		00:50:49	557	Scharry, Bernd		Deutscher Karate Verb	1956	13	M45	05:04,9	00:15:38
58		00:51:00	675	Adamski, Andreas		Gladbeck	1974	4	M30	05:06,0	00:15:49
59		00:51:03	453	Meinert, Georg		VfL Gladbeck	1960	14	M45	05:06,3	00:15:52
60		00:51:12	448	Fielitz, Hans-Udo		Mülheim	1962	18	M40	05:07,2	00:16:01
61		00:51:17	475	Dahlheimer, Jürge		Düsseldorfer TV	1948	3	M55	05:07,7	00:16:06
62		00:51:27	756	Hofmann, Guido		Markuskirche	1965	19	M40	05:08,7	00:16:16
63		00:51:29	441	Herzog, Albert		Emschergenossenscha	1943	1	M60	05:08,9	00:16:18
8	W	00:51:29	473	Schettler, Uta		VfL Hüls	1965	2	W40	05:08,9	00:10:34
64		00:51:30	842	Berwanger, Peter		VFL Hüls	1941	2	M60	05:09,0	00:16:19
65		00:51:31	883	Harmeling, Reinhar		SuS Stadtlohn	1965	20	M40	05:09,1	00:16:20
66		00:51:44	676	Seipelt, Hans-Diete		VfL Gladbeck	1940	2	M65	05:10,4	00:16:33
67		00:51:50	755	Varnhold, Udo		TCHW Wittingen	1956	15	M45	05:11,0	00:16:39
68		00:51:51	482	Brylak, Berthold		Gladbeck	1963	21	M40	05:11,1	00:16:40
69		00:52:14	514	Marzinzik, Frank		Essen	1970	8	M35	05:13,4	00:17:03
70		00:52:20	689	Thiele-Salih, Volke		Team Markuskirche	1953	5	M50	05:14,0	00:17:09
9	W	00:52:21	520	Braun, Martina		Markuskirche	1964	3	W40	05:14,1	00:11:26
71		00:52:27	854	Graw, Udo		SV Langendreer 04	1964	22	M40	05:14,7	00:17:16
72		00:52:30	464	Schulz, Christian		Gladbeck	1980	9	MHK	05:15,0	00:17:19
73		00:52:46	540	Fährnich, Olaf		Gladbeck	1970	9	M35	05:16,6	00:17:35
74		00:53:01	478	Tomanek, Stefan		Bottrop	1965	23	M40	05:18,1	00:17:50
10	W	00:53:13	442	Geib, Vanessa		SV Gladbeck 13	1989	1	WJugB	05:19,3	00:12:18
11	W	00:53:13	451	Polan, Christina		SV Gladbeck 13	1988	2	WJugB	05:19,3	00:12:18
75		00:53:15	544	Kollings, Carsten		Bottrop	1969	10	M35	05:19,5	00:18:04
76		00:53:19	495	Reclik, Volker		Gladbeck	1970	11	M35	05:19,9	00:18:08
77		00:53:28	875	Barzen, Michael		Gelsenkirchen	1962	24	M40	05:20,8	00:18:17
78		00:53:34	556	Scharry, Ernst		Deutscher Karate Verb	1955	6	M50	05:21,4	00:18:23
79		00:53:37	459	Mucks-Bueker, De		Markuskirche	1958	16	M45	05:21,7	00:18:26
80		00:53:40	832	Wirgs, Gregor		SV Gladbeck 1913	1966	12	M35	05:22,0	00:18:29
12	W	00:53:40	559	Kipar-Wirgs, Iris		SV Gladbeck 13	1967	5	W35	05:22,0	00:12:45
81		00:53:40	470	Jansen, Jörg-Thom		Bottrop	1967	13	M35	05:22,0	00:18:29
82		00:53:42	498	Tidau, Andreas		Markuskirche	1964	25	M40	05:22,2	00:18:31
83		00:53:49	496	Grebing, Holger		Bochum	1973	5	M30	05:22,9	00:18:38
84		00:53:54	507	Niepötter, Klaus		sponsored by Vati	1968	14	M35	05:23,4	00:18:43
85		00:53:59	547	Kleinschnittger, An		Markuskirche	1958	17	M45	05:23,9	00:18:48
86		00:54:12	686	Rocholz, Bodo		TB Beckhausen	1972	6	M30	05:25,2	00:19:01
13	W	00:54:13	688	Gaßner, Brigitte		TB Beckhausen	1964	4	W40	05:25,3	00:13:18
87		00:54:13	536	Wichmann, Andrea		VfL Gladbeck Fun Run	1964	26	M40	05:25,3	00:19:02
88		00:54:18	761	Kiedel, André		Gelsenkirchen	1973	7	M30	05:25,8	00:19:07
14	W	00:54:20	887	Berwe, Melanie		Gladbeck	1977	2	WHK	05:26,0	00:13:25
89		00:54:22	877	Salewski, Bernhar		Gelsenkirchen	1963	27	M40	05:26,2	00:19:11
15	W	00:54:23	445	Knoppe, Eva		Dorsten	1970	6	W35	05:26,3	00:13:28
90		00:54:45	438	Dubielzig, Ingo		Emschergenossenscha	1966	15	M35	05:28,5	00:19:34
91		00:54:47	488	Kiss, Prof. Dr. Tibo		Gelsenkirchen	1962	28	M40	05:28,7	00:19:36
92		00:55:00	879	Lobe, Horst		Feuerwehr Velbert	1946	4	M55	05:30,0	00:19:49
93		00:55:14	503	Eltze, Ludger		Deutscher Karate Verb	1961	29	M40	05:31,4	00:20:03
94		00:55:22	455	Droste, Eckhard		Gladbeck	1938	3	M65	05:32,2	00:20:11
95		00:55:28	477	Jung, Klaus		VfL Gladbeck	1952	7	M50	05:32,8	00:20:17
96		00:56:10	548	Hottelmann, Lukas		LG Fries Kamp	1993	2	MJugB	05:37,0	00:20:59
16	W	00:56:13	558	König-Schröter, Me		Deutscher Karate Verb	1963	5	W40	05:37,3	00:15:18
97		00:56:14	538	Hottelmann, Claus		LG Fries Kamp	1964	30	M40	05:37,4	00:21:03
98		00:56:36	535	Neumann, Thilo		VfL Gladbeck Fun Run	1961	31	M40	05:39,6	00:21:25
99		00:56:54	457	Blissenbach, Franz		TV Gladbeck	1941	3	M60	05:41,4	00:21:43
100		00:57:00	837	Pradel, Matthias		Bottrop	1964	32	M40	05:42,0	00:21:49



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101		00:57:29	483	George, Ulrich		VfL Gladbeck	1934	1	M70	05:44,9	00:22:18
17	W	00:57:52	562	Teschler-Borges, C		Deutscher Karate Verb	1959	1	W45	05:47,2	00:16:57
18	W	00:57:55	461	Ploeger, Vera		Gladbeck	1966	7	W35	05:47,5	00:17:00
102		00:57:56	466	Eichhorn, Rüdiger		Duisburg	1963	33	M40	05:47,6	00:22:45
103		00:57:56	552	Braun, Kevin		Bottrop	1991	3	MJugB	05:47,6	00:22:45
104		00:58:09	530	Hüfner, Manfred		Team EVAG	1952	8	M50	05:48,9	00:22:58
105		00:58:25	512	Zurawski, Peter		Gelsenkirchen	1956	18	M45	05:50,5	00:23:14
106		00:58:30	476	Strunk, Oliver		Gladbeck	1972	8	M30	05:51,0	00:23:19
107		00:58:30	560	Jägers, Julian		VfL Gladbeck	1991	4	MJugB	05:51,0	00:23:19
108		00:58:41	687	Horstmann, Manfre		TB Beckhausen	1946	5	M55	05:52,1	00:23:30
109		00:58:44	758	Klatt, Friedhard		Marl	1937	4	M65	05:52,4	00:23:33
110		00:58:49	537	Betka, Andreas		VfL Gladbeck Fun Run	1961	34	M40	05:52,9	00:23:38
111		00:59:01	671	Berger, Michael		SG Preußen Gladbeck	1967	16	M35	05:54,1	00:23:50
19	W	00:59:01	672	Berger, Annette		TV Deutsche Eiche Bot	1966	8	W35	05:54,1	00:18:06
20	W	00:59:03	497	Petrak, Ulrike		Herne	1968	9	W35	05:54,3	00:18:08
112		00:59:09	874	Hussing, Johannes		Gelsenkirchen	1963	35	M40	05:54,9	00:23:58
21	W	00:59:28	452	Nickel, Christina		VfL Gladbeck Fun Run	1958	2	W45	05:56,8	00:18:33
22	W	00:59:29	532	Schmidt, Kristin		Bottrop	1989	3	WJugB	05:56,9	00:18:34
23	W	00:59:33	493	Schloßmacher, Anc		Dortmund	1976	3	WHK	05:57,3	00:18:38
113		00:59:34	494	Schwafert, Heiko		Dortmund	1975	9	M30	05:57,4	00:24:23
114		00:59:39	462	Weishaupt, Ing. W		Gladbeck	1961	36	M40	05:57,9	00:24:28
24	W	00:59:42	509	Roolant, Iris		Gladbeck	1966	10	W35	05:58,2	00:18:47
25	W	00:59:44	485	Fröhlich, Susanne		Gladbeck	1969	11	W35	05:58,4	00:18:49
115		00:59:44	460	Müller, Jürgen		Erkrath	1946	6	M55	05:58,4	00:24:33
26	W	00:59:44	551	Vermaßen, Petra		Deutscher Karate Verb	1969	12	W35	05:58,4	00:18:49
27	W	00:59:45	843	Rienass, Martina		Gladbeck	1965	6	W40	05:58,5	00:18:50
116		00:59:45	845	Hampl, Fredi		Gladbeck	1962	37	M40	05:58,5	00:24:34
117		00:59:46	553	Rickert, Uli		Gladbeck	1989	5	MJugB	05:58,6	00:24:35
28	W	00:59:53	685	Lange, Iris		VfL Gladbeck Fun Run	1969	13	W35	05:59,3	00:18:58
29	W	00:59:56	677	Wachsmann, Regir		Gladbeck	1963	7	W40	05:59,6	00:19:01
30	W	00:59:56	481	Hornerbom, Ingrid		TV Einigkeit Gladbeck	1944	1	W60	05:59,6	00:19:01
31	W	01:00:02	760	Honz, Cornelia		Herten	1973	2	W30	06:00,2	00:19:07
118		01:00:03	500	Schneider, Günter		Team Kevins MAM	1953	9	M50	06:00,3	00:24:52
32	W	01:00:29	885	Kopleck, Susanne		Gelsenkirchen	1975	3	W30	06:02,9	00:19:34
33	W	01:00:31	869	Krah, Bettina		VfL Gladbeck	1975	4	W30	06:03,1	00:19:36
34	W	01:00:31	870	Landewee, Daniela		Gladbeck	1973	5	W30	06:03,1	00:19:36
119		01:00:37	678	Kapustic, Ronald		Gladbeck	1947	7	M55	06:03,7	00:25:26
120		01:00:39	841	Fink, Thomas		Gladbeck	1974	10	M30	06:03,9	00:25:28
121		01:00:47	848	Mierzynski, Marco		LT Heisse Sohle	1968	17	M35	06:04,7	00:25:36
122		01:00:56	517	Elsner, Rainer		SC Banzai Gelsenkirch	1970	18	M35	06:05,6	00:25:45
123		01:00:58	516	Jakobus, Klaus		VfL Gladbeck	1966	19	M35	06:05,8	00:25:47
35	W	01:01:07	833	Dronia, Sabine		Gladbeck	1967	14	W35	06:06,7	00:20:12
36	W	01:01:11	847	Mierzynski, Silke		LT Heisse Sohle	1969	15	W35	06:07,1	00:20:16
124		01:01:41	759	Weyrath, Guido		Gladbeck	1964	38	M40	06:10,1	00:26:30
125		01:02:02	541	Weleda, Matthias		VfL Gladbeck Fun Run	1970	20	M35	06:12,2	00:26:51
37	W	01:02:37	447	Nienhaus, Brunhild		VfL Gladbeck	1953	1	W50	06:15,7	00:21:42
38	W	01:02:47	812	Friese, Andrea		Gladbeck	1965	8	W40	06:16,7	00:21:52
126		01:02:48	479	Friese, Markus		Gladbeck	1964	39	M40	06:16,8	00:27:37
39	W	01:02:49	515	Jakobus, Yvonne		VfL Gladbeck	1968	16	W35	06:16,9	00:21:54
40	W	01:03:06	456	Pache, Gabi		TV Einigkeit Gladbeck	1961	9	W40	06:18,6	00:22:11
41	W	01:03:19	513	Pasdzior, Edeltrauc		Gelsenkirchen	1959	3	W45	06:19,9	00:22:24
42	W	01:03:33	895	Freitag, Beate		VfL Gladbeck	1956	4	W45	06:21,3	00:22:38
127		01:03:48	439	Ötting, Rainer		Markuskirche	1961	40	M40	06:22,8	00:28:37
43	W	01:04:07	534	Betka, Anke		VfL Gladbeck Fun Run	1960	5	W45	06:24,7	00:23:12
44	W	01:05:12	463	Sawitzki, Silke		Gelsenkirchen	1969	17	W35	06:31,2	00:24:17
45	W	01:05:23	437	Schussner, Heidi		TV Einigkeit Gladbeck	1960	6	W45	06:32,3	00:24:28
128		01:08:16	554	Schmidt, Tobias		Bottrop	1993	6	MJugB	06:49,6	00:33:05
46	W	01:09:30	465	Maultzsch, Katja		Gladbeck	1974	6	W30	06:57,0	00:28:35



Rund um Schloss Wittringen 10 KM
Sonntag, 11. Sept. 2005
VfL Gladbeck

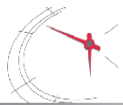
TEAMSOFT-SPORTZEIT.DE

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
129		01:09:34	501	Moser, Ralf		Die Camper	1962	41	M40	06:57,4	00:34:23
47	W	01:09:34	502	Moser, Birgit		Die Camper	1963	10	W40	06:57,4	00:28:39
130		01:09:39	543	Schütterle, Michae		Bottrop	1960	19	M45	06:57,9	00:34:28
131		01:10:24	480	Schmitz, Rolf Otto		TG Bochum 1884	1932	2	M70	07:02,4	00:35:13
132		01:10:45	519	Kölven, Markus		Duisburg	1973	11	M30	07:04,5	00:35:34
48	W	01:11:39	669	Kura, Nicole		Gladbeck	1976	4	WHK	07:09,9	00:30:44
49	W	01:11:39	670	Burger, Maren		Gladbeck	1975	7	W30	07:09,9	00:30:44
133		01:12:31	692	Neemann, Thomas		Mülheim	1977	10	MHK	07:15,1	00:37:20
50	W	01:16:30	450	Menger, Tanja		Gladbeck	1975	8	W30	07:39,0	00:35:35
51	W	01:16:55	521	Bünten, Jutta		Gladbeck	1973	9	W30	07:41,5	00:36:00
134		01:16:55	529	Schütze, Sebastiar		Gladbeck	1983	11	MHK	07:41,5	00:41:44
52	W	01:19:56	527	Büning, Anke		Oberhausen	1975	10	W30	07:59,6	00:39:01
135		01:19:56	528	Krenz, Holger		Gladbeck	1970	21	M35	07:59,6	00:44:45

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
1		00:17:00	912	Moellers, Thomas		LT Legden	1966	1	M35	03:24,0	00:00:00
2		00:17:05	573	Handschuh, Steph		TV Gladbeck	1982	1	MHK	03:25,0	00:00:05
3		00:17:15	575	Potrebitsch, Georg		SV Gladbeck 13	1984	2	MHK	03:27,0	00:00:15
4		00:17:28	597	Albrink, Thomas		FC Nordkirchen	1973	1	M30	03:29,6	00:00:28
5		00:17:36	913	Ernst, Uwe		TuS Sythen 1923	1964	1	M40	03:31,2	00:00:36
6		00:18:08	904	Stegemann, Bernd		SG Suderwich	1957	1	M45	03:37,6	00:01:08
7		00:18:55	861	Kieslich, Marcus		Raesfeld	1983	3	MHK	03:47,0	00:01:55
8		00:19:08	590	Bolin, Malte		TSG Kirchhellen	1989	1	MJugB	03:49,6	00:02:08
9		00:19:34	574	Friedrich, Peter		Gladbeck	1963	2	M40	03:54,8	00:02:34
10		00:19:41	849	Urbanowski, Frank		LT Heisse Sohle	1968	2	M35	03:56,2	00:02:41
11		00:19:45	907	Thimm, Thomas		Recklinghausen	1988	2	MJugB	03:57,0	00:02:45
12		00:19:55	633	Huhmann, Christof		VfL Gladbeck	1989	3	MJugB	03:59,0	00:02:55
13		00:19:59	839	Bertels, Luca		Münster	1985	4	MHK	03:59,8	00:02:59
14		00:20:03	905	Schötteldreier, Frie		SG Suderwich	1950	1	M55	04:00,6	00:03:03
15		00:20:04	632	Felsenberg, Thom		VfL Gladbeck Fun Runn	1965	3	M40	04:00,8	00:03:04
16		00:20:10	902	Wolf, Stefan		Eon Laufgemeinschaft	1970	3	M35	04:02,0	00:03:10
17		00:20:19	846	Grasedieck, Jan		VfL Gladbeck	1994	4	MJugB	04:03,8	00:03:19
18		00:20:20	906	Witt, Timo		Heidelberg	1984	5	MHK	04:04,0	00:03:20
19		00:20:30	910	Kulot, Holger		Www.Uli-Paetzel.de	1968	4	M35	04:06,0	00:03:30
20		00:20:31	628	Fischer, Ulrich		VfL Gladbeck Fun Runn	1957	2	M45	04:06,2	00:03:31
1	W	00:20:31	911	Maurer, Anne-Miek		LC Recklinghausen	1980	1	WHK	04:06,2	00:00:00
21		00:20:44	570	Franze, Joel		TV Gladbeck	1988	5	MJugB	04:08,8	00:03:44
22		00:21:12	728	Roland, Jan		Team Jugendrat	1984	6	MHK	04:14,4	00:04:12
2	W	00:21:15	751	Kaiser, Katharina		Team Jugendrat	1992	1	WJugB	04:15,0	00:00:44
23		00:21:57	600	Kaiser, Christoph		Gladbeck	1990	6	MJugB	04:23,4	00:04:57
24		00:22:02	793	Bartels, Werner		Adler-Langlauf Bottrop	1940	1	M65	04:24,4	00:05:02
25		00:22:14	594	Nowak, Detlev-Pal		BP GE-Running Team	1961	4	M40	04:26,8	00:05:14
26		00:22:22	700	Boese, Kai		Team Jugendrat	1992	7	MJugB	04:28,4	00:05:22
27		00:22:29	830	Lohaus, Stefan		VfL Gladbeck	1993	8	MJugB	04:29,8	00:05:29
28		00:22:53	831	Lohaus, Andreas		VfL Gladbeck	1991	9	MJugB	04:34,6	00:05:53
29		00:22:55	909	Thran, Siegfried		LG Haltern	1951	1	M50	04:35,0	00:05:55
30		00:22:58	707	Berger, Henning		Team Jugendrat	1994	10	MJugB	04:35,6	00:05:58
31		00:22:58	753	Jung, Stephan		VfL Gladbeck	1993	11	MJugB	04:35,6	00:05:58
3	W	00:23:07	771	Grasedieck, Lisa		Team Jugendrat	1992	2	WJugB	04:37,4	00:02:36
32		00:23:15	835	Sträwe, Alexander		Schalke 04	1979	7	MHK	04:39,0	00:06:15
33		00:23:17	763	Dombrowski, Jan		Team Jugendrat	1993	12	MJugB	04:39,4	00:06:17
34		00:23:40	701	Zimmermann, Mar		Team Jugendrat	1993	13	MJugB	04:44,0	00:06:40
35		00:23:46	773	Sienert, Tim		Team Jugendrat	1993	14	MJugB	04:45,2	00:06:46
4	W	00:23:48	733	Weist, Bettina		Team Jugendrat	1968	1	W35	04:45,6	00:03:17
36		00:23:55	726	Wagner, Fred		Team Jugendrat	1962	5	M40	04:47,0	00:06:55
5	W	00:23:58	915	Berkenbusch, Gise		DJK Adler 07 Bottrop	1957	1	W45	04:47,6	00:03:27
37		00:24:01	607	Franze, Jonathan		TV Gladbeck	1994	15	MJugB	04:48,2	00:07:01
38		00:24:11	589	Bolin, Peter		TSG Kirchhellen	1953	2	M50	04:50,2	00:07:11
39		00:24:30	691	Salih, Lukas		Team Markuskirche	1995	16	MJugB	04:54,0	00:07:30
6	W	00:24:33	782	Klomfass, Yvonne		Team Jugendrat	1994	3	WJugB	04:54,6	00:04:02
40		00:24:40	808	Ofiera, Marcel		Fun Runner Gladbeck	1993	17	MJugB	04:56,0	00:07:40
41		00:24:48	809	Ofiera, Roman		Gladbeck	1961	6	M40	04:57,6	00:07:48
42		00:24:49	702	Dönek, Deniz		Team Jugendrat	1993	18	MJugB	04:57,8	00:07:49
43		00:25:09	776	Radtke, Kevin		Team Jugendrat	1995	19	MJugB	05:01,8	00:08:09
44		00:25:16	580	Steingens, Marvin		TV Einigkeit Gladbeck	1994	20	MJugB	05:03,2	00:08:16
45		00:25:22	620	Winterfeld, Holger		Team Junge Union	1980	8	MHK	05:04,4	00:08:22
46		00:25:27	565	Staubach, Rainer		Gladbeck	1964	7	M40	05:05,4	00:08:27
7	W	00:25:40	795	Brecklinghaus, Briç		Adler-Langlauf Bottrop	1960	2	W45	05:08,0	00:05:09
47		00:25:41	788	Hellmich, Jan		Team Jugendrat	1993	21	MJugB	05:08,2	00:08:41
48		00:25:43	800	Binder, Bastian		SuS Stadtlohn Triathlon	1993	22	MJugB	05:08,6	00:08:43
8	W	00:25:43	797	Martens, Marlies		Adler-Langlauf Bottrop	1953	1	W50	05:08,6	00:05:12
9	W	00:25:43	796	Bartels, Gisela		Adler-Langlauf Bottrop	1949	1	W55	05:08,6	00:05:12
49		00:25:50	917	Thiele-Salih, Volke		Team Markuskirche	1953	3	M50	05:10,0	00:08:50

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
50		00:25:57	722	Wittphal, Christian		Team Jugendrat	1985	9	MHK	05:11,4	00:08:57
51		00:26:01	708	Mehmeti, Valton		Team Jugendrat	1993	23	MJugB	05:12,2	00:09:01
52		00:26:02	614	Butowski, Dennis		Deutscher Karate Verb:	1990	24	MJugB	05:12,4	00:09:02
53		00:26:06	599	Hallay, Florian		VfL Gladbeck	1994	25	MJugB	05:13,2	00:09:06
10	W	00:26:14	752	Appelt, Chantalle		Team Jugendrat	1993	4	WJugB	05:14,8	00:05:43
54		00:26:20	900	Krieger, Harry		SC Gladbeck 13	1943	1	M60	05:16,0	00:09:20
11	W	00:26:25	770	Salz, Fabienne		Team Jugendrat	1992	5	WJugB	05:17,0	00:05:54
55		00:26:29	727	Wirgs, Steffen		Team Jugendrat	1996	26	MJugB	05:17,8	00:09:29
56		00:26:29	762	Wirgs, Gregor		Team Jugendrat	1966	5	M35	05:17,8	00:09:29
57		00:26:31	567	Maretszek, Julien		Gladbeck	1995	27	MJugB	05:18,2	00:09:31
58		00:26:34	724	Wahle, Sebastian		Team Jugendrat	1984	10	MHK	05:18,8	00:09:34
12	W	00:26:41	623	Hein, Maike		Team Junge Union	1988	6	WJugB	05:20,2	00:06:10
13	W	00:26:50	792	Topka, Kornelia		Markuskirche	1968	2	W35	05:22,0	00:06:19
14	W	00:26:57	595	Fridrich, Annemari		Bottrop	1987	1	WJugA	05:23,4	00:06:26
59		00:26:59	901	Boerecz, Josef		Gladbeck	1957	3	M45	05:23,8	00:09:59
60		00:27:03	694	Erwig, Tim		Marl	1996	28	MJugB	05:24,6	00:10:03
61		00:27:04	693	Erwig, Andreas		Marl	1963	8	M40	05:24,8	00:10:04
62		00:27:12	571	Jägers, Manuel		VfL Gladbeck	1994	29	MJugB	05:26,4	00:10:12
15	W	00:27:16	603	Seeberg, Vanessa		Bottrop	1986	2	WJugA	05:27,2	00:06:45
63		00:27:17	588	Seeberg, Ulli		BSG Ruhrverband	1956	4	M45	05:27,4	00:10:17
64		00:27:35	695	Schulte, Jürgen		Gladbeck	1975	2	M30	05:31,0	00:10:35
65		00:27:36	602	Horn, Roland		Gladbeck	1966	6	M35	05:31,2	00:10:36
66		00:27:52	903	Wicht, Hermann		TV Horst Emscher	1936	2	M65	05:34,4	00:10:52
67		00:27:58	769	Dronia, Philipp		Team Jugendrat	1994	30	MJugB	05:35,6	00:10:58
68		00:28:04	740	Mutz, Bernd		Team Jugendrat	1985	11	MHK	05:36,8	00:11:04
69		00:28:09	834	Einhaus, Franz		Dorsten	1956	5	M45	05:37,8	00:11:09
70		00:28:21	836	Sträwe, Siegfried		Gelsenkirchen	1944	2	M60	05:40,2	00:11:21
71		00:28:22	746	Bücker, Jonathan		Team Jugendrat	1991	31	MJugB	05:40,4	00:11:22
72		00:28:24	618	Tidau, Andreas		Markuskirche	1964	9	M40	05:40,8	00:11:24
16	W	00:28:24	781	Waschkewitz, Lind		Team Jugendrat	1993	7	WJugB	05:40,8	00:07:53
73		00:28:24	592	Kiss, Julius		Gelsenkirchen	1992	32	MJugB	05:40,8	00:11:24
74		00:28:30	682	Appelt, Tim		VfL Gladbeck	1994	33	MJugB	05:42,0	00:11:30
75		00:28:30	681	Appelt, Stefan		GW Schultendorf	1966	7	M35	05:42,0	00:11:30
76		00:28:32	569	Spreen, Mirko		Gladbeck	1975	3	M30	05:42,4	00:11:32
77		00:28:37	730	Becker, Sven		Team Jugendrat	1987	1	MJugA	05:43,4	00:11:37
17	W	00:28:38	916	Seidel, Ute		TV Gladbeck	1958	3	W45	05:43,6	00:08:07
78		00:28:41	706	Ismaili, Senad		Team Jugendrat	1994	34	MJugB	05:44,2	00:11:41
18	W	00:28:41	783	Klomfass, Michelle		Team Jugendrat	1996	8	WJugB	05:44,2	00:08:10
19	W	00:28:42	780	Bicker, Vivien		Team Jugendrat	1994	9	WJugB	05:44,4	00:08:11
79		00:28:42	735	Riesener, Frank		Team Jugendrat	1966	8	M35	05:44,4	00:11:42
20	W	00:28:45	577	Fischer, Melanie		Gladbeck	1988	10	WJugB	05:45,0	00:08:14
21	W	00:28:46	596	Günthor, Christine		Gladbeck	1967	3	W35	05:45,2	00:08:15
80		00:28:54	697	Reetz, Detlef		Markuskirche	1960	6	M45	05:46,8	00:11:54
81		00:28:54	789	Toens, Justin		Team Jugendrat	1993	35	MJugB	05:46,8	00:11:54
82		00:28:55	866	Hermeler, Lukas		Team Jugendrat	1994	36	MJugB	05:47,0	00:11:55
83		00:29:17	778	Goldbaek, Mats		Team Jugendrat	1993	37	MJugB	05:51,4	00:12:17
84		00:29:23	731	Heinrich, Alexande		Team Jugendrat	1992	38	MJugB	05:52,6	00:12:23
85		00:29:27	745	Ochojski, Paul		Team Jugendrat	1988	39	MJugB	05:53,4	00:12:27
86		00:29:30	563	Jenke, Philipp		Gladbeck	1995	40	MJugB	05:54,0	00:12:30
87		00:29:36	884	Weist, Stefan		Team Jugendrat	1966	9	M35	05:55,2	00:12:36
88		00:29:38	709	Brom, Fabian		Team Jugendrat	1993	41	MJugB	05:55,6	00:12:38
89		00:29:38	765	Gries, Julian		Team Jugendrat	1994	42	MJugB	05:55,6	00:12:38
22	W	00:29:40	583	Weiss, Corinna		VfL Gladbeck	1982	2	WHK	05:56,0	00:09:09
90		00:29:40	775	Danelzik, Tobias		Team Jugendrat	1994	43	MJugB	05:56,0	00:12:40
23	W	00:29:40	584	Schwandt, Antje		VfL Gladbeck Fun Runn	1983	3	WHK	05:56,0	00:09:09
24	W	00:29:55	622	Langer, Monika		Team Junge Union	1988	11	WJugB	05:59,0	00:09:24
91		00:29:58	705	Güler, Sezgin		Team Jugendrat	1994	44	MJugB	05:59,6	00:12:58
92		00:29:59	744	Kasper, Robin		Team Jugendrat	1993	45	MJugB	05:59,8	00:12:59

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
93		00:30:14	898	Willemsen, Johann		TV Horst Emscher	1934	1	M70	06:02,8	00:13:14
94		00:30:15	774	Stolle, Lauritz		Team Jugendrat	1993	46	MJugB	06:03,0	00:13:15
95		00:30:18	779	Radtke, Dennis		Team Jugendrat	1993	47	MJugB	06:03,6	00:13:18
96		00:30:21	625	Ramacher, Christo		Team Junge Union	1982	12	MHK	06:04,2	00:13:21
97		00:30:27	716	Stöhr, Christopher		Team Jugendrat	1996	48	MJugB	06:05,4	00:13:27
98		00:30:32	718	Stöhr, Rolf		Team Jugendrat	1961	10	M40	06:06,4	00:13:32
25	W	00:30:32	719	Stöhr, Anke		Team Jugendrat	1963	1	W40	06:06,4	00:10:01
99		00:30:43	918	Vollenberg, Peter			1950	2	M55	06:08,6	00:13:43
26	W	00:30:45	576	Ötting, Gabi		Markuskirche	1962	2	W40	06:09,0	00:10:14
27	W	00:30:46	587	Wilczek, Eva		BSG Hilden	1946	2	W55	06:09,2	00:10:15
100		00:30:46	581	Ötting, Philipp		Markuskirche	1994	49	MJugB	06:09,2	00:13:46
101		00:30:49	619	Tidau, Marius		Markuskirche	1993	50	MJugB	06:09,8	00:13:49
28	W	00:30:53	582	Schickerling, Susa		Markuskirche	1968	4	W35	06:10,6	00:10:22
102		00:30:57	627	Böhm, Ralf		Deutscher Karate Verbr	1905	50	M	06:11,4	00:13:57
103		00:31:12	624	Jockenhöfer, Manu		Team Junge Union	1986	2	MJugA	06:14,4	00:14:12
104		00:31:18	579	Günthor, Thorsten		Gladbeck	1971	4	M30	06:15,6	00:14:18
105		00:31:20	766	Voerste, Marius		Team Jugendrat	1994	51	MJugB	06:16,0	00:14:20
106		00:31:30	564	Weiß, Uwe		Kemnade Lake Runners	1964	11	M40	06:18,0	00:14:30
29	W	00:31:30	593	Weiß, Alexandra		Kemnade Lake Runners	1971	1	W30	06:18,0	00:10:59
30	W	00:31:40	696	Chostowski, Andre		Markuskirche	1964	3	W40	06:20,0	00:11:09
107		00:31:57	609	Hijik, Jan-Hendrik		Deutscher Karate Verbr	1993	52	MJugB	06:23,4	00:14:57
108		00:32:00	721	Rogalla, Rouven		Team Jugendrat	1983	13	MHK	06:24,0	00:15:00
31	W	00:32:01	725	Wagner, Mandy		Team Jugendrat	1987	3	WJugA	06:24,2	00:11:30
32	W	00:32:05	605	Schneider, Dagma		Gladbeck	1965	4	W40	06:25,0	00:11:34
109		00:32:06	616	Schneider, Günter		Team Kevins MAM	1953	4	M50	06:25,2	00:15:06
110		00:32:09	865	Klaphecke, Lars		Team Jugendrat	1994	53	MJugB	06:25,8	00:15:09
111		00:32:12	606	Kulik, Klaus-Dieter		Deutscher Karate Verbr	1954	5	M50	06:26,4	00:15:12
33	W	00:32:14	777	Kipar-Wirgs, Iris		Team Jugendrat	1967	5	W35	06:26,8	00:11:43
112		00:32:38	613	Eitze, Heinke		Deutscher Karate Verbr	1968	10	M35	06:31,6	00:15:38
113		00:32:38	612	Gather, Florian		Deutscher Karate Verbr	1979	14	MHK	06:31,6	00:15:38
34	W	00:32:40	608	Hijik, Christiane		Deutscher Karate Verbr	1967	6	W35	06:32,0	00:12:09
114		00:32:44	578	Schacht, Hans-Jürç		VfL Gladbeck Fun Runn	1952	6	M50	06:32,8	00:15:44
115		00:32:44	586	Schuster, Martin		VfL Gladbeck Fun Runn	1950	3	M55	06:32,8	00:15:44
35	W	00:32:50	585	Klein, Katja		Gelsenkirchen	1971	2	W30	06:34,0	00:12:19
36	W	00:32:50	615	Fischer, Dagmar		Gladbeck	1956	4	W45	06:34,0	00:12:19
37	W	00:32:50	712	Pietzuch, Annika		Team Jugendrat	1992	12	WJugB	06:34,0	00:12:19
38	W	00:32:50	699	Becker, Sara-Dore		Team Jugendrat	1993	13	WJugB	06:34,0	00:12:19
116		00:33:18	667	Hijink, Hans		Deutscher Karate Verbr	1965	12	M40	06:39,6	00:16:18
117		00:33:38	704	Kalaz, Fatih		Team Jugendrat	1994	54	MJugB	06:43,6	00:16:38
118		00:33:38	703	Dogan, Ferhat		Team Jugendrat	1993	55	MJugB	06:43,6	00:16:38
39	W	00:33:50	729	Rothert, Nele		Team Jugendrat	1997	14	WJugB	06:46,0	00:13:19
40	W	00:33:50	715	Rothert, Silvie		Team Jugendrat	1969	7	W35	06:46,0	00:13:19
41	W	00:34:05	713	Pietzuch, Julia		Team Jugendrat	1992	15	WJugB	06:49,0	00:13:34
42	W	00:34:05	698	Boese, Karen		Team Jugendrat	1993	16	WJugB	06:49,0	00:13:34
43	W	00:34:33	631	Kulik, Mareike		Deutscher Karate Verbr	1957	5	W45	06:54,6	00:14:02
44	W	00:34:38	743	Hegemann, Melani		Team Jugendrat	1993	17	WJugB	06:55,6	00:14:07
45	W	00:34:39	772	Signarowski, Lena		Team Jugendrat	1993	18	WJugB	06:55,8	00:14:08
46	W	00:35:33	626	Namyslo, Charlotte		Team Junge Union	1986	4	WJugA	07:06,6	00:15:02
119		00:35:33	914	Küper, Martin		Junge Union	1982	15	MHK	07:06,6	00:18:33
120		00:35:51	714	Grochtdreis, Dieter		Team Jugendrat	1942	3	M60	07:10,2	00:18:51
47	W	00:36:42	617	Lobert, Sylvia		Deutscher Karate Verbr	1969	8	W35	07:20,4	00:16:11
121		00:39:39	742	Wetekam, Marvin		Team Jugendrat	1992	56	MJugB	07:55,8	00:22:39
122		00:39:40	736	Wetekam, Miles		Team Jugendrat	1998	57	MJugB	07:56,0	00:22:40
48	W	00:39:40	737	Scharf, Michaela		Team Jugendrat	1989	19	WJugB	07:56,0	00:19:09
123		00:42:02	739	Castellani, Sandro		Team Jugendrat	1983	16	MHK	08:24,4	00:25:02
49	W	00:42:03	738	Stuhr, Monika		Team Jugendrat	1945	1	W60	08:24,6	00:21:32
50	W	00:42:03	749	Wetekam, Beatrix		Team Jugendrat	1966	9	W35	08:24,6	00:21:32
124		00:42:04	741	Euler, Philipp		Team Jugendrat	1983	17	MHK	08:24,8	00:25:04



Rund um Schloss Wittringen 5 KM Walking

Sonntag, 11. Sept. 2005

VfL Gladbeck

TEAMSOFT-SPORTZEIT.DE

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	AK	Min/KM	Z-Diff
1		00:30:23	822	Hess, Thomas		Sus Schacke 96	1976	MHK	06:04,6	00:00:00
2		00:30:56	798	Rüter, Georg		Arge Gladbeck	1962	M40	06:11,2	00:00:33
1	W	00:36:27	805	Einhaus, Corinna		Dorsten	1961	W40	07:17,4	00:00:00
2	W	00:36:32	827	Heuser-Schmidt, Elke			1958	W45	07:18,4	00:00:05
3		00:37:01	818	Nowotzin, Frank		Gladbeck	1965	M40	07:24,2	00:06:38
4		00:38:50	807	Tietz, Ulrich		Mülheim	1950	M55	07:46,0	00:08:27
3	W	00:39:08	804	Mai-Straewe, Romy		Gelsenkirchen	1955	W50	07:49,6	00:02:41
4	W	00:40:03	635	Feldpausch-Jägers, Sat		VfL Gladbeck	1961	W40	08:00,6	00:03:36
5		00:40:03	820	Przybylak, Dieter		Bottrop	1941	M60	08:00,6	00:09:40
6		00:40:05	657	Kieselmann, Klaus		Gelsenkirchen	1949	M55	08:01,0	00:09:42
5	W	00:40:22	655	George, Inge		VfL Gladbeck	1937	W65	08:04,0	00:03:55
6	W	00:40:43	639	Fuhrmann, Gabriele		Gladbeck	1960	W45	08:08,6	00:04:16
7	W	00:43:26	802	Scharakowski, Marion		Gelsenkirchen	1962	W40	08:41,2	00:06:59
8	W	00:43:27	880	Thiele, Gabriele		Gelsenkirchen	1956	W45	08:41,4	00:07:00
9	W	00:43:33	803	Gluth, Ines		Gladbeck	1968	W35	08:42,6	00:07:06
10	W	00:43:33	640	Steingens, Martina		TV Einigkeit Gladb	1966	W35	08:42,6	00:07:06
11	W	00:43:35	644	Te Dorsthorst, Ursula		TV Einigkeit Gladb	1947	W55	08:43,0	00:07:08
12	W	00:43:36	662	Grossmann, Renate		TV Einigkeit Gladb	1945	W60	08:43,2	00:07:09
13	W	00:43:37	634	Wroblewicz, Renate		Gladbeck	1941	W60	08:43,4	00:07:10
14	W	00:43:49	647	Berger, Sigrid		VfL Gladbeck	1944	W60	08:45,8	00:07:22
15	W	00:43:49	824	Janssen, Leny		Südafrika	1949	W55	08:45,8	00:07:22
16	W	00:43:57	806	Schwingel, Rita		Dorsten	1934	W70	08:47,4	00:07:30
17	W	00:44:35	661	Michalski, Birgit		TV Einigkeit Gladb	1956	W45	08:55,0	00:08:08
18	W	00:44:36	648	Bärwolf, Birgit		TV Einigkeit Gladb	1957	W45	08:55,2	00:08:09
19	W	00:44:38	652	Langanke, Olga		TV Einigkeit Gladb	1955	W50	08:55,6	00:08:11
20	W	00:44:47	801	Kölking, Stefanie		Essen	1968	W35	08:57,4	00:08:20
21	W	00:45:45	641	Vollenberg, Brigitte		GC Haus Leythe C	1953	W50	09:09,0	00:09:18
22	W	00:45:46	636	Rzeha, Ulrike		TSG Kirchhellen	1963	W40	09:09,2	00:09:19
23	W	00:45:50	650	Heinrich, Gerda		TV Einigkeit Gladb	1948	W55	09:10,0	00:09:23
24	W	00:46:29	649	Dier, Helga		TV Einigkeit Gladb	1945	W60	09:17,8	00:10:02
25	W	00:46:29	659	Kalfhaus, Edith		TV Einigkeit Gladb	1949	W55	09:17,8	00:10:02
26	W	00:46:41	646	Bader, Monika		TV Einigkeit Gladb	1946	W55	09:20,2	00:10:14
27	W	00:46:41	656	Salewski, Monika		TV Einigkeit Gladb	1945	W60	09:20,2	00:10:14
28	W	00:47:49	660	Schüssler, Hilde		TV Einigkeit Gladb	1939	W65	09:33,8	00:11:22
29	W	00:47:49	663	Apfel, Renate		TV Einigkeit Gladb	1939	W65	09:33,8	00:11:22
30	W	00:47:49	651	Santos, Hortensia		TV Einigkeit Gladb	1950	W55	09:33,8	00:11:22
31	W	00:48:10	654	Knobloch, Brigitte		VfL Gladbeck	1953	W50	09:38,0	00:11:43
32	W	00:48:33	814	Inhoff, Erika		Gladbeck	1940	W65	09:42,6	00:12:06
7		00:48:39	664	Vennemann, Michael		Bottrop	1958	M45	09:43,8	00:18:16
33	W	00:48:40	645	Roßbach, Petra		Bottrop	1963	W40	09:44,0	00:12:13
34	W	00:48:50	790	Slominski, Gaby		Bottrop	1962	W40	09:46,0	00:12:23
35	W	00:48:50	791	Kruse, Anja		Bottrop	1990	WSch15	09:46,0	00:12:23
36	W	00:49:14	665	Vennemann, Margarete		Bottrop	1963	W40	09:50,8	00:12:47
37	W	00:49:19	666	Korona, Christa		TV Einigkeit Gladb	1957	W45	09:51,8	00:12:52
38	W	00:49:20	653	Rümmeler, Sonja		TV Einigkeit Gladb	1958	W45	09:52,0	00:12:53
39	W	00:49:20	754	Boymr, Ingrid		TV Einigkeit Gladb	1951	W50	09:52,0	00:12:53
40	W	00:49:28	642	Katzner, Brigitte		TV Einigkeit Gladb	1943	W60	09:53,6	00:13:01
41	W	00:53:15	637	Juhl, Renate		Essen	1949	W55	10:39,0	00:16:48
42	W	00:53:16	638	Hansen, Gisela		Essen	1951	W50	10:39,2	00:16:49
43	W	00:53:20	683	Bons, Rosemarie		Kanu-Club Gladbe	1938	W65	10:40,0	00:16:53

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum

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Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
1		00:05:22	819	Kneuper, Simon		LG Ahlen	1991	1	MSchü14	03:34,6	00:00:00
2		00:05:23	813	Bertels, Luca		Münster	1993	1	MSchü12	03:35,3	00:00:01
1	W	00:05:31	815	Dehmelt, Stefanie		VfL Gladbeck	1991	1	WSchü14	03:40,6	00:00:00
2	W	00:05:32	417	Kaiser, Katharina		TV Gladbeck	1992	1	WSchü13	03:41,3	00:00:01
3		00:05:37	810	Clewemann, Torge		LAV Oberhausen	1994	1	MSchü11	03:44,6	00:00:15
4		00:05:39	411	Neuber, Marcel		VfL Gladbeck	1993	2	MSchü12	03:46,0	00:00:17
5		00:05:42	811	Katzer, Tim		TV Gladbeck	1993	3	MSchü12	03:48,0	00:00:20
6		00:05:58	408	Jung, Stephan		VfL Gladbeck	1993	4	MSchü12	03:58,6	00:00:36
7		00:06:00	404	Gördes, Daniel		LC Borken	1996	1	MSchü09	04:00,0	00:00:38
3	W	00:06:12	402	Uhlendorf, Kim		TV Gladbeck	1997	1	WSchü08	04:08,0	00:00:41
8		00:06:17	435	Schulz, Daniel Mich		Wacker Gladbeck	1994	2	MSchü11	04:11,3	00:00:55
9		00:06:17	403	Wirgs, Steffen		TV Gladbeck	1996	2	MSchü09	04:11,3	00:00:55
4	W	00:06:18	825	Winkler, Pauline		VFL	1996	1	WSchü09	04:12,0	00:00:47
10		00:06:18	410	Neuber, Lars		VfL Gladbeck	1996	3	MSchü09	04:12,0	00:00:56
5	W	00:06:21	427	Timp, Melanie		Dümptener TV Mülheim	1996	2	WSchü09	04:14,0	00:00:50
6	W	00:06:26	828	Jansen, Regina		TSG Kirchhellen	1995	1	WSchü10	04:17,3	00:00:55
11		00:06:34	826	Oik, Jan Henry		Gladbeck	1993	5	MSchü12	04:22,6	00:01:12
12		00:06:36	412	Adler, Nikolai		TV Gladbeck	1994	3	MSchü11	04:24,0	00:01:14
13		00:06:38	426	Offergeld, Nils		TV Gladbeck	1996	4	MSchü09	04:25,3	00:01:16
7	W	00:06:39	829	Jansen, Carola		TSG Kirchhellen	1997	2	WSchü08	04:26,0	00:01:08
8	W	00:06:40	425	Kiss, Nora		Gelsenkirchen	1996	3	WSchü09	04:26,6	00:01:09
14		00:06:49	424	Lau, Lukas		Gladbeck	1997	1	MSchü08	04:32,6	00:01:27
9	W	00:06:50	423	Bösch, Katharina		TV Gladbeck	1996	4	WSchü09	04:33,3	00:01:19
10	W	00:06:52	416	Bartel, Katharina		TV Gladbeck	1996	5	WSchü09	04:34,6	00:01:21
15		00:06:59	680	Weiss, Jannik		Markuskirche	1997	2	MSchü08	04:39,3	00:01:37
16		00:07:03	409	Hartleib, Robin		Ferdeballeclub Gladbeck	1994	4	MSchü11	04:42,0	00:01:41
17		00:07:07	421	Böhmer, Niklas		TV Gladbeck	1997	3	MSchü08	04:44,6	00:01:45
18		00:07:10	414	Samen, Christoph		Gladbeck	1996	5	MSchü09	04:46,6	00:01:48
11	W	00:07:13	418	Lausmann, Julia		TV Gladbeck	1997	3	WSchü08	04:48,6	00:01:42
12	W	00:07:13	419	Oik, Luisa		TV Gladbeck	1996	6	WSchü09	04:48,6	00:01:42
19		00:07:14	823	Grassl, Niklas		Markuskirche	1995	1	MSchü10	04:49,3	00:01:52
13	W	00:07:15	420	Mühleneisen, Linda		TV Gladbeck	1997	4	WSchü08	04:50,0	00:01:44
14	W	00:07:16	434	Ötting, Ramona		Markuskirche	1994	1	WSchü11	04:50,6	00:01:45
15	W	00:07:17	431	To Roxel, Lara		Markuskirche	1994	2	WSchü11	04:51,3	00:01:46
20		00:07:21	429	Sender, Tim		Adler Ellinghorst	1996	6	MSchü09	04:54,0	00:01:59
16	W	00:07:25	401	Döding, Saskia		TV Gladbeck	1997	5	WSchü08	04:56,6	00:01:54
21		00:07:25	422	Raupach, Adrian		TV Gladbeck	1996	7	MSchü09	04:56,6	00:02:03
17	W	00:07:27	430	Hesselmann, Geor		Gladbeck	1994	3	WSchü11	04:58,0	00:01:56
22		00:07:28	673	Weihrauch, Maximi		Gladbeck	1996	8	MSchü09	04:58,6	00:02:06
18	W	00:07:32	436	Schulz, Julia Isabe		Gladbeck	1996	7	WSchü09	05:01,3	00:02:01
19	W	00:07:33	817	Eisele, Clara		Aachen	1995	2	WSchü10	05:02,0	00:02:02
23		00:07:35	799	Sahap, Colak		Gladbeck	1991	2	MSchü14	05:03,3	00:02:13
20	W	00:07:39	432	Schmidt, Nina		LG Fries Kamp	1997	6	WSchü08	05:06,0	00:02:08
21	W	00:07:40	413	Friese, Franziska		Gladbeck	1995	3	WSchü10	05:06,6	00:02:09
22	W	00:07:45	407	Hottelmann, Inga		LG Fries Kamp	1996	8	WSchü09	05:10,0	00:02:14
24		00:07:49	757	Weyrath Luca, Mar		VfL Gladbeck	1996	9	MSchü09	05:12,6	00:02:27
23	W	00:07:53	415	Fähnrich, Christin		Gladbeck	1996	9	WSchü09	05:15,3	00:02:22
25		00:07:55	821	Schneider, Kevin		Gladbeck	1994	5	MSchü11	05:16,6	00:02:33
24	W	00:07:56	433	Placzek, Tabea		DLRG	1996	10	WSchü09	05:17,3	00:02:25
25	W	00:08:06	679	Wilfinger, Franzisk		TV Gladbeck	1999	7	WSchü08	05:24,0	00:02:35
26	W	00:08:15	428	Vadder, Svenja		VfL Rotweiss Dorsten	1997	8	WSchü08	05:30,0	00:02:44
27	W	00:08:34	668	Kij, Vanessa		Gladbeck	1995	4	WSchü10	05:42,6	00:03:03